



# HELPING THE BEHAVIORALLY CHALLENGING CHILD

## FINANCIAL INFORMED CONSENT AGREEMENT

Debra Ann Afarian provides parents/caregivers with coaching services to help with the “road map’ on teaching lagging skills with their children, teens & young adults, the language of advocacy for school supports and helping navigate treatment and supports.

There are over 12 million kids with social, emotional, attention and behavioral challenges in North America alone – many still being treated in ways that are inhumane and ineffective. A heartbreaking number of kids are losing their futures simply because their challenges and concerning behaviors are poorly understood. Typically, the public view is that these kids behave badly as attention seeking behaviors to “get” or “avoid” things. They are thought to be manipulative, lazy, unmotivated, disrespectful, limit testing and just generally bad kids. As a result, reward and punishment programs are used in homes, schools, and therapeutic and juvenile detention settings everywhere. HBCC’s philosophy presents very different ideas about how challenging kids with concerning behaviors come to be challenging and very different – and effective – trainings, coaching and therapy about how to help.

Debra Ann’s life experiences combined with an extensive education on the collaborative academic-social-emotional-learning (CASEL), trauma informed, inclusive models, community involvement and contact with families, professionals and educators, gives her a unique perspective and insight into the challenges faced helping complex children with difficult-to-manage, concerning behaviors. Debra Ann works to make sure that misconceptions and lack of treatment do not continue to be barriers to maximizing ALL children’s potential. In addition to having been a challenging child herself, she has first-hand experience of how challenging behaviors in students and children are currently thought of by many adults. Debra Ann has transformed her experiences and trainings into practical help for families which translates to bringing together Parents & Teachers as Allies. Debra Ann’s passion is to make sure that misconceptions and lack of treatment are not barriers to maximizing ALL children’s potential.

With HBCC’s focus being bridging Parents & Teachers as Allies, Debra Ann’s focus is to bring the student, parent(s) and administration together to prioritize and build an effective approach for academic success, clarity and support as needed.

Coaching is not the same as therapy, licensed school advocacy, or special education law. A coach can help collaborate with your IEP/504/therapy team to initiate appropriate supports, proper placement for your child’s academic, social, emotional or behavioral needs and/or recommended therapies. Debra Ann works to help narrow down services providers, if needed, and navigate the sea of options to work strategically to help implement approaches that use a CSEL model between the adults on your team.

### Standard Service Fees

Please review the rates for services. The rates are based on a 60 minute coaching hour and can be used in 15 minute increments. The first consult is 1 hour minimum. It is recommended that fees be made in advance in \$200 increments to be kept on-file and logged. Notification will be made via email when fees are needed for continuation of services.

- Consults: \$55/hr
- IEP/504/Therapeutic, etc., in-person, \$85/hr
- If a report, letter or consultation with an outside party is needed, you will be billed for time to prepare documentation, or to conduct an in-person or phone consultation. My coaching standard service fee (detailed above) will apply.

### Phone Policy

Phone calls can be made at an agreed upon appointment time or calls can be made as needed. Email requests for appointments will be returned within 24 hours in most cases. Non-appointment calls will be answered depending on availability and returned ASAP. This gives you access to coaching on an as-needed basis. Phone consults will be charged in increments of 15 minute units. Please be aware that the coach can return calls or text within 24 hours if a message is left. In the case of an emergency, please contact your medical doctor, 911 or your local emergency room.

**145 W. MAIN ST., SUITE 260, TUSTIN, CA 92780 714.695.1057 [DAFARIAN@HBCC.US](mailto:DAFARIAN@HBCC.US) [WWW.HBCC.US](http://WWW.HBCC.US)**

Those Think:Kids CPS Certified receive ongoing supervision from Think:Kids. Think:Kids is a program in the Department of Psychiatry at Massachusetts General Hospital (MGH). Those CPS Certified are independent of Think:Kids and MGH. Additional resources can be found at [www.thinkkids.org](http://www.thinkkids.org)

## Forms of Payment & Policies

This coach accepts the following forms of payment: cash, Venmo and checks. Clients will be responsible for payment at the time, or before, services are rendered. Checks can be made out to Debra Ann Afarian and mailed to the address below.

## Cancellation Policy

In the event you need to cancel an appointment, please provide notice within 24 hours of your scheduled appointment. If sufficient notice is given rescheduling is allowed. Communication by email is preferred. If sufficient notice of a cancellation is not provided, or no notice is given at all, your standard service fee as agreed upon will be assessed for that session.

## Policy for Non-payment

In the event billing efforts fail, delinquent accounts may be subject to collections. This coach will make every attempt to develop a payment plan with any client struggling to pay a past due balance prior to sending a balance to collections.

## Insurance

This coach does NOT directly bill through any insurance or medical plan. Upon request, insurance-ready statements can be emailed to you to submit to your insurance. Typically, insurance does NOT cover coaching services. Statements can be used to initiate the reimbursement process privately through your insurance company if you choose.

## Client Rights & Privacy

*Coaching:* You have the right to seek a second opinion or terminate coaching at any time. **Any advice given by a coach is understood to be given in good faith. You assume full responsibility for following any coaching advice given.**

*Record:* You have specific rights with regard to notes kept by your coach in regards to you. Except in specific circumstances, you may examine and/or receive a copy of your notes by requesting them in writing.

*Confidentiality:* The information provided by the client during coaching is confidential except for certain legal exceptions. Exceptions to the rule of confidentiality are:

- If there is reasonable possibility that you may harm yourself or others, California statute and ethics requires your coach inform others in order to protect the at-risk party.
- If there is a reasonable possibility of child abuse or elder abuse, the State of California requires coaches to immediately contact the proper protective agency.

## Content

By signing below you voluntarily consent to coaching and consultation services with Debra Ann Afarian and to the terms outlined herein. You understand that Debra Ann Afarian is not a doctor or a therapist.

**I agree to the Informed Consent Agreement for Coaching, Financial Agreement and information provided above:**

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\_\_\_\_\_ DATE: \_\_\_\_\_

Print Name

\_\_\_\_\_ CELL #: \_\_\_\_\_

Signature

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