

Collaborative Problem Solving®

Role Play Workshop

Help for adults implementing Plan B

Facilitated by:

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Think:Kids CPS Certified Expert

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DATES:

On-going

TIME: TBD

LOCATION: 145 W. Main St.

Suite 260, Tustin 92780

\$100/per person

\$150 for two

Tuition Assistance Available

To Register/Learn More

<https://hbcc.us/role-play-workshop>

Phone: 714.695.1057

Disclaimer:

This facilitator is CPS Certified and receives ongoing supervision from Think:Kids. This course is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH).

Information shared by the facilitator reflects their best understanding of the CPS approach.

Think:Kids is a program in the Department of Psychiatry at MGH.

Additional resources can be found at:
www.thinkkids.org



- Research shows new habits take time to develop and practice helps with effectiveness
- Learn to implement the Collaborative Problem Solving® approach in effective ways to reduce parent | child conflict
- Take this opportunity to learn with fellow families identifying specific problems to solve and role playing the use of Plan B
- Turn your knowledge into action and solve unsolved problems
- Develop a deeper understanding of Collaborative Problem Solving to help you & your child
- Rethink conventional approaches to behavioral difficulties and strengthen relationships



The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.