

# What is reshapecare™?



**FREE**  
when covered  
by insurance!



Free physician prescribed and clinically proven virtual wellness program individually designed to fit a patient's needs and lifestyle throughout their weight-loss journey

The foundation of the wellness program focuses on **the 4 dimensions of wellness:**



nutrition



exercise



sleep



stress



## Key Elements include:



virtual coaching



engaging content



community support



reshapecareTV

## Key program advantages:

- For all patients – new, current or past
- Provides new revenue stream
- Fills and expands patient pipeline from medical weight loss, pre-surgical and long-term aftercare
- Board certified health coaches do not replace Integrated Health team and are an extension to program
- Supports required compliance for MBSAQIP



**Expand Your Program,  
Improve Your Outcomes!™**

 **reshapecare**  
health. wellness. weight loss

To learn more about reshapecare  
you can reach us at **1-855-ReShape.**