

| Race Number | FirstName | Surname            | age group | Club                  | Position | Time     |
|-------------|-----------|--------------------|-----------|-----------------------|----------|----------|
| 1           | Mat       | Hanson             | M         | Bollington Harriers   | 35       | 00:46:57 |
| 2           | Jonathan  | Cain               | M         |                       | DNS      |          |
| 3           | Adam      | Dolphin            | M         |                       | 55       | 00:50:32 |
| 4           | Andrew    | Dixon              | M50       | Bollington Harriers   | 68       | 00:53:52 |
| 5           | David     | Horsfield          | M50       | Bollington Harriers   | 81       | 00:57:07 |
| 6           | Andrew    | Brier              | M50       |                       | DNS      |          |
| 7           | Andrew    | Bell               | M50       |                       | DNS      |          |
| 8           | Tim       | Hudspith           | M40       | Stockport Harriers    | 12       | 00:41:43 |
| 9           | Gareth    | Hobbs              | M50       |                       | DNS      |          |
| 10          | Hannah    | Bridger            | F         |                       | 24       | 00:45:11 |
| 11          | Edward    | Swinden            | M40       | Chorlton Runners      | 108      | 01:01:44 |
| 12          | Billy     | Hicks              | M         | Macclesfield Harriers | 2        | 00:38:15 |
| 13          | Andrea    | Brudy              | F40       |                       | DNS      |          |
| 14          | Rob       | Downs              | M50       |                       | 6        | 00:39:54 |
| 15          | Matthew   | Johnson            | M         |                       | 61       | 00:52:05 |
| 16          | Peter     | Burton             | M50       | Lymm Runners          | 118      | 01:05:43 |
| 17          | andrew    | freer              | M40       |                       | DNS      |          |
| 18          | Matthew   | Roberts            | M40       |                       | 76       | 00:55:18 |
| 19          | John      | Pollard            | M60       | Glossopdale           | 83       | 00:57:25 |
| 20          | Elaine    | De Fries           | F50       | Elaine De Fries       | 127      | 01:09:34 |
| 21          | neil      | clarke             | M50       | macclesfield harriers | 34       | 00:46:48 |
| 22          | carl      | Barton             | M40       | Disley Runners        | DNS      |          |
| 23          | Andrea    | Frost              | F50       | Macclesfield Harriers | 46       | 00:49:21 |
| 24          | Nick      | Heaton             | M40       | Bramhall Runners      | 58       | 00:51:29 |
| 25          | Susie     | Chesher            | F         |                       | 22       | 00:44:55 |
| 26          | Simon     | Conroy             | M40       |                       | 25       | 00:45:14 |
| 27          | Vikki     | Murphy             | F40       |                       | 53       | 00:49:58 |
| 28          | HELEN     | CROFT              | F40       | Bramhall Runners      | DNS      |          |
| 29          | Diane     | Rhodes             | F40       |                       | 84       | 00:57:26 |
| 30          | Ben       | Chaffey            | M40       | Disley Runners        | 42       | 00:48:43 |
| 31          | Tom       | Peers              | M         | Stockport Harriers    | 14       | 00:42:08 |
| 32          | James     | McMurdo            | M40       |                       | 26       | 00:45:17 |
| 33          | Stephen   | Crook              | M40       |                       | 9        | 00:41:19 |
| 34          | Alannah   | Birtwistle         | F         | Macclesfield Harriers | 19       | 00:43:51 |
| 35          | Steve     | Shaughnessy        | M60       | Stockport Harriers    | 28       | 00:45:41 |
| 36          | Lance     | Hamilton-Griffiths | M         | Glossopdale Harriers  | 36       | 00:47:12 |
| 37          | David     | Mellor             | M60       |                       | 93       | 00:58:39 |
| 38          | Kevin     | Ohara              | M40       |                       | DNS      |          |
| 39          | Jim       | Pendrill           | M40       | Wilmslow              | 16       | 00:42:19 |
| 40          | Paula     | Spray              | F50       |                       | 109      | 01:02:01 |
| 41          | Paula     | Spray              | F50       |                       | DNS      |          |
| 42          | Darren    | Bailey             | M40       |                       | 106      | 01:01:34 |
| 43          | Lisa      | Hunsley            | F40       |                       | 75       | 00:55:16 |
