



295 N Buckman St. Shepherdsville, KY 40165
502-528-8000

The following resource lists were compiled by Bullitt County Housing First for informational purposes only and in no way represents an endorsement of these establishments or their practices.

PREGNANCY RESOURCES

Most programs require ID and proof of Child, like health insurance card. Call the program for details before going.

ALC PREGNANCY RESOURCE CENTER- SHEPHERDSVILLE

368 N Buckman St.
Shepherdsville, KY 40165
502.212.2535

Tuesday - Thursday, 10AM - 5PM

Free pregnancy testing, up to date information on STIs, and free limited ultrasounds to women with a positive pregnancy test performed at ALC and medical approval. Provide emotional support for women after abortion.

<https://alckentucky.com/appointment/>

ALC PREGNANCY RESOURCE CENTER - SHELBYVILLE

711 Henry Clay St.
Shelbyville, KY 40065
502.647.0300

Tuesday - Thursday, 10AM - 5PM

Free pregnancy testing, up to date information on STIs, and free limited ultrasounds to women with a positive pregnancy test performed at ALC and medical approval. Provide emotional support for women after abortion.

<https://alckentucky.com/appointment/>

BSIDEU - MAIN OFFICE

701 W. Muhammad Ali Blvd.
Louisville, KY 40203
502.589.9400

Pregnancy Center

Tuesday and Wednesday: 9:00am-4:00pm*
Thursday: 9:00am-2:00pm*
Friday: 9:00am-3:00pm

**Closed for lunch between 12:00-1:00pm.
Last client 45 minutes before closing.*

Life Skills

Monday-Friday: 9:00am-4:00pm
Saturday: *Saturday hours limited. Call for schedule.

Serving women in crisis pregnancy situations. Free pregnancy testing, ultrasounds, STI Testing and treatment, Maternity and infant clothing/supplies, post-abortion counseling, info on abortion, adoption, parenting, & pregnancy. Referral services.

<https://bsideuforlife.org/appointment/>

BSIDEU - SATELLITE OFFICE

140 West Market Street
Louisville, KY 40202
502.589.9400

Tuesday - Friday: 7:00am-11:00am

Saturday: 7:00am-10:00am

**Last client 45 minutes before closing.*

Serving women in crisis pregnancy situations. Free pregnancy testing, ultrasounds, STI Testing and treatment, Maternity and infant clothing/supplies, post-abortion counseling, info on abortion, adoption, parenting, & pregnancy. Referral services.

<https://bsideuforlife.org/appointment/>



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GOLDEN ARROW

835 East Gray Street
Louisville, KY 40204
502.589.3537

Tuesday-Thursday 9 am- Noon*

*New clients must arrive 30 minutes prior to closing.

Diapers, formula, baby food, and clothing. Clothing and diapers. Clients must bring a current photo ID, proof of children: state birth certificate, social security card or medical insurance care. No appointment is necessary.

<https://stmartinoftourslouisville.org/golden%20arrow.htm>

LIFEHOUSE MATERNITY HOME

2710 RIEDLING DR
LOUISVILLE, KY 40206
502.897.1655

Clothes Closet. Diapers and formula every month. Baby essentials given to the mother the month before the baby is born. Backpacks, school supplies.

<https://lifehouiselouisville.org/get-help/>

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SITIO CLOTHING MINISTRY (ST. JOHN VIANNEY CATHOLIC CHURCH)

4831 Southside Drive
Louisville, KY 40214
502.969.0018

Monday, Wednesday and Friday 10 AM – 11:30 Am & 1PM – 2:30 PM

Clothes Closet. Diapers and formula every month. Baby essentials given to the mother the month before the baby is born. Backpacks, school supplies.

<http://www.sitioministry.org/>

THE MILK BANK

To receive milk, outpatient families must Complete the Milk Recipient Packet found on the website. Must Provide Physician's Prescription if need exceeds 40 ounces.

This program provides:
Pasteurized Donor Human Milk (PDHM),
Lactation consulting, and Bereavement supports.

At this time you may purchase up to 40 ounces of PDHM without a prescription. If additional PDHM is desired, please contact The Milk Bank for more information.

<https://www.themilkbank.org/individuals>

SEVEN COUNTIES/CENTERSTONE -KY- MOMS MATR PROGRAM

KY-Moms MATR (Maternal Assistance Toward Recovery) helps expectant and post-partum Kentucky mothers who are at risk for using alcohol, tobacco, and other drugs to reduce harm to their children from their substance use, during and after pregnancy. Participants learn how to make healthy choices during pregnancy, discuss resources in the community, and receive incentives for attending. This service is a collaboration between health departments, prenatal clinics, and community mental health centers.

*To learn more, call (502) 589-8600 or email
Patty Gregory, Prevention Division Director,
at pgregory@sevencounties.org.*

<https://sevencounties.org/request-first-appointment/>

FAMILY SUPPORT (FOOD STAMPS/WIC, MEDICAL, WELFARE, ETC.)

Shepherdsville Square

445 KY-44, Suite 209
Shepherdsville, KY 40165
*Phone: 855.306.8959
Fax: 502.543.3819*

If you are struggling with the food stamps process mrelief.com may be able to help you step by step.

https://kynect.ky.gov/benefits/s/?language=en_US