

**Self-Sufficiency Matrix**

Participant Name: \_\_\_\_\_

Assessment Date: / /

Assessment Type:    Initial    Quarterly    Final

Move-In Date: / /

Category	1	2	3	4	5	Score	Participant goal? (y/n)
<b>Housing</b>	Homeless or threatened with eviction.	In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable (over 30% of income).	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate subsidized housing.	Household is safe, adequate, unsubsidized housing.		
<b>Employment</b>	No job.	Temporary, part-time or seasonal; inadequate pay, no benefits.	Employed full time; inadequate pay; few or no benefits.	Employed full time with adequate pay and benefits.	Maintains permanent employment with adequate income and benefits.		
<b>Income</b>	No income.	Inadequate income and/or spontaneous or inappropriate spending.	Can meet basic needs with subsidy; appropriate spending.	Can meet basic needs and manage debt without assistance.	Income is sufficient, well managed; has discretionary income and is able to save.		
<b>Food</b>	No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.	Household is on SNAP or relies on some other type of assistance.	Can meet basic food needs, but requires occasional assistance.	Can meet basic food needs without assistance.	Can choose to purchase any food household desires.		
<b>Child Care</b>	Needs childcare, but none is available/accessible and/or child is not eligible (including family members).	Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available (including family members).	Affordable, subsidized childcare is available, but limited (if family: availability or interest is limited).	Reliable, affordable childcare is available, no need for subsidies (could be a family member).	Able to select quality childcare of choice (could be from among family members).		
<b>Children's Education</b>	One or more school-aged children not enrolled in school.	One or more school-aged children enrolled in school, but not attending classes.	Enrolled in school, but one or more children only occasionally attending classes.	Enrolled in school and attending classes most of the time.	All school-aged children enrolled and attending on a regular basis.		

Category	1	2	3	4	5	Score	Participant goal? (y/n)
<b>Adult Education</b>	Literacy problems and/or no high school diploma/GED are serious barriers to employment.	Enrolled in literacy and/or GED/HS diploma program and/or has sufficient command of English to where language is not a barrier to employment.	Has high school diploma/GED, but is not seeking additional education/training to benefit employment.	Is seeking additional education/training to benefit employment to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society.	Has completed education/training needed to become employable. No literacy problems.		
<b>Health Care Coverage</b>	No medical coverage with immediate need.	No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.	Some members (e.g. Children) have medical coverage.	All members can get medical care when needed, but may strain budget or is less than adequate.	All members are covered by affordable, adequate health insurance.		
<b>Life Skills</b>	Unable to meet basic needs such as hygiene, food, activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs of daily living for self and family.		
<b>Family /Social Relations</b>	Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect.	Family/friends may be supportive, but lack ability or resources to help or provide negative support; family members do not relate well with one another; potential for abuse or neglect.	Some positive support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support.	Strong support from family or friends. Household members support each other's efforts.	Has healthy/expanding support network; household is stable and communication is consistently open.		
<b>Mobility</b>	No access to transportation, public or private; may have car that is inoperable.	Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.	Transportation is available and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured.	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; client has driver's license and a car that is adequately insured.		
<b>Community Involvement</b>	Not applicable due to crisis situation; in "survival" mode.	Socially isolated, lacks social skills, or unmotivated/does not desire to become involved.	Has adequate social skills and motivation/desire but lacks the opportunity or knowledge of ways to become involved.	Some community involvement (advisory group, support group), but has barriers such as transportation, childcare issues.	Actively involved in community.		

Category	1	2	3	4	5	Score	Participant goal? (y/n)
<b>Parenting Skills</b>	There are safety concerns regarding parenting skills; abuse or neglect is present, or all relations have been severed.	Parenting skills are minimal; client and children do not relate well with one another; potential for abuse or neglect.	Parenting skills are apparent but not adequate; client and children acknowledge and seek to change negative behaviors; are learning to communicate and support.	Parenting skills are adequate and reasonable; client supports children's efforts but there is occasional conflict.	Parenting skills are well developed; parent-child relationship(s) is stable and communication is consistently open.		
<b>Legal (criminal)</b>	Current outstanding tickets or warrants, or currently incarcerated.	Current charges/trial pending or noncompliance with probation/parole.	Fully compliant with probation/parole terms with no charges pending.	Has successfully completed probation/parole within the last 12 mo.; no new charges filed <u>OR</u> no active criminal justice involvement in more than 12 mo. but prior arrests pose problem to current self-sufficiency.	No criminal history <u>OR</u> no active criminal justice involvement in more than 12 mo. (and prior arrests do not pose a problem to current self-sufficiency).		
<b>Mental Health</b>	Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.	Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.	Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.	Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than everyday problems or concerns.		
<b>Substance Abuse</b>	Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary.	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities.	Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month.	Client has used during last 6 months, but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use.	No drug use / alcohol abuse in last 6 months; or no history of drug use / alcohol abuse.		

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<b>Safety</b>	Home or residence is not safe; immediate level of lethality is extremely high; possible CPS involvement.	Safety is threatened; temporary protection may be available; level of lethality is high.	Current level of safety is minimally adequate; ongoing safety planning is essential.	Environment is safe but future safety is uncertain; safety planning is important.	Environment is apparently safe and stable.		
<b>Disabilities &amp; Physical Health</b>	Acute or chronic symptoms currently affecting housing, employment, social interactions, etc.	Sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Asymptomatic; condition is controlled by services or medication.	No identified disability or health concerns.		
<b>Immigration</b>	PP and/or child(ren) are undocumented.	PP is in process of applying for a U-Visa, T-Visa, VAWA, DAPA or DACA for self and/or child(ren).	PP and/or child(ren) has U-Visa, T-Visa, VAWA status, DAPA or DACA including work authorization.	All family members are either Legal Permanent Residents or US Citizens.	All family members are US Citizens.		
<b>Family Law Issues</b>	Two or more legal issues related to divorce, child support, custody, visitation, protective orders, or other family law issue that impacts stress level and/or safety.	One legal issue related to divorce, child support, custody, visitation, protective orders, or other family law issue that impacts stress level and/or safety.	Outstanding legal issues related to divorce, child support, custody, visitation, protective order, or other family law issues, but they are not actively impacting stress level or safety.	Has finalized agreements in place around divorce, child support, custody, visitation, protective orders, or other family law issues that occasionally impact the family (such as inconsistent child support payments).	No divorce, child support, custody, visitation, protective order, or other family law issues.		

**Total Score:** \_\_\_\_\_

**Program Participant Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**BCHF Staff Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_