

# Neurodivergent Parent Support Services (NDPSS)

*Empowering Neurodivergent Families with Knowledge,  
Support, and Advocacy Skills*



## WHAT IS THE INSIDE OUT LAB?

The Inside Out Lab is a therapeutic summer program crafted especially for neurodivergent children. Our mission is to nurture emotional intelligence, self-identity, and social connections. We welcome all feelings, celebrate mistakes, and regard neurodiversity as a valuable strength. Each weekly session is self-contained, aligned with both Collaborative Problem Solving®(CPS-TK)\* and CASEL frameworks, and focuses on skill development through guided play, movement, and collaboration.

**The Inside Out Lab: A Summer SEL and  
Executive Function Program for  
Neurodivergent Kiddos**

**Led by Renalani Moodley, OTR/L**

**Hosted by NDPSS at HBCC**

**Introductory Rate: \$400 for the week**



**Location:**

**Helping the Behaviorally**

**Challenging Child (www.HBCC.us)**

**145 West Main Street, Tustin, California**

**92780, United States** 

**Email: [admin@ndpss.com](mailto:admin@ndpss.com)**

 **Phone: 714-599-2650**



**Register Here:**



### **What's Included Each Week:**

- **Four 3-hour small-group EF/SEL sessions**
- **30-minute parent Zoom consultation before and after the camp**
- **Weekly tools and visual supports**
- **End-of-week written summary**
- **Optional superbill for HSA/FSA use**

## **WEEKLY THEMES & DATES WITH DESCRIPTIONS**



### **WEEK 1: THE BRIGHT EXPLORERS (AGES 7-9)**



**DATES: JULY 7-10**

**TIME: 10AM - 1PM**

- **Children will explore who they are — emotionally, socially, and neurologically. Through playful activities and reflective tools, they'll identify their feelings, recognize personal strengths, and learn how sensory needs affect their daily experiences. They'll also build foundational self-regulation and practice early friendship skills in a nurturing group setting.**



### **WEEK 2: THE RISING NAVIGATORS (AGES 10-12)**



**DATES: JULY 14-17**

**TIME: 10AM - 1PM**

- **Tweens will develop flexible coping strategies to handle stress, conflict, and transitions. They'll deepen their understanding of emotional and sensory regulation, build empathy and perspective-taking, and strengthen their skills in boundary-setting, problem-solving, and self-advocacy — all within a safe, creative, and collaborative space.**

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## **RENALANI MOODLEY OTR/L, ADHD-SP, ASDCS**

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