



# 2018-2019 Y STREET LEADERSHIP TEAM



**READY TO LEAD THE FIGHT FOR A HEALTHIER VIRGINIA?  
WANT TO GAIN LEADERSHIP SKILLS AND CONNECT WITH  
Y-STERS THROUGHOUT THE STATE?**

DON'T FORGET TO FOLLOW  ON SOCIAL MEDIA.

 /YStreetVA

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 YStVA

# MESSAGES FROM YSLT MEMBERS:



"As a member of YSLT, I have enhanced many of my leadership skills, for example, the power of networking. Through guided practice with peers and key decision makers, I will now be able to use this skill for the rest of my life." – Zoe L., Nokesville

"YSLT has helped me learn to be an effective leader in all aspects of my life, and it connected me to people with whom I will share lifelong friendships!"  
– Savannah S., Wytheville

## INTERESTED IN APPLYING? IT'S EASY!

Just log into [my.YStreet.org](http://my.YStreet.org) and look for the **Y Street Leadership Team Application** on your dashboard. **Applications will open on March 1, 2018.**

Only a limited number of applicants will be accepted into the program. Priority will be given to applications received by April 19, 2018.

## QUESTIONS?

Email [YSLT@ystreet.org](mailto:YSLT@ystreet.org).

# THE **YST.** LEADERSHIP TEAM (YSLT) IS:

A group of **dedicated Y-Sters** who lead Y Street's work for a **healthy Virginia**.

## **BENEFITS OF BEING ON YSLT:**

- **Represent** and **lead** Y-Sters across the state
- Receive **special training** to develop skills necessary to be effective advocates for change
- **Meet with local and state leaders**, attend and/or **present at conferences**, and shape Y Street and campaign programming

## **SUCCESSFUL YSLT MEMBERS ARE:**

- **Leaders** in both their school and community
- Able to **balance** the rigors of schoolwork, Y Street efforts, and extracurriculars
- **Focused** and **creative**, comfortable meeting and interacting with others, and **passionate about making Virginia a healthier place**

## **WHAT TO EXPECT AS A YSLT MEMBER**

A position on the Y Street Leadership Team is a year-round commitment requiring participation in:

- A **4-day training** and **team-building Summit**
- Monthly online **YSLT meetings**
- **High-level** campaign opportunities
- **Leading** statewide initiatives like Tobacco-Free Spirit Day, the Virginia Breakfast Challenge, and School Breakfast Week in your school



# YSLT SUMMIT – JULY 30 - AUGUST 3, 2018

All YSLT are **required** to attend the YSLT Summit in Richmond, Virginia. This four-day summit is packed with activities and workshops designed to train members on Y Street campaigns and days of action. It will also provide the leadership, public speaking, and advocacy skills training necessary to be a successful YSLT member.

Past summits have included visits with high-ranking government officials, community partners, and other key stakeholders.

**Y Street takes care of all necessary Summit expenses including travel, accommodations, and meals for participants.**

