

# Helping the Behaviorally Challenging Child

## HBCC 6-Week Evening Course

Help for parents/caregivers addressing chronic concerning behaviors

**Course Taught by**  
CPS/TK® Certified Instructor



### Tuesday Evenings

September 23, 30, October 7,  
14, 21 & 28, 2025

**TIME:** 7pm – 9pm

### Registration Required

**LOCATION:** In Person  
145 W. Main St, Suite 260  
Tustin, CA 92780

\$250/pp | \$400 for two  
Tuition Assistance Available

### To Register/Learn More

[hbcc.us/evening-parent-class](http://hbcc.us/evening-parent-class)

**Email:** [info@hbcc.us](mailto:info@hbcc.us)

**Phone:** 714.695.1057



*The Collaborative Problem Solving® (CPS) approach is owned and developed by Think:Kids(T:K), a program based in the Department of Psychiatry at Massachusetts General Hospital(MGH) in Boston, MA.*

*Those CPS Certified receive ongoing supervision from T:K and are independent of MGH [www.thinkkids.org](http://www.thinkkids.org)*



- Learn the Collaborative Problem Solving® approach & effective ways to reduce parent | child conflict
- Learn the profile of children who are differently wired
- Build skills & confidence using a relational | collaborative approach that teaches much needed coping skills
- Develop a new understanding of challenging behavior & learn new ways to help your child
- Rethink conventional approaches to behavioral difficulties and strengthen relationships
- Network & learn information about community resources that are neurodiverse affirming
- Surround yourself with the HBCC community of changemakers



## The CPS® Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.