

# Helping the Behaviorally Challenging Child

# HBCC 6-Week Morning Class

Help for parents/caregivers addressing chronic concerning behaviors

**Class Taught by**  
CPS®/TK Certified Instructor



## Thursday Mornings

5/7/26, 5/14/26, 5/21/26, 5/28/26,  
6/4/26, 6/11/26

**TIME:** 10AM - Noon

## Registration Required

**LOCATION:** In Person  
145 W. Main St, Suite 260  
Tustin, CA 92780

\$250/pp | \$400 for two  
Tuition Assistance Available

## To Register/Learn More

[Classes \(hbcc.us\)](http://Classes.hbcc.us)

**Email:** [info@hbcc.us](mailto:info@hbcc.us)

**Phone:** 714.695.1057



**The Collaborative Problem Solving®(CPS)**  
approach is owned and developed by  
Think:Kids(T:K), a program based in the  
Department of Psychiatry at  
Massachusetts General Hospital(MGH)  
in Boston, MA.

Those CPS Certified receive ongoing  
supervision from T:K and are independent  
of MGH [www.thinkkids.org](http://www.thinkkids.org)



- Learn the Collaborative Problem Solving® approach & effective ways to reduce parent | child conflict
- Learn the profile of children who are differently wired
- Build skills & confidence using a relational | collaborative approach that teaches much needed coping skills
- Develop a new understanding of challenging behavior & learn new ways to help your child
- Rethink conventional approaches to behavioral difficulties and strengthen relationships
- Network & learn information about community resources that are neurodiverse affirming
- Surround yourself with the HBCC community of changemakers



## The CPS® Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.