

Kick Start a Healthy Lifestyle!

Tennis Lessons

Our Home Courts are at Babcock Ranch. We offer very reasonable rates for training both adults and children. We will travel to other public courts nearby in some cases.

Get the exact results you want!

Personal Training and Health Coaching

With years of success and experience, we will analyze your current situation and create a fitness and/or healthy lifestyle plan just for you. We will work with you each step of the way to make sure you stay on track and motivated to reach your goals.

WHO WE ARE

Find Your Fit offers tennis lessons, personalized workout routines and coaching on how to maintain a healthy lifestyle.

We are family owned and dedicated to helping others achieve their health and fitness goals.

Our instructors have certifications for Health Coaching and Personal Training thru the American Council on Exercise (ACE) in addition to being certified Tennis Instructors thru the United States Professional Tennis Association (USPTA).

Contact Us

Call or Text 239-823-9871

Email kim@findyurfit.com

Website: findyurfit.com

 Find Your Fit

 @kimmc886

 kimmc886



**FIND
YOUR
FIT**

Racquets up, workout

ready, goals accomplished!

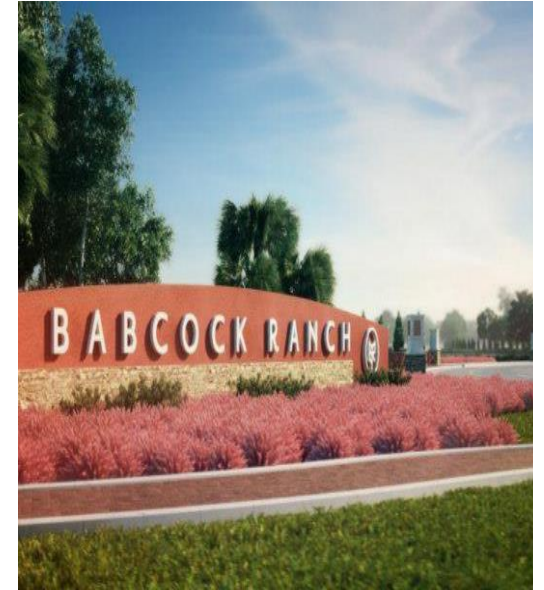


Promoting
healthy lifestyles
in Southwest
Florida!



What We Offer

- **Tennis**
 - Private / Semi-Private
 - Group Clinics
 - All ages and levels
 - Racquet Stringing/Gripping
- **Personal Training**
 - Your choice of location
 - Customized routines
 - Virtual options available



Tennis Lessons

Personal Training

Health Coaching

