

REMOTE HEALING SESSIONS

By Denise Rodgers, M.Div., & Dermot Kerin, MS

Why would you want a Remote Healing Session?

- **You need a kick-start to your healing process**
 - **You've reached a plateau in your healing**
 - **You have hit a block in your healing progress**
- **You are ready to go deeper regarding your healing lessons**

HISTORY OF DENISE & DERMOT'S REMOTE HEALING EXPERIENCE

Denise and Dermot have a rich history of offering remote healing as well as teaching others how to heal remotely over the past 35 years. Back in the 80s, they were both formally educated at a 501(c)3 metaphysical school with 33 schools nationwide. There, they learned about consciousness and how the mind works. They also learned about dreams, visualization, intuition, and healing. They were taught how to use the most powerful healing energy we all have available, which is called the Kundalini energy. Some of you have heard of this energy because it dates back millennium.

They both loved what they were learning about healing and wanted to teach others. Soon both became Teachers and went on to direct schools and teach Teachers in multiple cities. Dermot oversaw schools in Oklahoma City, Kansas City, and Des Moines, while Denise directed schools in Oklahoma City, Tulsa, and Norman.

In 1990, Denise was trained to do Edgar Cayce-style intuitive health analyses. She was soon promoted to National Field Director and worked with the Teachers and Directors of three schools in Chicago, one in Madison, and two in Detroit. As advanced students and Teachers, for at least five years, they offered a Healing Class where they taught students how to heal remotely every Sunday night. They soon realized that understanding about remote healing was the greatest mechanism to build clairvoyance. Leading the Healing Classes, it was readily seen that their healing intentions were indeed very effective as evidenced by the feedback received from those who received their remote healing energy.

Both studied and taught for this non-profit organization for seven years. Upon leaving the metaphysical school in 1991, Denise and Dermot went in different directions to pursue their respective careers. Denise practiced her vocation as a medical intuitive and began writing and teaching the *Mind, Body, & Spirit Self-Empowerment Program*®, which has been taught to thousands of people across the country, including as a Special Topics course in a PhD program at the University of Texas School of Medicine at Galveston TX. Dermot went on to write and teach his own program entitled *Genius Choices*. Both programs will soon be available online remotely and locally at EES Austin.

Since that time, both have studied and practiced many different healing modalities, which include but are not limited to: Kundalini, Reiki, shamanic practices, visualization, guided imagery, essential oils, and healing touch.

Now, 35 years later, Denise and Dermot are bringing their individual and collective experiences and wisdom together to offer an updated version of remote healing. The EES Austin Remote Healing Program is being redesigned to include Tesla's scalar energy via the EES (Energy Enhancement System).

Denise has been successful in healing a number of imbalances within herself, such as: gall bladder disease, ulcers, and complete healing/restoration of severed nerves in her left arm, (after a gunshot, her left hand useless for 18 months, and doctors said she could only expect to regain 18% of the use of her left hand. She has also healed Irritable Bowel Syndrome and is currently reversing Stage 3B kidney disease.

Denise's 17 year old cat Cosmo, had been healed from Thyroid Cancer using her abilities and the EES. He has even become sexually active, thankfully he has been fixed.

As a Healer and certified Hypnotherapist, Denise has become well-known and respected for her ability to create colorful and memorable imagery to help promote healing a variety of imbalances in the mind, body, and spirit using Guided Imagery.

To substantiate the wide use and effectiveness of **Guided Imagery**, at the end of this section is an excerpt about the benefits of Guided Imagery taken from Denise's chapter entitled *Mind & Body Interventions*, found in the leading medical school textbook used worldwide. *Alternative & Complementary Therapies, 2nd, 3rd, 4th Editions*. Elsevier. See below to read about published studies on the benefits of Guided Imagery.

