

# Collaborative Problem Solving® Parent Group Coaching

Help for parents/caregivers using Plan A, Plan B or Plan C

## Group Coaching Facilitated by:

**Steve Cuffari, LMFT**  
CPS® Certified Expert



### DATES:

(4-Weeks) On-going  
Thursday Nights: 7- 9 pm

### LOCATION:

145 W. Main Street  
Suite 100  
Tustin, CA 92780

\$125/per person  
\$250 for two

stevecuffarimft@gmail.com

(714) 325-6135

Registration Required

#### Disclaimer:

*This facilitator is CPS Certified and receives ongoing supervision from Think:Kids and is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH).*

If you are like most parents, your biggest fears are ruining kids and raising them to hate you. However, if you apply what you learned from our CPS parenting course, you don't have to worry about those fears because CPS changes lives!

### Your Journey Has Just Begun—Don't Stop Now!

Join our CPS Group Coaching and meet with other like-minded adults trying to sharpen their parenting skills, maximize their child's full potential, and experience more secure and lasting family bonds for life!

It is no secret that learning a new skill is challenging—even for parents. Since you just completed our 6-week Parenting Course, consider the CPS Group Coaching as your "next step." It is a hands-on, 4-week program designed to help sharpen your parenting skills so...

- You will no longer walk on eggshells or worry about the next meltdown.
- You will learn to use CPS Plans with *more* confidence and *less* effort.
- You will develop CPS habits that restore your energy, peace, and joy.

### Join Today, and Get the Help and Support You Need Because...

- You will improve your work/life balance.
- You will enjoy renewed confidence in your parenting.
- You will connect with a like-minded community.
- You will know there is hope and a bright future ahead.

### Don't Delay, Space is Limited...



## The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.