| 44          | Summer    | Phillips           | F40       |                       | 130      | 01:11:07 |
| 45          | Gogs      | Davies             | M40       | Gogs                  | 98       | 00:59:04 |
| 46          | Andrew    | Langdon            | M40       | Bollington Harriers   | 117      | 01:05:07 |
| 47          | Hayley    | Ashby              | F         |                       | 29       | 00:45:44 |
| 48          | Damian    | Lacey              | M40       |                       | 121      | 01:07:31 |
| 49          | Jordan    | Bullock            | M         |                       | 43       | 00:48:59 |

|     |           |              |     |                          |              |
|-----|-----------|--------------|-----|--------------------------|--------------|
| 50  | Alexis    | Dinsmor      | F70 | Stockport Harriers       | 131 01:12:39 |
| 51  | David     | Walker       | M60 |                          | DNS          |
| 52  | Ciaran    | Harkin       | M   |                          | 69 00:53:53  |
| 53  | James     | Price        | F   |                          | 86 00:57:56  |
| 54  | Kate      | Coyne        | F   |                          | 116 01:04:48 |
| 55  | Sam       | Knuckey      | F40 |                          | 123 01:08:07 |
| 56  | Kate      | McCreery     | F40 |                          | DNS          |
| 57  | Josie     | Galbraith    | F40 | Congleton Harriers       | DNS          |
| 58  | James     | Galbraith    | M50 |                          | 101 01:00:20 |
| 59  | Damian    | Jones        | M   |                          | 30 00:45:50  |
| 60  | Trevor    | Longman      | M60 | Macclesfield Harriers    | 67 00:53:06  |
| 61  | Lydia     | Eames        | F   |                          | 125 01:08:34 |
| 62  | Ben       | Doyle        | M40 |                          | 57 00:51:23  |
| 63  | Noa       | Estevez Diaz | F   | Lonely Goat              | 87 00:58:07  |
| 64  | Natalie   | Leeb         | F   |                          | 128 01:09:40 |
| 65  | Sally     | Gilliver     | F50 |                          | 65 00:52:26  |
| 66  | James     | Goodsall     | M40 |                          | 45 00:49:12  |
| 67  | Matt      | Ward         | M40 |                          | 70 00:54:12  |
| 68  | Lucy      | Ward         | F   |                          | 60 00:51:59  |
| 69  | Neil      | Walker       | M   | Altrincham               | 8 00:41:07   |
| 70  | Ann-Marie | Jones        | F60 | Macclesfield Harriers AC | 54 00:50:12  |
| 71  | Ed        | Carman       | M50 |                          | 56 00:50:43  |
| 72  | George    | Carman       | M50 | Porter Valley Plodders   | 48 00:49:24  |
| 73  | Sandi     | Carman       | F40 | Smiley Paces             | DNS          |
| 74  | Oscar     | Trevena      | M   |                          | 66 00:52:54  |
| 75  | Ellen     | Downs        | F   | Sale Harriers            | 7 00:40:52   |
| 76  | Russell   | Crowley      | M   |                          | DNS          |
| 77  | Jonathan  | Cheshire     | M   |                          | DNS          |
| 78  | Stephen   | Plant        | M60 |                          | 96 00:58:56  |
| 79  | Roger     | Dean         | M40 | Bollington Harriers      | 74 00:54:59  |
| 80  | Chris     | Haddock      | M   | Rosendale Harriers       | 40 00:48:06  |
| 81  | Gareth    | Briggs       | M40 | Dark Peak                | 5 00:39:51   |
| 82  | Nick      | FRASER       | M40 |                          | 62 00:52:20  |
| 83  | Amanda    | Millward     | F   | Stoke Fit                | 107 01:01:35 |
| 84  | Joseph    | Delahunty    | M   | Vegan Runners UK         | 31 00:46:13  |
| 85  | Andy      | Skelhorn     | M50 | Macclesfield Harriers    | 99 00:59:41  |
| 86  | Tony      | Clark        | M50 |                          | 95 00:58:41  |
| 87  | Colin     | Ardron       | M70 |                          | DNS          |
| 88  | James     | Coulson      | M40 |                          | 71 00:54:23  |
| 89  | Mike      | Ashby        | M40 | Sale Harriers Manchester | 11 00:41:38  |
| 90  | Lee       | Jones        | M40 |                          | 64 00:52:25  |
| 91  | Philip    | Barnes       | M60 | Pennine                  | 105 01:01:33 |
| 92  | Paul      | Targett      | M50 | Holcombe Harriers        | 13 00:42:02  |
| 93  | Fiona     | Johnson      | F40 | Stockport Harriers       | DNS          |
| 94  | James     | Downs        | M50 |                          | 33 00:46:37  |
| 95  | Andy      | Buckroyd     | M50 | Macclesfield Harriers    | 92 00:58:30  |
| 96  | Stewart   | Waudby       | M40 | Macclesfield Harriers    | 52 00:49:57  |
