

Helping the Behaviorally Challenging Child HBCC 6-Week Evening Class

Help for parents/caregivers addressing chronic concerning behaviors

Class Taught by
CPS®/T:K Certified
Instructor



Tuesday Nights

September 23, 30,
October 7, 14, 21, 28, 2025

TIME: 7pm – 9pm

LOCATION: In Person
145 W Main Street
Suite 260
Tustin, CA 92780

\$250/pp | \$400 for two
Tuition Assistance Available

To Register/Learn More
[Evening Parent Class \(hbcc.us\)](http://hbcc.us)

Phone: 714.695.1057

The Collaborative Problem Solving®(CPS) approach is owned and developed by Think:Kids(T:K) (www.thinkkids.org), a program based in the Department of Psychiatry at Massachusetts General Hospital(MGH) in Boston, MA.

Those CPS Certified receive ongoing supervision from T:K and are independent of MGH.



- Learn the Collaborative Problem Solving® approach & effective ways to reduce parent | child conflict
- Build skills & confidence using a relational | collaborative approach that teaches much needed coping skills
- Develop a new understanding of challenging behavior & learn new ways to help your child
- Rethink conventional approaches to behavioral difficulties and strengthen relationships
- Network & learn information about community resources



The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with your child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.