

Team Lightning

Team Lightning Parent Orientation Meeting

PURPOSE OF MEETING:

* Gymnastics is a wonderful & awesome sport to participate in and spectate. However, unlike most 'traditional' sports, the 'Average' Parents has "No Clue"! No clue on the scoring, the levels, the processes... involved with the sport. Gymnastics has its own unique and obscure peculiarities unlike most other sports. The scoring, mobility, teaching methods are often mystical and rooted in traditions going back to Greece and the original Olympic Games. As a result, this meeting is to try to educate you in the decision as to whether to "join" or find something more appropriate for your family.

- Expenses / Time Commitment / Dangers
- ----->

It is our intention to educate you as to the major points / responsibilities / time commitment / financials to make sure you are making a good decision for your child, and your family.

FINANCIALS:

We are not profiting from Teams. Thus, our relationship will change. We lay out your financial responsibilities, clear as day. We will no longer chase anyone. Due 1st of the month, or sit out. If there is a serious matter, contact us. This is seconded by the Booster Club, and I will honor their debts.

1. Monthly Tuitions... - and this is the only money that in the whole process of expenses goes to us. This fee is for "teaching your child gymnastics" - Only. This year I WILL ENFORCE—Late Fees! Exception of expired cards which have 10 days grace.

Fore-Warning
 When you initially signed up for gym because your kid was bouncing all over the furniture, you asked us 3 questions... Is it Expensive? Is it time consuming? Is it dangerous? We answered No, No, No. At Team the rules change. It becomes Expensive, Time Consuming, & Dangerous. The better we make your child, the more Expensive, Time Consuming, and Dangerous it becomes.

<u>TEAM</u>	<u>Days/Week</u>	<u>Hrs./Wk</u>	<u>Hrs./Mo.</u>	<u>Tuition</u>
TOPS	1x/wk	1.5hrs/wk	6 hrs/mo	\$ 20.00
Boys Hot Shots	2x/wk	3 hrs/ wk	12 hrs/mo	\$110.00
Mini Team	3x/wk	4.5 hrs/wk	18 hrs/mo	\$180.00
Men's Level 4	3x/wk	11 hrs/wk	44 hrs/mo	\$227.00
Men's Level 5+	4x/wk	16 hrs/wk	64 hrs/mo	\$242.00
Girls Level 2	2x/wk	6 hrs/wk	24 hrs/mo	\$190.00
Girls Level 3	3x/wk	10 hrs/wk	40 hrs/mo	\$227.00
Girls Level 4	4x/wk	13.75 hrs/wk	55 hrs/mo	\$242.00
Girls Level 5	4x/wk	13.75 hrs/wk	55 hrs/mo	\$242.00
Girls Level 6	4x/wk	16 hrs/wk	64 hrs/mo	\$250.00
Girls Level 7+	5x/wk	20 hrs/wk	80 hrs/mo	\$275.00
Xcel Silver	2x/wk	7 hrs/wk	28 hrs/mo	\$190.00
Xcel Gold	3x/wk	11 hrs/wk	44 hrs/mo	\$227.00
Xcel Platinum	4x/wk	16 hrs/wk	64 hrs/mo	\$242.00
Xcel Diamond	4x/wk	16 hrs/wk	64 hrs/mo	\$242.00
* Home School 4 Day	4x/wk	21 hrs+/wk	84 hrs+/wk	* Reg. Tuition + \$50.00
* Home School A/B Day	Varies/ Level	Varies / Level	Varies / Level	* Reg. Tuition +\$40.00

EVERYONE ELSE FINANCIALS...

