

Health and Wellness

Health Information

Lancaster Preschool follows the North Carolina State Guidelines concerning illness and health procedures. We appreciate your cooperation and patience as we implement procedures and protocols that meet, and possibly exceed, government mandated policies for private preschools.

Condition	Symptoms	Exclusion From Facility
COVID-19	Fever, chills muscle aches Respiratory concerns Gastrointestinal issues Shortness of breath Recent loss of taste/smell New or worsening cough	Positive Test - Student must isolate for 10 days after receiving a positive test result Negative Test/Alternate Diagnosis – Student may return to school after 24 hours symptom free
Fever	All ages: 100.4 or higher	Until child is fever free for 24 hours without medication.
Respiratory Concerns	Labored breathing, excessive coughing, shortness of breath	Until symptoms have resolved or doctor’s note obtained identifying cause of respiratory concern
Diarrhea	Frequent watery bowel movements	Sent home immediately after 2 episodes, must remain home for 24 hours after resuming eating
Vomiting	Loss of food by mouth – more productive than spitting	Sent home immediately after 1 episode; must remain home until NO vomiting or loose bowels for 24 hours after resuming eating

Flu (Influenza)	Fever, chills, sore throat, muscle aches, stuffy/runny nose	Until child is fever free for 24 hours without medication and symptoms subside
Strep Throat	Fever, red sore throat, sometimes vomiting	Until antibiotics have been administered for 24 hours and no fever exists
Ear Infection	Earache, irritable, reduced appetite	If accompanied by low grade fever, exclusions apply
Pink Eye	Red eyes, itchy swollen eyelids, yellowish or greenish discharge	Sent home immediately upon confirmed symptoms listed, may return after antibiotic drops have been administered for 24 hours