



Professional Development Overview

Helping the Behaviorally Challenging Child

Teaching, Treating and Parenting Children, Teens & Young Adults with Difficult-to-Manage Behaviors

This Professional Development will introduce looking at children with difficult-to-manage behaviors in a new way! Adult/Child power struggles can leave both parties frustrated with adults wondering how it could have gone differently. **Behavioral difficulties are the leading causes of teacher stress and parent | caregiver burnout.**

Collaborative Problem Solving® (CPS) offers a new way to understand and help ALL children, regardless of a diagnosis, especially those with difficult-to-manage behaviors, which usually comes with a diagnosis. CPS is an evidence-based, trauma-informed, best-practice approach which will help give you insight into what might be getting in the way for those with behavioral challenges, while you learn how to teach to the lagging skills.

Are day-to-day interactions teacher/student power struggles?

Are you spending 95% of your time on 5% of your students?

Are you tired of struggling with what isn't working?

HBCC teaches this revolutionary, evidence-based approach called CPS for helping children with behavioral challenges. Through training, support and clinical services, we promote the understanding that challenging kids lack the skill, not the will, to behave well – specifically skills related to problem solving, flexibility and frustration tolerance. Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on building helping relationships and teaching at-risk kids skills.

Based in-part on the work of Dr. Stuart Ablon & Dr. Ross Greene “**Treating Explosive Kids: The Collaborative Problem Solving Method**”, CPS helps adults stop chasing compliance and start building skills!

Scheduled Upon Request



Presenter:

Debra Ann Afarian

Certified Think:Kids Practitioner

- Certified Think:Kids Practitioner
- NAMI Trained “Parents & Teachers as Allies”
- Chapter Coordinator & General Meeting Facilitator for O C C H A D D ADHD | ADD Groups
- CEO | Founder “Helping the Behaviorally Challenging Child” (HBCC)

There are over 12 million kids with social, emotional, and behavioral challenges in North America alone – many still being treated in ways that are inhumane and ineffective. A heartbreaking number of kids are losing their futures simply because their challenges are poorly understood. Typically the public view is that these kids behave badly to get or avoid things. They are thought to be manipulative, unmotivated, disrespectful, limit testing and just generally bad kids. As a result, reward and punishment programs are used in homes, schools, and therapeutic and juvenile detention settings everywhere. HBCC trainings present very different ideas about how challenging kids come to be challenging, and very different – and effective – ideas about how to help.

Trainings welcome teachers, administrators, clinicians, parents, and caregivers.

Debra Ann's life experiences combined with a 16 year extensive education on the social-emotional approach, community involvement, and contact with families, professionals and educators gives her a unique perspective and insight into the challenges faced helping complex children with difficult-to-manage behaviors. Debra Ann's passion is to make sure that misconceptions and lack of treatment do not continue to be barriers to maximizing ALL children's potential

To Schedule a Presentation Visit our website: www.HBCC.us

Contact: Debra Ann Afarian (714) 695-1057 or dafarian@HBCC.us

\$350/per for a 2-hour Overview at your School, Facility, Clinic or the Tustin Center

HBCC is a 501(c)(3) non-profit

References & Testimonials Available

Think:Kids
RETHINKING CHALLENGING KIDS

An Independent Certified Think:Kids Practitioner receives ongoing supervision from Think:Kids. Think:Kids is a program in the Department of Psychiatry at Massachusetts General Hospital (MGH). Practitioners are independent of Think:Kids and MGH. Additional resources can be found at www.thinkkids.org