2. EGC Registration Fee = \$61.00 - paid online with Registration. Pays our liability / insurances
Early Registration: \$51.00 (save \$10.00) Register by Aug. 23rd.
- *3. USA Gymnastics Membership = \$63.00
 - A) First Explain—who is USA Gymnastics
 - B) Why you must become a Member. Insurances for attending other clubs and organizations sponsored thru sanction.
 - C) USAG's Black Eye—changes— Parents must NOW register directly. Not sure how it's going to work. Not necessarily happy about the changes.
 - D) Cost of Membership = 63.00 to ALL athletes—new & returning—
 - E) EGCPA used to pay for returning members. Now, can not. Will credit your account.
 - F) Explain why USAG Fee is \$63.00 the same as EGC's.
- ***
 - G) **I can not / will not Register your athlete if they are not on the School Year—Roster. As a result—you must register NOW—today, tonight, by the weekend. First meets are due now— Pink / Alex / Tim Weaver**
 - H: How to Register: Go to www.usagym.org— select Member Services— Become a Member /
4. **Booster Assessments:** (Covered in Booster Portion of Meeting) Level _____ = \$ _____ - This is the cost of your child entering a competition + a share of coaches expenses, team entry fees, EX: Social Security Tax. Meet Fees— Avg. \$90.00 x 7 Regular season competitions + Championships—will discuss specifics with Boosters portion of meeting.
5. Clothing... (approximate prices - exact prices depend on whether leo companies raised prices and bulk of the order) *Last year Prices (NEW SHEET PROVIDED) below is an example...

All Team wear is Custom made, and therefore no refunds.... (2019 Prices)
Men's Leo = \$ 60 / Men's Short = \$ 28 / Men's Pommel Pants = \$ 50 Men's Warm-ups pants \$40 / Jacket \$70
ALL Women's Teams (Mini thru Lev. 10) = Team Lightning Tank—\$50.00
Women's Level 2 / 3 / 4 / 5— Competitive Leo = \$ 106.00 / Team Lightning Leggings = \$42.00
Women's Level 4 & 5 thru Prep Opt— Comp. Leo = \$ 140.00 // Matching Warm-ups = \$ 165.00
Women's Opts. 6 to 7 = Optional Leo = \$138.00 // Warm-ups Jacket / \$120.00+ Pants - (\$25)??? Looking at New Design
Women's Opts: 8-10 = Optional Leo = \$340.00 // Warm-ups Jacket / \$120.00+ Pants - (\$25)??? Looking at New Design
Women's Level 4+ should own 2 pairs of Dowel Grips— Recommend— Reisport Uneven bar grips / Buckle with Dowel Available on most search engines online. Men—see Joe
6. MISC: Hotel & Travel Fees
Equipment— Home use stuff, Chalk, Tape, Grips... Choreography & Music - \$50 + music (\$50 - 70) - keep for 2 years

TIME COMMITMENT:

1. Practice Schedule: Time and attendance are extremely important! See Rules & Policies
2. Competitions - 6 to 10 per year depending on level. Example Schedule online... Competitions are Mandatory - High School / College Football Team example
3. Parades / Shows / Performances - **Attendance is Expected** - Important in inspiring and promotion of the sport.
4. See Chart of Practice Times—next page
5. NEW—Home School Option: Explain

DANGERS:

- The 3rd and important note to discuss. (double flip off the bars 5 nights a week) (we only make it look easy)
1. Safety is extremely important to us for many reasons. "Broken Arm Example" Discipline, Structure, Flexibility, Strength, Level Mobility - all extremely important.
 2. A. Safety Team - includes Owners / Coaches / Doctors / Parents... Ex. Family problems... spill into gym
 2. Minimize the risks: Proper eating / Proper clothing / Proper fitting grips / Proper attitude / Proper rest, Proper Medical care...
 3. "Athlete Status" - These athletes are the equivalent of top NCAA Football players, just are 9 years old...
 4. Gym outside of Gym - a) in the yard / b) other 'establishments'
 5. Dad or Mom - "The Coach!" - Please Don't!

