Collaborative Problem **Solving**®(CPS)
RETHINKING CHALLENGING BEHAVIOR
Essential Foundation (Level 1)

Facilitated by:

CPS/TK Certified Trainer
Elisa Brown, MSW

CERTIFIED
Collaborative
Problem Solving®
Think:Kids
MASSACHUSETTS GENERAL HOSPITAL
2025

DATE | TIME:
TBD
Day 1 = 9am – 5pm
Day 2 = 9am – 5pm

LOCATION:
HBCC
145 W. Main Street, Suite 260
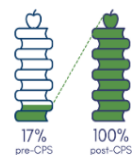Tustin, CA 92780

$375pp
$325 early bird
$300 each group of 5

Elisa Brown is a Certified Trainer of the Collaborative Problem Solving®(CPS) approach which is owned and developed by Think:Kids(T:K) (www.thinkkids.org), a program based in the Department of Psychiatry at Massachusetts General Hospital(MGH) in Boston, MA.

An Innovative, Trauma-Informed, Skill-Based, Inclusive Approach for Teaching, Treating, Parenting, and Caregiving Children, Teens and Young Adults with Challenging Behavior
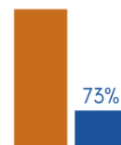
➤ **Comparisons** of how CPS more effectively addresses behavior than traditional models.
➤ **Processes** to assess and plan intervention components of the CPS model.
➤ **Strategies** for when a child has difficulty with cognitive flexibility, emotional regulation, or expressing needs/concerns.
➤ **Applications** for proactively working with children to build skills for areas of chronic challenges.
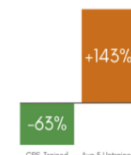➤ **Approaches** to foster positive relations and skill growth.

HBCC
www.hbcc.us

17% pre-CPS → 100% post-CPS
students demonstrating academic growth

62%
teachers report reduced stress

73%
reduction in oppositional behaviors at school

-63% +143%
CPS-Trained School / Avg 5 Untrained Schools
change in sending students out of class for discipline

+48%
increase in student attendance

The CPS Approach

The Collaborative Problem Solving**®** approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.