

2023 Stars & Stripes Schedule

Friday ~ Jan. 13

Flight 1R - Level 6 (A) =

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:45
March In - 8:50
Indv. & Team Awards - 11:45

Participating Teams:

Bearfoot / Butler Hy-Flyers / Emerald City /
G-Force / Infinity / Perfect 10 / Team Lightning
Ultimate / Victors / Xquisite / X-Treme

Flight 2R - Level 7 (A) =

Stretch - 12:00 - 12:25
Timed Warm-up - 12:25 - 12:35
March In - 12:40
Indv. & Team Awards - 2:40

Participating Teams:

Alison Biondi / Emerald City / G-Force
GSA / Northstars / Renzi's
Team Lightning / Victors

Flight 3R - Xcel Gold (A) =

Stretch - 2:45 - 3:15
Timed Warm-up - 3:15 - 3:30
March In - 3:35
Indv. & Team Awards - 5:50

Participating Teams:

G2 / Laurel Highlands / Northstars / Pinnacle
Team Lightning / Stumpfs / Victors

Flight 4R - Xcel Gold (C) =

Stretch - 6:15 - 6:45
Timed Warm-up - 6:45 - 7:00
March In - 7:05
Indv. & Team Awards - 9:30

Participating Teams:

Bearfoot / Cutting Edge / Emerald City /
Off Limits / Renzi
Ultimate / Xquisite / X-Treme

Flight 1R - Level 6 (B) =

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:45
March In - 8:50
Indv. & Team Awards - 11:45

Participating Teams:

Allison Biondi / Gemini / GGAC / GSA
Gymsport / Lions / Northstars / Off Limits
Olympic Dreams / Pinnacle / Renzi's / Stumpfs

Flight 2B - Level 7 (B) =

Stretch - 12:00 - 12:25
Timed Warm-up - 12:25 - 12:35
March In - 12:40
Indv. & Team Awards - 2:40

Participating Teams:

Bearfoot / Butler Hy-Flyers / Eagle
Gemini / Gymsport / Lions / Perfect 10
Pinnacle / Stumpfs / Ultimate

Flight 3B - Xcel Gold (B) =

Stretch - 2:45 - 3:15
Timed Warm-up - 3:15 - 3:30
March In - 3:35
Indv. & Team Awards - 5:50

Participating Teams:

Alison Biondi / ASA / Above the Barre /
Butler Hy-Flyers / Brandy Marie / Flyers /
Jumpstart! /

Flight 4B - Level 5 & Sapphire =

Stretch - 6:15 - 6:45
Timed Warm-up - 6:45 - 7:00
March In - 7:05
Indv. & Team Awards - 9:30

Participating Teams:

Alison Biondi / ASA / Butler Hy-Flyers /
Brandi Marie (SA) / Falcon (SA) / Gemini
Gymsport / Highlanders / Infinity /
Laurel Highlands / Northstars / Perfect 10
Stumpfs / Team Flyers / Team Lightning
Ultimate / Xquisite

2023 Stars & Stripes Schedule

Saturday ~ Jan. 14

Flight 5R - Xcel Diamond =

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 12:00

Participating Teams:

Butler Hy-Flyers / Emerald City / Falcon / G2
Gymsport / Highlanders / Laurel Highlands
Maverick / Northstars / Pinnacle / Renzi's
Stumpfs / Team Flyers / Ultimate / Victors
Xquisite / X-Treme

Flight 6R - Level 8 =

Stretch - 12:00 - 12:30
Timed Warm-up - 12:30 - 12:50
March In - 12:50
Indv. & Plat. Team Awards - 4:45

Participating Teams:

Bearfoot / Eagle / Flyers / GGAC
GSA / Gymsport / Laurel Highlands /
Northstars / Off Limits / Olympic Dreams /
Perfect 10 / Pinnacle / Renzi's / Stumpf's
Team Lightning / Ultimate / X-Treme

Flight 5B - Men's Level 3D1 / 3D2 / 4D2 =

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:30

Participating Teams:

Butler / Falcon / G-Force /
Gymsport / Northstars
Orchard Park / Pinnacle
Stumpfs / Tates /
Team Lightning / Western PA

Flight 6B - Men's Level 4D1 / 5D1 / 5D2

Stretch - 12:00 - 12:30
Timed Warm-up - 12:30 - 12:50
March In - 12:50
Indv. & Team Awards - 4:45

Participating Teams:

Allison Biondi / Above the Barre
Falcon / G-Force / Northstars
Olympic Dreams / Orchard Park
Pinnacle / Stumpfs
Team Lightning / Western PA

Main

Flight 7R - Level 10 & Level 9

Stretch - 5:00 - 5:30
Timed Warm-up - 5:30 - 5:50
March In - 5:55
Indv. & Team Awards - 9:30

Participating Teams:

Allison Biondi / Eagle / Falcon / Gymsport
Lions / Maverick / Northstars / Off Limits
Olympic Dreams / Perfect 10 / Pinnacle
Renzi / Stumpfs / Team Lightning / Ultimate
Victors / X-Treme

