



Helping the Behaviorally Challenging Child

FINANCIAL INFORMED CONSENT AGREEMENT

HBCC provides parents/caregivers with private coaching services to help with the implementation of Collaborative Problem Solving at home with their children, teens & young adults. This includes navigating school and treatment supports. HBCC has transformed experiences and trainings into practical help for families to bring parents, educators and providers together.

There are over 12 million kids with social, emotional, attention and behavioral challenges in North America alone – many still being treated in ways that are inhumane and ineffective. A heartbreaking number of kids are losing their futures simply because their challenges and concerning behaviors are poorly understood. Typically, the public view is that these kids behave badly as attention seeking behaviors to “get” or “avoid” things. They are thought to be manipulative, lazy, unmotivated, disrespectful, limit testing and just generally bad kids. As a result, reward and punishment programs are used in homes, schools, and therapeutic and juvenile detention settings everywhere. HBCC’s philosophy presents very different ideas about how challenging kids with concerning behaviors come to be challenging and very different – and effective – trainings, coaching and therapy about how to help.

Coaching is not the same as therapy, licensed school advocacy, or special education law. A Certified Peer Professional Parent Coach helps you implement CPS at home and then collaborate with your educators and/or therapy team to initiate appropriate supports, proper placement for your child’s academic, social, emotional or behavioral needs and/or recommended therapies. HBCC works to help narrow down service providers, and provide referrals if needed, to navigate the sea of options to work strategically to help implement approaches that use a Collaborative Social Emotional Learning (CSEL) model between the adults on your team.

Standard Service Fees

Please review the rates for services. The rates are based on a 60-minute coaching hour. Parent Coaching can be done in-person (Thursdays), on-line (Wednesdays) or on the phone (as scheduled). Fees are paid in advance. Scheduling is typically done using Calendly and the link can be found here [Parent 1:1 Coaching \(hbcc.us\)](https://www.hbcc.us/parent-1-1-coaching)

Communication regarding payments will be done via email for add'l fees for service when applicable.

Retainer Fee \$300 Parent Coaching: \$75/hr

Coaching Policy

Coaching can be done in-person, on-line or by phone. Coaching can be charged no smaller than increments of 15-minute units. In the case of an emergency contact your medical doctor, 911 or your local emergency room.

Forms of Payment & Policies

Coaching can be made by: Credit Card, PayPal, cash or checks. Clients will be responsible for payment at the time, or before, services are rendered. Checks can be made out to HBCC and mailed to the address below. Links for CC or PayPal can be found on line at [CPS Parent Coaching \(hbcc.us\)](https://www.hbcc.us/cps-parent-coaching)

145 W. Main St., Suite 260, Tustin, CA 92780 714.695.1057 dafarian@hbcc.us www.hbcc.us

The Collaborative Problem Solving®(CPS) approach is owned and developed by Think:Kids(T:K) (www.thinkkids.org), a program based in the Department of Psychiatry at Massachusetts General Hospital(MGH) in Boston, MA. Those CPS Certified receive ongoing supervision from T:K and are independent of MGH.

Cancellation Policy

In the event you need to cancel an appointment, please provide notice within 24 hours of your scheduled appointment. If sufficient notice is given rescheduling is allowed. Communication by email is preferred. If sufficient notice of a cancellation is not provided, or no notice is given at all, your standard service fee as agreed upon will be assessed for that session.

Policy for Non-payment

In the event billing efforts fail, delinquent accounts may be subject to collections. HBCC will make every attempt to develop a payment plan with any client struggling to pay a past due balance prior to sending a balance to collections.

Insurance

HBCC does NOT directly bill through any insurance or medical plan. Typically, insurance does NOT cover coaching services.

Client Rights & Privacy

Coaching: You have the right to seek a second opinion or terminate coaching at any time. **Any advice given by a coach is understood to be given in good faith. You assume full responsibility for following any coaching advice given.**

Record: You have specific rights with regard to notes kept by your coach in regards to you. Except in specific circumstances, you may examine and/or receive a copy of your notes by requesting them in writing.

Confidentiality: The information provided by the client during coaching is confidential except for certain legal exceptions. Exceptions to the rule of confidentiality are:

- If there is reasonable possibility that you may harm yourself or others.
- If there is a reasonable possibility of child abuse or elder abuse.

Content

By signing below you voluntarily consent to coaching services with HBCC and to the terms outlined herein. You understand that Debra Ann Afarian is not a doctor or a therapist.

I agree to the Informed Consent Agreement for Coaching, Financial Agreement and information provided above:

Print Name _____ DATE: _____

Signature _____ CELL #: _____

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