



MUSLIM JOURNAL WITH HOST MASJID AL-HAQQ PRESENT

A Time To Be Grateful Conference 2023

At Hilton Meadowlands - December 7 - 10
East Rutherford, New Jersey

Wellness Series

DECEMBER 8TH & 10TH

7 AM - 8 AM

Samaiyah Mahmoud
YogaFitness4Me

DECEMBER 8TH

4 PM - 5 PM

Hajjah Dena Corbin
Natural Ground 1
& *Dr. Hajirah Abdus-Salaam*
Read A Healthy You
"Wholistic Health"

DECEMBER 9TH

7 AM - 8 AM

Hajjah Haneefah Salim
FitnessLifePro

DECEMBER 9TH

8 AM - 9 AM

Laila Muhammad
Certified Private Mediator/
Reiki Practitioner



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