Neurodivergent Parent Support Services (NDPSS)

Empowering Neurodivergent Families with Knowledge,
Support, and Advocacy Skills





WHAT IS THE INSIDE OUT LAB?

The Inside Out Lab is a therapeutic summer program crafted especially for neurodivergent children. Our mission is to nurture emotional intelligence, self-identity, and social connections. We welcome all feelings, celebrate mistakes, and regard neurodiversity as a valuable strength. Each weekly session is self-contained, aligned with both Collaborative Problem Solving®(CPS-TK)* and CASEL frameworks, and focuses on skill development through guided play, movement, and collaboration.

The Inside Out Lab: A Summer SEL and Executive Function Program for Neurodivergent Kiddos

Led by Renalani Moodley, OTR/L
Hosted by NDPSS at HBCC
Introductory Rate: \$400 for the week

Location:

HBCC Helping the Behaviorally

Challenging Child (www.HBCC.us)

145 West Main Street, Tustin, California

92780, United States

Email: admin@ndpss.com
Phone: 714-599-2650
Register Here:



What's Included:

- Four 3-hour small-group EF/SEL sessions
- 30-minute parent Zoom consultation before and after the camp
- Weekly tools and visual supports
- End-of-week written summary
- Optional superbill for HSA/FSA use

THE WHO, WHEN, AND WHAT

THE RISING NAVIGATORS (AGES 9-12)
TIME: 10AM - 1PM

• Tweens will develop flexible coping strategies to handle stress, conflict, and transitions. They'll deepen their understanding of emotional and sensory regulation, build empathy and perspective-taking, and strengthen their skills in boundary-setting, problem-solving, and self-advocacy — all within a safe, creative, and collaborative space.

RENALANI
MOODLEY OTR/L,
ADHD-SP, ASDCS

Founder, NDPSS Email: admin@ndpss.com Ph: 714 5992650