

# Helping the Behaviorally Challenging Child

## HBCC 6-Week Morning Class

Help for parents/caregivers addressing chronic concerning behaviors

**Class Taught by  
CPS®/T:K Certified  
Instructor**



### **Tuesday Mornings**

November 4, 11, 18, (skip 25)  
December 2, 9, 15, 2025

**TIME:** 10am – Noon

**LOCATION:** In Person  
145 W. Main St, Suite 260  
Tustin, CA 92780

\$250/pp | \$400 for two  
Tuition Assistance Available

**To Register/Learn More**  
<https://hbcc.us/morning-parent-class>

**Phone:** 714.695.1057

*The Collaborative Problem Solving®(CPS) approach is owned and developed by Think:Kids(T:K) ([www.thinkkids.org](http://www.thinkkids.org)), a program based in the Department of Psychiatry at Massachusetts General Hospital(MGH) in Boston, MA.*

*Those CPS Certified receive ongoing supervision from T:K and are independent of MGH.*



- Learn the Collaborative Problem Solving®(CPS) approach & effective ways to reduce parent | child conflict
- Learn the profile of children who are differently wired
- Build skills & confidence using a relational | collaborative approach that teaches much needed coping skills
- Develop a new understanding of challenging behavior & learn new ways to help your child
- Rethink conventional approaches to behavioral difficulties and strengthen relationships
- Network & learn information about community resources that are neurodiverse affirming
- Surround yourself with the HBCC Community of Changemakers



## The CPS® Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.