Also below, are segments about **mental healing** and **non-local healing** which were published in Denise's chapter on Mind & Body Interventions in the leading medical textbook in the world, *Complementary & Alternative Therapies, 2nd, 3rd, and 4th Editions*. Executive Editor, C. Everett Koop, former US Surgeon General. Published by Elsevier 2003, 2006, 2010, written by Denise Rodgers, M.Div., C.Ht.

... "Mental Healing

The idea that consciousness can affect the physical body has a time-honored and respected historical base. The observation that there is a measure of consciousness throughout the body is scattered about the 2000 year old Hippocratic writings. The ancient Persians expounded on this aspect insisting that a person's mind can intervene not just in his or her own body but also in that of another individual located far away.

The Hippocratic symbol is often shown as a serpent coiled around a staff, with the wings of Mercury at the top. Symbolically, the serpent is the Kundalini energy and the staff in which it is coiled is the spine. The wings of Mercury represent the Higher Mind which is used to direct the Kundalini energy to heal.

The attitudes of the ancient Greeks and Persians toward the interaction between minds and bodies gave rise to two very different types of healing: local and non-local. The Greeks believed that the action of the mind on the body was a local event in the 'here and now.' The Persians, however, viewed the mind body relationship as nonlocal. They held that the mind was not localized or confined to the body but extended beyond the body. This implied that the mind was capable of affecting any physical body local or non-local". This concept is actually not so different from how prayer works. ..."

"Implications for Nonlocality

Modern physicists have long recognized the concept of nonlocality. These developments rest largely on an idea in physics called Bell's theorem, introduced in 1964 by the Irish physicist, John Stewart Bell and subsequent experiments. Bell showed that if distant objects have once been in contact, a change thereafter in one causes an immediate change in the other, even if they are separated to the opposite ends of the universe. Thus it is important to realize that nonlocality is not just a theoretical idea in physics but also that its proof rests on actual experiments.

The idea prevalent in contemporary science is that the mind and consciousness are an entirely local phenomenon, localized to the Brain/Body and confined to the present moment. From this perspective, nonlocal healing cannot occur in principle because the mind is bound by the "here and now."

Research studies conducted in distant mental influence challenge these modern day assumptions. Dozens of experiments, specifically conducted over the past 25 years, suggests that the mind can bring about changes in non-local physical bodies, even when shielded from all sensory and electromagnetic influences. This suggests that mind and consciousness may not be located at fixed points in time.

These assumptions give rise to the idea that consciousness could prevail after the death of the Brain/Body, suggesting that some aspect of the psyche is not bound to points in space or time period. This idea in turn leads towards a nonlocal model of consciousness, which allows for the possibility of distant healing exchange. This nonlocal model of consciousness implies that at some level of the psyche, no fundamental separation exists between individual minds.

Nobel physicist Edwin Schrodinger suggested that at some level and in some sense there may be unity and oneness of all minds. In the non-local model, distance is not

fundamental but is completely overcome. In other words, because of the unification of consciousness the healer and the patient are not separated by physical distance. ...”

Stay tuned for more teachings on healing, and how you can be involved as a healer or as a recipient of remote (non-local) healing. We are accepting applications to be involved in the Healers’ group.

Below is more evidence that consciousness is a nonlocal event as noted in the Faraday Cage Experiment.

FARADAY CAGE EXPERIMENT

The idea that consciousness may be at the root of all being was also supported by an experiment conducted by Dr. Jacobo Grinberg-Zylberbaum and co-workers that was published in 1994 in the scientific journal *Physics Essays*.

In this experiment, two subjects were put in the same room and both asked to silently meditate together, with their eyes closed, for about 20-30 minutes, with no outward communication between them during or after the meditation. Before they began their meditation session, the experimenters asked both meditators to inwardly establish a direct feeling of oneness with each other while they were meditating. At the completion of the meditation, they were asked to continue to cultivate this feeling of connectedness between them, without the aid of any words or outward actions.