TEAM	Mon	Tue	Wed	Thurs	Fri	Sat
TOPS ?						8:30—10:30am
M Hot Shots		4:00—5:30pm HC		4:00—5:30pm HC		
Mimi Team HC	4:00—5:30pm HC		4:00—5:30pm HC		4:00—5:30pm HC	
Mimi Team West		4:00—5:30pm West		4:00—5:30pm West	4:00—5:30pm HC	
W Lev. 2 West		4:00—7:00pm West		4:00—7:00pm West		
W Lev. 2 HC	4:00—7:00pm HC		4:00—7:00pm HC			
W Lev. 3 West		4:00—7:00pm West		4:00—7:00pm West	4:15—8:15pm W	
W Lev. 3 HC	4:00—7:00pm HC		4:00—7:00pm HC		4:15—8:15pm W	
W Lev. 4 West		4:00—7:00pm West		4:00—7:00pm West	4:15—9:00pm W	
W Lev. 4 HC	4:00—7:00pm HC	4:00—7:00pm West	4:00—7:00pm HC	4:00—7:00pm West	4:15—9:00pm W	
W Lev. 5 West	4:00—7:00pm HC	4:00—7:00pm West		4:00—7:00pm West	4:15—9:00pm W	
W Lev. 5 HC	4:00—7:00pm HC		4:00—7:00pm HC	4:00—7:00pm West	4:15—9:00pm W	
W Lev. 6	5:30—9:00pm HC		5:30—9:00pm HC		5:00—9:00pm HC	10:30—3:30pm HC
W Lev. 7+	5:30—9:00pm HC		5:30—9:00pm HC	5:30—9:00pm HC	5:00—9:00pm HC	10:30—3:30pm HC
M Lev. 4		5:30—9:00pm HC		5:30—9:00pm HC	4:15—8:15pm HC	
M Lev. 5+		5:30—9:00pm HC		5:30—9:00pm HC	4:15—8:15pm HC	10:30—3:30pm HC
Xcel Silver	5:30—9:00pm West		5:30—9:00pm West			
Xcel Gold	5:30—9:00pm West		5:30—9:00pm West		5:00—9:00pm HC	
Xcel Platinum	5:30—9:00pm West		5:30—9:00pm West		5:00—9:00pm HC	10:30—3:30pm HC
Xcel Diamond	5:30—9:00pm West		5:30—9:00pm West		5:00—9:00pm HC	10:30—3:30pm HC
Home School 4 Day	12:00—4:00pm HC	12:00—4:00pm West	12:00—4:00pm HC	12:00—4:00pm West	TBD	TBD
Home School “A Day”	12:00—4:00pm HC		12:00—4:00pm HC		TBD	TBD
Home School “B Day”		12:00—4:00pm West		12:00—4:00pm West	TBD	TBD

- Level Representation
- We don't like nor play the Phone Game. It is a small - inbred sport (think of it like WV) both at the gym and at meets.
- Social Media—Careful—both Parents & Gymnasts!!!

Team Policy - Go over

Show & Special Events — Highly Recommended / Gymnasts are Expected to support EGC events.

Times & Schedules change— It is the nature of the sport. Both at EGC and abroad = Nature of the sport



Meet Etiquette

Do Cheer

Do arrive early

Do watch what you say in the stands

Do hug your child and praise

Do pay attention to attire and hair

Do pay attention to dates and time changes

Do understand dates & time changes

Do pay attention to details

Don't Boo

Don't come late

Don't bad mouth another gymnast, team, parent or host club

Don't criticize nor critique

Don't come messy

Don't ignore emails nor gym notes

Don't badger the Secretary nor coaches

Don't delete one of my lengthy rants & see if you are one of the offenders

Biggest Problems -- Well meaning parents cause the greatest harm to their athletes and their careers. Pushing your child / Comparing your child / unrealistic expectations / too interested / not enough interest. A coaching friend said to me "My dream job is to coach for an orphanage!"

Coaching Staff: Minimum - Act 33/34 Clearance // NCIS Child Screening // CPR - First Aid // USA Gymnastics Professional Member // USA UNIV. -- U100 - Fundamentals of Gymnastics Instruction // USAG Safety & Risk Management // W-200 - Development Coaches Course - Hands on Training (HOTD) / Safe Sport Certified / Many have other courses & experiences as well

FAMILY:

Welcome to the Family ... No longer a customer of EGC, but Family member
10% of EGC Program— Pyramid Structure of Levels —> Gradual Build-up

Meet Season— Nov. thru May

Most Teams do approx 5-8 regular season meets including Stars & Stripes.

Travel increases as Level Increase—

Meets under consideration— Pink (Philadelphia) / Nickel City (Buffalo) / WVGTC (Morgantown) / Tiki (New Brighton Under the Big Top (New Castle) / Star's & Stripes (Erie) / Pittsburgh Northstars (Pittsburgh) /

Opts— / Manhattan Classic - NYC / Circle of Stars (Indianapolis) / Buckeye or Arnold (Columbus) / Rock & Roll - Gym World - Cleveland /

MENS - Tim Weaver (Hanover) / Pgh Northstars (Pittsburgh) / Gold Star (Niagara Falls) Stars & Stripes (Erie)

Arnold (Columbus) / Rochester Classic (Rochester NY) / G-Force (West Virginia) / Parkettes (Allentown)

Star's & Stripes— Home Meet— Jan. 15th– 17th, 2020 = Bayfront Convention Center - Mandatory Participation ???— our "Big" Fundraiser // All Parents help!

