



STROUD SEALS Relay Selection Guidelines 2022-2023

OBJECTIVE

STROUD SEALS Relay Selection Guidelines is to ensure the most appropriate teams are selected to represent the Stroud Seals Swimming Club at all representative meets for Sydney, Country Regional, NSW State Championships and Australian National Championships.

In the interests of the STROUD SEALS members, this guideline serves to provide clarity about relay selections.

GUIDELINE PRINCIPLES

This document has been developed using the following principles and guidelines:

STROUD SEALS recognises that the coaches are in the best position to select the relay teams, relating to swimmers and their likely performance at a meet.

Ultimate responsibility for team selection rests with the clubs Head Coach.

A sense of fairness, responsibility and accountability.

Any changes to selection or departure from the below policies and criteria need to be discussed by panel of coaches.

CRITERIA FOR SELECTION

All swimmers wishing to be considered for selection in a STROUD SEALS relay team must:

Be a financial competitive member of the STROUD SEALS, and

Recorded NSW official time for the stroke under selection is preferred.



GENERAL SELECTION GUIDELINE (Applies to all STROUD SEALS Relays) **SELECTION PROCESS STEPS**

1. The STROUD SEALS Head Coach will determine the initial swimmers being selected for the relay teams.
2. Using current official results from official Swimming NSW and/or Swimming Australia ratified meets.
 - 2.1 Times for selection must be achieved prior to the entry deadline for that event.
 - 2.2 Swimmers should have attained individual times as recently as possible to the selection period.
 - 2.3 All Relay Teams must be selected and entered prior to Meet entry deadlines.
 - 2.4 The order swimmers compete in is at the coaches' decision.

NB:

The entry deadline is defined as the date and time entries are no longer accepted as indicated on the Meet Program

General Relay Selection Criteria

3. The most appropriate swimmers will then be chosen for the relay teams, considerations for additional swimmers and reserves will also take place.

General Selection teams will be selected to compete at STROUD SEALS events.

4. Relay selection criteria includes, but not limited to, individual swimmers' times, development opportunities, observation of a swimmer in competition conditions, building of STROUD SEALS team culture.
5. Close attention will be paid to ensure that no swimmer has been overlooked in the selection process.
6. In the case of a swimmer communicating their unavailable status to their coach for a relay prior to selection process the swimmer will not be considered for relay selection.
7. Once a relay team is selected, swimmers/parents will be notified via STROUD SEALS Secretary email.

NB:

Changes may be made to a relay position at the discretion of the Head Coaches only



Priority Relay Selection Criteria

8. Priority Relay Selection Criteria applies to **ALL State and National Standard Events**.
9. Priority Relay Selection must follow the General Selection Criteria unless stated below.
10. Priority selection accounts for previous relay performance(s)
11. The fastest four swimmers will be the Priority Relay Selection for the 'A' Relay Team.

11.1 The fastest combination of swimmers will be the Priority Relay Selection for Medley Relay Teams.

11.2 'B' Relay Team will consist of the next four fastest swimmers / combinations respectively.

11.3 'C' Relay Teams will consist of the next four fastest swimmers / combinations respectively.

11.4 In the event a swimmer is injured or sick in the lead up to a meet, that swimmer may still be considered and selected for a relay.

12. Priority Relay Selections for relay positions may be changed at the Head Coaches discretion during the meet based upon individual swimmers' performance during the given meet.

For example: Both Swimmer A and B have swum an individual 50 Freestyle race at the meet.

- Swimmer A recorded time 29.96.

- Swimmer B recorded time 29.00

Thereby swimmer B will be given Priority Relay Selection in the relay.

The Head Coaches decision will be communicated with the athletes prior to the Relay.

13. Once Priority Relay Selection is finalised, relay changes can only be made due to illness or injury.

12.1 All non-medical withdrawals must be communicated with the Head Coach at the time relay teams are selected and published. Failure to participate in a relay (for non-medical reasons) will result in the swimmer forfeiting his/her relay selections throughout the Meet.

12.2 A medical withdrawal requires the swimmer to communicate with the Head Coach as soon as practicable and provide evidence of their illness or injury, indicating they are unable to swim at the meet. EG coaches' discretion, written communication from parent or swimmer (over 18years), a positive RAT test photograph, PCR text

NB:

Changes may be made to a relay position at the discretion of the Head Coaches only



Swimmer's Name_____.

Swimmers Date of Birth_____.

Relay You would like to nominate for (please circle preferred stroke)	Medley: Yes or No	Backstroke	Breaststroke	Butterfly	Freestyle
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Relay You would like to nominate for (please circle preferred)	Freestyle: Yes or No	50m	100m
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Are you happy to swim up an age group?

Yes / No

Will you be entering in individual events at the meet?

Yes / No