



4-WEEK ROLE PLAY WORKSHOP HELPING THE BEHAVIORALLY CHALLENGING CHILD

Parenting, Teaching and Treating Children, Teens & Young Adults with Difficult-to-Manage Behaviors

Adult/Child power struggles can leave both parties frustrated with adults wondering how it could have gone differently. Behavioral difficulties are the leading cause of teacher stress and parent burnout.

Collaborative Problem Solving® (CPS) offers a new way to understand and help ALL children, regardless of a diagnosis, especially those with difficult-to-manage behaviors. CPS is an evidence-based, skill-based, trauma-informed approach, which will give you insight into what might be getting in the way for those with behavioral challenges, while you learn how to teach to the lagging skills.

CPS can be simple to understand yet challenging to implement, but research shows that its effectiveness increases when implemented with fidelity. The Role Play Workshop is a perfect ENHANCE what you learned in the Parenting Class. It provides individuals with prior exposure to CPS an opportunity practice learned skills in a small group setting. During each session of our Role Play Workshop, participants have the opportunity to Role Play the use of Plan B to address a specific problem impacting their child. Participants will also be given tools to practice utilizing Plan B between sessions. By the end of the fourth session, participants will have identified a specific problem to be solved, hypothesized about the underlying lagging skills, understood their child's concerns, articulated their own concerns, and engaged in a collaborative discussion with their child in an attempt to durably solve the problem. If you have a basic understanding of CPS you will want the support you need to turn your knowledge into action, this workshop is for you. Stop chasing compliance and start building skills!

On Going Workshops:

Schedule Can Be Found On website
<https://hbcc.us/role-play-course>

Classes will be held in person
145 W. Main Street, Suite 260
Tustin, CA 92780

Custom Classes Available Upon Request



Instructor:
Elisa Brown
Certified Expert in
Collaborative Problem Solving®

To Register for the Course Contact:

(714) 695-1057 or elisa.brown@HBCC.us

Or Register on our website: www.HBCC.us

\$75 per participant | \$100 for couples

Course is limited to 5 participants

Tuition Assistance Available Upon Request

HBCC is a 501(c)(3) non-profit TAX ID# 46-3240447

Think:Kids
RETHINKING CHALLENGING KIDS

Those CPS Certified receive ongoing supervision from Think:Kids. Think:Kids is a program in the Department of Psychiatry at Massachusetts General Hospital (MGH). Those CPS Certified are independent of Think:Kids and MGH. Additional resources can be found at www.thinkkids.org