After the meditation session ended, one of the meditators was escorted to a separate room. Both were asked to sit in special type of metallic enclosure that has the ability to block all electromagnetic signals from entering or leaving. These enclosures are called Faraday cages. Both subjects were also hooked up to separate electro-encephalogram devices called “EEG”. These devices pick up and record the electrical wave patterns of brain activity. Still in their respective Faraday cages, one of the meditators (Meditator I) was exposed to a series of flickering light signals. The sensory stimulus of the lights evoked an electrical response in his brain that was recorded on the graph of the EEG.

The other meditator (Meditator II) had no knowledge that Meditator I was being exposed to these light flashes. However, at the exact same time that the series of flickering lights were being shown to Meditator I, Meditator II’s EEG reading reflected an almost identical EEG readout—possessing the same unmistakable phase/strength brain-wave patterns on his EEG readout—even though Meditator II’s brain was not exposed to these light stimulations. As long as the two meditators maintained their direct communication by attempting to feel “connected,” this “transfer-potential” effect was produced again and again.

First, the meditators were both in separate, isolated Faraday cages, which every scientist would agree completely prevents any physical or material signals from being received or trans-mitted between the two subjects. Secondly, Meditator II did not know about the series of lights that Meditator I was being exposed to. Even if he did know what was occurring, how could Meditator II possibly produce the specific brain-wave EEG readings of Meditator I at the exact same time?

Built into the experimental design was a control group in which the pairs did not meditate together. No correlation of brain-wave function or transfer potential could be reproduced in the control groups.

One would have to assume that consciousness itself was the uniting factor that maintained the contact and transference of experience between two brains, despite the isolation provided by the Faraday cages. This is proof that consciousness exhibits the property of *non-locality*, which means that it operates instantaneously, over any distance, without the exchange of physical atoms of energy. Consciousness, then, is a non-local event.”

Research on the Benefits of Guided Imagery

“ ... Of all the many mind and body modalities, the practice of guided imagery appears to be the most widely used and accepted among many nursing departments. The University of Akron College of Nursing conducted a study that demonstrated that Guided Imagery was an effective intervention for enhancing comfort in women undergoing **radiation** therapy for **early stage breast cancer**. In this study, 53 women were randomized to either a control or a treatment group. The experimental group listened to a guided imagery tape once a day for the duration of this study. The guided imagery group demonstrated **significantly improved comfort** over controls, with the treatment associated with greater comfort over time.(Kolcaba and Fox, 1999).

A community based nursing study was conducted in Sydney, Australia where 56 people with **advanced cancer** experiencing **anxiety** and **depression** were randomly assigned to one of four treatment conditions: 1) progressive muscle relaxation training, or 2) guided imagery training, or 3) both treatments, and 4) control group. Patients were tested for **anxiety, depression** and **quality of life**. There was no significant improvement for anxiety but significant positive changes for **depression** and **quality of life**. (Sloman 2002).

Nurses at Ephrata Community Hospital in Pennsylvania found that offering their patients Guided Imagery can be effective in a variety of ways. They reported that guided imagery helps patients relieve **pain** and **anxiety before and after surgery**, helps patients **relax** and **sleep better** during evening hours, helps to **lower blood pressure**, and **reduces the need for breathing and respiratory devices**. Nurses also report that the guided imageries are often more effective than sedation for **easing confusion** in older patients.(Miller 2003).

Differences in **pain** and power were examined at Kent states College of Nursing where 42 patients were randomly assigned to treatment and control groups Those who received guided imagery had **decreased pain** during the last two days of the four-day trial.

In two unpublished studies, guided imagery was used to reduce **menopausal symptoms**. The University Hospital in Linkoping Sweden found that menopausal women using guided imagery averaged 73% fewer **hot flashes** over six months and a significant reduction in other symptoms. Another study at New England Deaconess Hospital of 33 menopausal women found that these types of strategies offered a significant reduction in **hot flash intensity, tension, anxiety, and depression**.