| 97  | Sarmid    | Al-Kamil     | M50 | Bramhall Runners         | 113 01:03:41 |
| 98  | Fiona     | Blagg        | F   | Manchester Tri Club      | 37 00:47:34  |
| 99  | Brian     | mullan       | M40 |                          | 51 00:49:49  |
| 100 | Rob       | Gray         | M   |                          | 94 00:58:40  |

|     |              |            |     |                              |              |
|-----|--------------|------------|-----|------------------------------|--------------|
| 101 | Simon        | Pickard    | M40 | Stockport Harriers           | 15 00:42:15  |
| 102 | Paul         | Barrett    | M   | Sale Harriers                | 18 00:43:30  |
| 103 | Deirdre      | McCarthy   | F   | Manchester Triathlon Club    | 73 00:54:39  |
| 104 | Den          | Masset     | F50 | Macclesfield Harriers        | 82 00:57:16  |
| 105 | Matt         | Lewis      | M50 | Macclesfield Harriers        | 17 00:43:00  |
| 106 | David        | Whittaker  | M40 | Congleton Harriers           | 77 00:55:31  |
| 107 | Sarah-Louise | Proudmore  | F40 | Congleton Harriers           | 72 00:54:27  |
| 108 | ROB          | PARKIN     | M40 | CONGLETON HARRIERS           | 103 01:01:16 |
| 109 | Billy        | Hobbs      | M   | Tunbridge Wells Harriers     | 1 00:37:27   |
| 110 | Tristan      | Pemberton  | M40 | Bollington Harriers          | 129 01:09:45 |
| 111 | Alice        | Lennox     | F   |                              | 63 00:52:22  |
| 112 | mark         | halsey     | M40 |                              | 78 00:55:58  |
| 113 | Emma         | Beveridge  | F50 |                              | 91 00:58:25  |
| 114 | Matthew      | Nadin      | M40 |                              | 102 01:00:56 |
| 115 | Andy         | Lord       | M50 | Marple Runners               | 126 01:09:01 |
| 116 | paul         | oakley     | M50 |                              | 21 00:44:38  |
| 117 | Vanessa      | Stokoe     | F40 | Macclesfield Harriers and AC | 122 01:07:45 |
| 118 | Jane         | Adlard     | F50 | Goyt Valley Striders         | 115 01:04:17 |
| 119 | Alison       | Stephenson | F40 | Marple runners               | 120 01:07:27 |
| 120 | Steve        | Wood       | M60 | Bollington harriers          | 85 00:57:40  |
| 121 | Andy         | Lee        | M40 | Poynton Runners              | 38 00:47:41  |
| 122 | Laurence     | Tendler    | M40 | Bollington Harriers          | 32 00:46:27  |
| 123 | Rob          | Pettener   | M50 |                              | 112 01:03:11 |
| 124 | Jack         | Tinsley    | M   |                              | 97 00:59:03  |
| 125 | Paul         | Tinsley    | M50 |                              | 110 01:02:44 |
| 126 | David        | Bothell    | M   | Staffs Moorlands             | 3 00:39:23   |
| 127 | Oliver       | Gaillemin  | M40 | Sale Harriers                | 10 00:41:19  |
| 128 | Mark         | Pinches    | M40 | Bollington Harriers          | 44 00:49:04  |
| 129 | Chris        | Sherleck   | M40 |                              | 39 00:48:05  |
| 130 | Tim          | Palmer     | M50 | Helsby                       | 119 01:06:46 |
| 131 | David        | Shepherd   | M50 | Northwich                    | 41 00:48:19  |
| 132 | Julie        | Smith      | F50 | Macclesfield Harriers and AC | 114 01:03:49 |
| 133 | Alwyn        | Mulryne    | F50 | Disley Runners               | 100 01:00:04 |
| 134 | Neil         | Pettie     | M40 | Macclesfield Harriers and AC | 23 00:45:08  |
| 135 | Andrew       | Thorp      | M50 |                              | 79 00:56:10  |
| 136 | Tom          | Allaby     | M   | Bollington Harriers          | 47 00:49:21  |
| 137 | Stephen      | Smith      | M   |                              | 89 00:58:08  |
| 138 | Archie       | Sutton     | M   |                              | 88 00:58:08  |
| 139 | Tom          | Emmens     | M   |                              | 90 00:58:09  |
| 140 | Mick         | Fowler     | M60 |                              | 104 01:01:23 |
| 141 | John         | Mackintosh | M50 |                              | 49 00:49:25  |
| 142 | Chris        | Dunkerley  | M40 |                              | 27 00:45:26  |
| 143 | Mike         | Utting     | M40 | Bramhall Runners             | 124 01:08:12 |
| 144 | Jane         | Mellor     | F50 | Penine                       | 59 00:51:57  |
| 145 | Christopher  | Leigh      | M40 | Trafford AC                  | 4 00:39:29   |
| 146 | Cath         | Applewhite | F40 | Run Knutsford                | 80 00:56:36  |
| 147 | Richard      | Applewhite | M40 | Macclesfield Harriers and AC | 50 00:49:45  |
| 148 | Sara         | Knowles    | F40 |                              | 111 01:03:06 |
| 149 | Michael      | Walker     | M40 | Barnet District AC           | 20 00:44:17  |