Questions???

LEVELS— Mobility? Is it normal to repeat levels? Tighter Restrictions this season.

FEAR—

Parents Club:

Many Changes... Trying to be a 501c Non Profit - Paper filed. With this comes many changes... some good, some bad. Work or Pay // SS Tax // Pay-up on time -- due // explain

*** Make sure you bring your questions or problems to the correct person - All EGC coaching decisions, payments to EGC, level... are EGC problems. All Assessment due, fundraiser, helping at S & S are booster issues. It is also EGC's problem IF you are not getting satisfaction or have problems with the Boosters.

* You are a voting member

* It's all fair— good people volunteering their time for the good of all. Take it easy on them and Thank Them. They are often just the messengers.

Philosophy

1. Athlete status
2. Challenge - No hold backs
3. Safety First
4. Provide Knowledgeable Staff
5. Provide Best of training equipment & facility
6. Challenge athletes to be the best.
7. To repetitiously drill fundamental / introduce new challenges / prevent burnout
8. To compete teams with respectable disciplines
9. To provide lifetime of fond memories and accomplishments
10. Adjectives of developmental gymnasts --
Devotion / Sportsmanship / Dedication / Loyalty / Prestige / Responsibility / Self-Respect / Accomplishment / Self Satisfaction /
Strong Work Ethic / Motivation / Pride / Self - Discipline / Over-coming obstacles / Drive / Determination / Good Health /

----- Advice to Parents --

1. NO Olympic Parents Wanted!
2. Encourage rather than demean
3. Do not attempt to understand how a judge derives your gymnasts score.
4. Don't bother with trying to understand the names of skills.
5. Do not coach your kid!!!
6. Cruel & unusual punishment applies to everything except gymnastics.
7. Keep your eyes closed and fingers crossed when your child's on beam or pommel.
8. Do not compare your child to the other kids.
9. We know that your gymnast is the best on the team, but we just keep the others so that we get discounts on clothing.
10. Find a carpool as soon as possible.
11. Gymnasts need extra calcium.
12. **Do not *&%\$# about me or members of the parents club - because it always gets back.**
13. Do not complain about expenses because you were warned.
14. Don't be angry if your child is sent home early, its just because we thought you would like to see him/her for awhile.
15. Freud, Jung, and other noted psychologists have never worked with gymnasts.
16. When "want" exceeds "fear" they will learn the skill.
17. There are less than 100 children in a fifty mile area that can do what your child can do!
18. There are less than 100 parents in the same 50 mile area willing to do what you do for your child!

Love Doug

LOL— Optional vs. Compulsory

PARENTS CLUB BUSINESS

- A) Intro the Booster Club Member
- B) Explain Purpose of Booster Club

Q & A Session



TEAM POLICIES

The following rules & policies will govern the members of the Team Lightning Competitive Teams. Some rules & policies have exceptions, but you must clearly inform the coach to any and all infractions or expected infractions of the rules.

