

Collaborative Problem Solving® 2-Hour Overview Presentation

Help for educators / staff addressing challenging behaviors

Facilitated by:

Lauren Ma
CPS Certified



DATE / TIME: TBD

LOCATION: Your Site
or Virtual

COST: Currently offered at
no-cost for schools or non-
profits *for a limited time*
only (Typically \$450)



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Disclaimer:

This facilitator is CPS Certified and receives ongoing supervision from Think:Kids. This class is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH). Information shared by the facilitator reflects their best understanding of the CPS approach.

Think:Kids is a program in the Department of Psychiatry at MGH.

Additional resources can be found at:
www.thinkkids.org



- Learn the Collaborative Problem Solving® approach & effective ways to reduce teacher | student conflict.
- Pandemic fatigue can create challenging behaviors for the neurotypical child and exacerbate emotions for the neurodiverse.
- Learn an approach that uses collaboration to teach much needed frustration tolerance, cognitive flexibility, regulation, executive function, language/communication and social skills.
- Develop a new understanding of challenging behavior & learn ways to help children, adolescents & young adults.
- Rethink conventional approaches to behavioral difficulties and strengthen relationships, in the long term, with less work.



The Comprehensive Solution
to Learning Disabilities

Dyslexia • Auditory Processing • Executive Function
Retained Reflexes / Core Learning Skills • Attention Challenges



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The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/ youth/ young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.