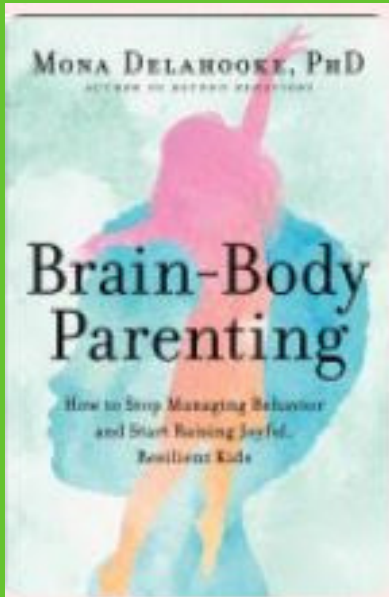


# Book Club Lunch and Learn



## Brain-Body Parenting

How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids  
by Mona Delahooke, PhD



Watch on  
YouTube

February 6 - March 27  
Thursdays Online Zoom  
11:45 am - 1:15pm  
Hosted by Coach Lisa  
Text for more info:  
714-660-3567

Join us and Don't miss out  
on this chance to connect,  
learn and join the  
conversation.

FOR MORE  
INFORMATION



Helping the Behaviorally Challenging Child (HBCC)  
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