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ਗੁਰੂ ਚਰਨੀ ਲਗੋ ਜੀ.....ਸਹਿਜ ਪਾਠ ਸ਼ੁਰੂ ਕਰੋ ਜੀ

My Spiritual Guru
Guru Granth Sahib

Know the importance of the Guru in your life.

“Without Guru, no one else can teach the human mind who regards himself as king and emperor.

ਗੁਰ ਬਿਨੁ ਕਿਨਿ ਸਮਝਾਈਐ ਮਨੁ ਰਾਜਾ ਸੁਲਤਾਨੁ॥ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ - ੬੧

Gur bin kin samjhaeeye || Mann raja sultan|| Guru Nanak Dev Ji – 61

My Spiritual Guru, The Guru Ganth Sahib is the source of light (wisdom) that focuses on the belief in one God and equality for all. We believe that through singing, listening, and reading GGS everyday, we can connect with God and find purpose in our lives and can bring poise (ਸਹਿਜ), a calm and confident personality with control on our feelings.

“By associating with the true Guru, the soul is blessed with the divine Naam, and its spiritual thirst is quenched.

ਬਾਬੀਹਾ ਸਗਲੀ ਧਰਤੀ ਜੇ ਫਿਰਹਿ ਉਡਿ ਚੜਹਿ ਆਕਾਸਿ॥ ਸਤਿਗੁਰਿ ਮਿਲਿਐ ਜਲੁ ਪਾਈਐ ਚੂਕੈ ਭੂਖ ਪਿਆਸ॥ ਗੁਰੂ ਅਮਰ ਦਾਸ ਜੀ - ੧੪੨੦

Baabeehaa sagalee dhharathee jae firehey oodd charreh aakaash ||Satgur miliai jal paaeeai chookai bhookh piaas || Guru Amar Dass Ji - 1420

Start your spiritual journey by starting to do Sehaj Paath early on in life, by reading at least one page (5 minutes/day).

www.myspiritualguru.info

