



# 3-SESSION LIVE ROLE PLAY HELPING THE BEHAVIORALLY CHALLENGING CHILD

*Parenting, Teaching and Treating Children, Teens & Young Adults with Difficult-to-Manage Behaviors*

Due to numerous requests, I am going to lead a LIVE “role play” group for Collaborative Problem Solving (CPS). This will be held at *the Heart 4 Kids Center* at 145 W. Main Street, Suite 210, Tustin, CA.. This evidence-based approach is simple to understand, yet *can* be a challenge to implement. These sessions are for those who have taken a training in CPS. This will give you practice while I help you “hear” how Plan B would sound if you were to use it in various scenarios you are currently encountering. These sessions will also help you solidify when to strategically use Plan C, and guidelines on the usage of Plan A (for safety). We will go over your expectations and I will answer your questions.

Adult/Child, as well as, Adult/Adult power struggles can leave both parties frustrated with adults wondering how it could have gone differently. Behavioral difficulties are the leading causes of teacher stress, parent burnout and relationship struggles.

I have been successfully using Proactive, Emergency and Spontaneous CPS since 2004. Come improve your usage of Plan A, B, C. Improve your confidence. Receive my personal help & guidance. We will “role play” specific scenarios you’ve encountered. Re-connect with like-minded people. Enhance your utilization of CPS.

Stop chasing compliance and start building skills!



Instructor:

***Debra Ann Afarian***

Founder | CEO

Helping the Behaviorally Challenging Child

Certified T:K Practitioner

Collaborative Problem Solving

**3-Friday Nights**

**7:00pm – 9:00pm**

**Helping the Behaviorally Challenging Child**

**145 W. Main Street, Suite 260**

**Tustin, CA 92780**

*Debra Ann’s life experiences combined with an extensive education on the social-emotional models, community involvement, and contact with families, professionals and educators gives her a unique perspective and insight into the challenges faced helping complex children with difficult-to-manage behaviors. In addition to having been a challenging child herself, she has first-hand experience of how challenging behaviors in students and children are currently thought of by many adults. Debra Ann has developed strength and experience for breaking that cycle and her passion is to make sure that misconceptions and lack of treatment do not continue to be barriers to maximizing ALL children’s potential. Married since 1989 they have two boys, 22 & 24, one neurotypical and one a former challenging child.*

To Register:

On our website: <https://hbcc.us/3-session-live-role-play>

Or Call (714) 695-1057 email [dafarian@HBCC.us](mailto:dafarian@HBCC.us) or [www.hbcc.us](http://www.hbcc.us)

**\$80 per participant | \$140 for two**

Limited to 10 participants

Tuition Assistance Available Upon Request

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**Think:Kids**  
RETHINKING CHALLENGING KIDS

An Independent Certified Think:Kids Practitioner receives ongoing supervision from Think:Kids. Think:Kids is a program in the Department of Psychiatry at Massachusetts General Hospital (MGH). Practitioners are independent of Think:Kids and MGH. Additional resources can be found at [www.thinkkids.org](http://www.thinkkids.org)