Event

Flight 7B - Men's Level 6-10 =

Stretch - 5:00 - 5:30
Timed Warm-up - 5:30 - 5:50
March In - 5:55
Indv. & Team Awards - 9:30

Participating Teams:

Allison Biondi / Above the Barre
Falcon / G-Force / Greater Buffalo
Gym America / Gymsport
Pittsburgh Northstars / Olympic Dreams
Team Lightning

2023 Stars & Stripes Schedule

Sunday ~ Jan. 15

Flight 8R - Level 4 (A) =

Stretch - 8:00 - 8:25
Timed Warm-up - 8:25 - 8:40
March In - 8:45
Indv. & Team Awards - 11:15

Participating Teams:
ASA / Flyers / GSA
Highlanders / Northstars / Perfect 10
Ultimate / X-Treme

Flight 9R - Level 4 (B) =

Stretch - 11:30 - 11:55
Timed Warm-up - 11:55 - 12:10
March In - 12:15
Indv. & Team Awards - 2:45

Participating Teams:
Butler Hy-Flyers / Eagle / Off Limits
Olympic Dreams / Orchard Park
Victors / Xquisite

Flight 10R - Level 4 (C) =

Stretch - 2:45 - 3:10
Timed Warm-up - 3:10 - 3:25
March In - 3:25
Indv. & Team Awards - 5:45

Participating Teams:
Above the Barre / Emerald City / G-Force
GGAC / Infinity / Stumpf's
Team Lightning / Western PA

Flight 11R - Level 2 (A) =

Stretch - 6:00 - 6:25
Timed Warm-up - 6:25 - 6:40
March In - 6:40
Indv. & Team Awards - 8:30

Participating Teams:
Bearfoot / G2
G-Force / Team Lightning
X-treme

Flight 8B - Level 3 (A) =

Stretch - 8:00 - 8:25
Timed Warm-up - 8:25 - 8:40
March In - 8:45
Indv. & Team Awards - 11:15

Participating Teams:
Above the Barre / Bearfoot
G-Force / Pinnacle / Stumpfs
Team Lightning / Western PA

Flight 9B - Level 3 (B) =

Stretch - 11:30 - 11:55
Timed Warm-up - 11:55 - 12:10
March In - 12:15
Indv. & Team Awards - 2:45

Participating Teams:
Flyers / GGAC / GSA
Infinity / Laurel Highlands
Ultimate / X-Treme

Flight 10B - Level 3 (C) =

Stretch - 2:45 - 3:10
Timed Warm-up - 3:10 - 3:25
March In - 3:25
Indv. & Team Awards - 5:45

Participating Teams:
ASA / Eagle / Highlanders / Northstars
Off Limits / Olympic Dreams
Orchard Park / Victors

Flight 11B - Level 2 (B) =

Stretch - 6:00 - 6:25
Timed Warm-up - 6:25 - 6:40
March In - 6:40
Indv. & Team Awards - 8:30

Participating Teams:
ASA / Off Limits
Olympic Dreams / Infinity

Sanctioned Event

2023 Stars & Stripes Schedule

Monday ~ Jan. 16

Flight 12R - Xcel Platinum (A) =

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:30

Participating Teams:
Brandy Marie / Falcon
GGAC / Off Limits
Renzi's / Ultimate
X-treme

Flight 13R - Xcel Platinum (B) =

Stretch - 11:45 - 12:15
Timed Warm-up - 12:15 - 12:30
March In - 12:35
Indv. & Team Awards - 2:45

Participating Teams:
ASA / GymSport
Highlanders / Jumpstart! / Pinnacle
Victors / Xquisite

Flight 14R - Xcel Platinum (C) =

Stretch - 3:00 - 3:25
Timed Warm-up - 3:25 - 3:45
March In - 3:45
Indv. & Team Awards - 6:00

Participating Teams:
ATB / Butler / Flyers
G2 / Northstars
Stumpf's / Team Lightning

Flight 12B - Xcel Silver (A) =

Stretch - 8:00 - 8:30
Timed Warm-up - 8:30 - 8:50
March In - 8:55
Indv. & Team Awards - 11:30

Participating Teams:
Alison Biondi / Brandy Marie
Cutting Edge / Flyers
Jumpstart! / Pinnacle
Victors

Flight 13B - Xcel Silver (B) =

Stretch - 11:45 - 12:15
Timed Warm-up - 12:15 - 12:30
March In - 12:35
Indv. & Team Awards - 2:45

Participating Teams:
Above the Barre / Emerald City
G2 / Haven / Laurel Highlands
Renzi's / Stumpfs / Team Lightning

Flight 14B - Xcel Bronze =

Stretch - 3:00 - 3:25
Timed Warm-up - 3:25 - 3:45
March In - 3:45
Indv. & Team Awards - 6:00

Participating Teams:
Brandy Marie / Haven
Pinnacle / Victors
Western PA