1. All gymnasts are expected to attend ALL scheduled practice sessions and /or performances.
 - a) You or your parent are expected to call or text the Team Coach before practice if you are not planning to attend. At this time you will state your reason for not attending, how long you will be out. It is considered a common courtesy.
 - b) All Competitive meets and scheduled shows are mandatory. If in the case of an emergency, and you miss a meet or event that is funded or divided up by the parents club you are expected to pay for your child regardless of whether they participate or not. This includes injuries and illness as per USA Gymnastics Rules & Policies.
2. If an injury occurs, (whether gym related or not) unless the circumstances leave the child totally unable to perform any aspect of the sport, the gymnast is expected to attend practice. Ex. If the gymnast has a sprained ankle, they can still be present to work upper body strength, flexibility and conditioning. In the same sense, they should have specific instruction from their doctor as to what they can and can not do. We will NOT over-ride a doctors decision.
3. If a gymnast leaves practice early due to an injury, they must have a doctor's release to return to practice.
4. We are now required to keep records of injuries that require ice. If a gymnast has a persistent injury that requires ice more than 3 times - they are required to have a medical release to return to practice.
5. Gymnastics is a year round training sport, therefore, you must make the commitment to attend throughout the year. This will include summer workouts clinics and camps.
6. Make-ups/ Privates are to only be pre-scheduled with the staff & on an as needed basis.
 - A) Private lessons are only permitted for additional support / reinforcement. Ex. Coming back from an extended injury. They are NOT a substitute nor encouraged or permitted for make up of wanton unexcused absences.
 - B) Private lessons with individual coaches are available. Each coach may have own rate of charge. These may be scheduled with the coach of your choice. Rates vary from \$20.00 - \$50.00 per hour and are subject to availability. No Coach is permitted to be alone with any athlete, thus if another coach or office person is not present, a parent must remain.
8. DRESS CODE: The dress code will be strictly enforced.
 - A) Jewelry: No earrings, jewelry, friendship bracelets/anklets or metal/plastic decorations or strings / Nose rings or exotic piercings. DO NOT leaving valuable or money in their coats or boxes.
 - B) Clothing: No loose clothing--oversized t-shirts, baggies, Jams, Umbros or string shorts. ... Leotard's are the preferred dress. Sports bras & crop top shirts are frowned upon.
 - C) Men's Clothing: All boys must wear a T-Shirt / Compressions Shirt / gym shorts or pommel pants.
 - D) Grips: Competitive team members Lev 4+ will be required to have a good set of bar grips, and for men, both bar & ring grips. I recommend strip grips with dowels and buckle fasteners. I also recommend having 2 sets of grips / 'broken in' and useable.
 - E) Health Habits: All gymnasts are to practice good health habits at the gym and outside the gym. The health and safety of the athlete is crucial to proper training.
 - F) The image of team, sport, and athletes are crucial as well. Athletes are expected to conduct themselves in a sportsmanlike manner both in the gym, at competitions and events, on Social Media, and in public.
 - G) Grades: Gymnasts are expected to maintain good grades at school. Most of the Coaches like to see the progress of our athletes at school, and may request to see their report cards. This is to help aid you the parent in setting high expectations not only for athletics, but academics as well.
 - H) Nutrition & Weight: Gymnasts are expected to eat nutritious meals - and maintain a healthy weight conducive to safe training. Proper weight is maintained by eating properly & exercising adequately. Seeing they exercise vigorously here, the nutrition end is up to and under the parents control. We suggest well balanced meals in moderate portions. We also suggest a diet low in a) visible fats / b) prepared meats / c) fried foods. Fad diets and eating disorders are forbidden, as they are NOT healthy nor conducive towards safety.
 - I) Hygiene: Gymnasts are expected to practice good hygiene and always be well groomed.
 - J) Adulthood: Due to the fact that these young children turn into men & women during the course of their training lives here, please have that little talk with them at home. Please provide them with deodorant & hygiene products as necessary.
9. Tuition is due on the first practice of the month. Due to numerous problems and the new computer billing system - all late penalties will be enforced!

TEAM POLICY CONT.

10. All gymnasts must 'have' (consistently perform without spot) ALL the required skills for their level before they can compete that level.

11. Gymnastics involves risks, and can be dangerous. Because of this, Horseplay is not permitted in the gym. The team levels involve more risks, and thus are more dangerous. Because of the serious nature, the team coach's require more discipline & self-discipline. This Gymnasts are expected to listen to the coaching staff and to follow all directions the first time they are given! Little tolerance is allowed for attitudes.

12. Gymnasts / Parents are responsible for taking home all messages and notes. The vast majority of correspondence will occur through email and or text. However, you are responsible for reading / responding to these. Due to the nature of the sport, times for competitions & even practice times are altered with very little notice. Please constantly check & be aware of sudden changes in times & dates.

13. Cell Phones are NOT permitted to be used during practice time. We do not encourage gymnasts to bring phones to practice, (and are NOT responsible if they are lost, stolen, or broken) however we do realize this is often how many parents communicate with their children—especially concerning ride changes.... However a recent trick is to ask for a break between events or bathroom break where they take their phones to catch up on social media. NO, and if caught will be sent home.

14. SOCIAL MEDIA: Social Media is developing as we speak, and many rules & regulations have not kept up with the evolution. However, well intended Social Media was designed to be, there is a very dark side and there are dangers to using this form of media.

