



HBCC Parent Support Group **Collaborative Problem Solving® (CPS)**

Last Wednesday of Each Month

VIA ZOOM

9/30, 10/28, 11/25 6pm – 8pm

Moderated by:

Debra Ann Afarian

Think:Kids CPS Certified & Parent Coach

As a parent, guardian or family member of a child with "behavioral challenges", you agonize over how best to support your child. You worry about getting the right information about the specific challenges, therapy/intervention, testing, to medicate or not medicate... how do you get accurate information and a good education on your complex child? You've taken the 4-Week Collaborative Problem Solving (CPS) Introductory Course – **WHAT'S NEXT?**

YOU ARE NOT ALONE! *Helping the Behaviorally Challenging Child's (HBCC) Parent Support Group* is exclusively for those who have taken the 4-Week Course. This Support Group allows you to explore your implementation of CPS and situations that may be coming up in a safe place, with others on a similar journey. This CPS Parent Support Group, moderated by a Certified CPS Expert, is to help you implement the CPS approach and answer your questions and concerns:
Stop chasing compliance and start building skills!

\$10 donation to help support this on-going Parent Support Group.
Go to www.hbcc.us/parent-support-group to register

CPS offers a new way to understand and help ALL children, regardless of a diagnosis, especially those with complex, difficult-to-manage behaviors, 2e, oppositional, explosive or imulsive, which usually comes with a diagnosis. CPS is an evidence-based, skill-based, trauma-informed, inclusive, best-practice approach, which helps teach lagging skills.

Improve adult/child communication. If sticker charts, rewards & consequences are not helping with low-frustration tolerance, flexibility, impulsivity, risk-taking behaviors and problem solving, this is for you! CPS helps ALL children, especially those frequent-flyers who are put on time-outs, don't respond well to consequences, have a hard time earning rewards, seem unaffected by punishments, are sent out-of-class, get detentions, suspensions, expulsions, restrictions, restraints, seclusion, self-medicate or are at-risk for out-of-home placement.

LOCATION:

~~Heart 4 Kids Coaching, Training & Therapy Center~~
Currently Via Zoom

HBCC Support Group is self-supporting through membership, donations and contributions

For more information, map & directions about HBCC, visit www.hbcc.us or email dafarian@hbcc.us

For more information about Think:Kids visit www.thinkkids.org