



Silvertown Self Defense

503-873-4555

118 Brown St. Suite A • Silvertown, Oregon 97381

Hours of Operation:

Monday 4 PM - 7:30 PM

Tuesday 4 PM - 6:30 PM

Wednesday 4 PM - 7:30 PM

Thursday 4 PM - 8 PM

Friday 6 PM - 7 PM

Class Schedule:

*Private Lessons 4:00-4:30 PM
Kids Kempo 4:30-5:30 PM
Pee-wees Kempo Group 1 5:30-6:00 PM
Pee-wees Kempo Group 2 6:00-6:30 PM
Adults Kempo 6:30-7:30 PM

*Private Lessons 4:00-4:30 PM
Green Stripe & Browns 4:30-5:30 PM
Adult Kempo 5:30-6:30 PM
*Private Lessons 6:30-7:00 PM

*Private Lessons 4:00-4:30 PM
Kids Kempo 4:30-5:30 PM
Pee-wees Kempo Group 1 5:30-6:00 PM

*Private Lessons 4:00-4:30 PM
Green Stripe & Browns 4:30-5:30 PM
Adult Kempo 5:30-6:30 PM
Sparring 6:30-7:30 PM

Pee-wees Kempo Group 2 6:00-6:30 PM
*Private Lessons 6:30-7:00 PM

All others by appointment only

***Private Lessons - Once a week for 30 minutes, 2 people of similar rank maximum**

If you need special scheduling, please ask. We will make every effort to accommodate your scheduling needs. We require that 24 hours notice be given for Private Lesson cancellation. Failure to provide this notice will incur full payment for the lesson time. Thank you for your understanding.

www.silvertownselfdefense.com

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