A) Gymnasts AND Parents of Team Lightning Gymnasts = with Social Media accounts are expected to follow the above rules involving sportsmanship. They are NEVER permitted to speak ill / bully / troll / or post derogatory comments about EGC, staff members, other Team Members, Judges, athletes from other clubs or clubs themselves.

B) Gymnasts are not permitted to post derogatory pictures / posts — involving Drugs / Alcohol / Sexually explicit... images. Please understand that especially the older boys & girls on the team are idols and heroes to the younger members. As a result, younger athletes often 'friend' the older athletes and follow them on social media. What they say & do at 15 years old with their friends may not be appropriate for the younger athletes who follow them.

C) A new rule was posted by USAG, then edited, and really I am not sure of the exact interpretation at the moment. However the initial rule was... NO Coaches should be 'friends' with athletes. However this is often very complicated in that some of our coaches are related to the gymnasts, long time family friends.... It is the intention that matters here. Child predators use Social Media to become close to children. The internet / social media is a commonly used tool. We do not want to encourage in any way situations of this nature, so as thus, we only allow coaches to communicate via open groups where it is easily monitored by the parents. Ex. Level 4 Parents Group or EGC Facebook account. Please do not be offended if a coach does not respond to your child's 'friend request.

D) Parent Social Media / Texting / Gossip... derogatory to the club is NOT permitted. On more than one occasion, screen shots of texts / emails / posts are sent to me from either misguided parents caught in the phone tag game or momentarily lose their sense of discretion and (I/we) get harmful, slanderous, hurtful comments posted thru Social Media. Often the story is wrong, "fake news", misunderstood, or exaggerated... however still come in as hurtful and harmful to the club, the team, and its members... This will not be tolerated, and your child's membership will be revoked. If ever you feel like you or your child was cheated, mistreated, treated unfairly... you are to contact Tina or I immediately to resolve the issue. You are not to spout it out across the internet to solve your problem.

15. All Team Members & PARENTS must conduct themselves in a sports (wo)man like behavior at all times. (These rules are direct from USAG Rules and Policies for Meet Behavior. Gymnasts are also to conduct themselves in this manner at practice.

16. Gymnasts are expected to give their best at practices and meets. This is NOT a lazy sport. This is not a Social nor Recreational Activity. The gymnasts are expected to try to become the best they can be and give the best they can give. Lack of effort or progress due to lack of effort will result in lowering of level, suspension or dismissal of the team.

Infractions of the rules will result in a review of the infraction and an appropriate consequence of that action. That may include:

- A) physical penalty—Ex. Climb the rope / push ups....
- B) Time Out
- C) Parent / Coach Meeting
- D) Loss of privileges such as attending Meets / Special functions or performances
- E) Demotion of Level
- F) Suspension
- G) Termination of Membership

Weekend	Meet Name	Host Club	City	L2	L3	L4	L5	L6	X	L7	L8	L9	L10	Men
Mar. 5-7	PA Men's State Championships	?												
Mar. 6														
Mar. 12-14	Level 7 State Championships	Xquisite (in gym)	Cranberry Twp., PA							<input type="checkbox"/>				
Mar. 19-21	Level 8 State Championships	Prestige (in gym)	Lancaster, PA								<input type="checkbox"/>			
Mar. 26-28	Level 9/10 State Championships	Parkettes (in gym)	Allentown, PA									<input type="checkbox"/>	<input type="checkbox"/>	
Apr. 2-4	Easter Holiday	Closed	Easter Break											
Apr. 9-11	Marvelous Masquerade	GymSport	Pittsburgh, PA											
Apr. 9-11	Level 6 State Championships	Girl's CoOp (in gym)	Bethlehem, PA					<input type="checkbox"/>						
Apr. 7-11	Men's Regional Championships		West Point, NY											
Apr. 16-18	Level 5 State Championships	KMC (in gym)	Philadelphia, PA				<input type="checkbox"/>							
Apr. 17														
Apr. 24														
Apr. 30—May 1	Xcel State Championships	Centre Elite	State College, PA						X					
May 7-9	Level 4 State Championships	Team Lightning	Erie, PA			<input type="checkbox"/>								
May 14-16	Level 3 States	Dynamats	Williamsport, PA		<input type="checkbox"/>									
Nov. 15-17	Tim Weaver / Battlefield Inv.	Hanover	York, PA					<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		