

Hahnemann Medical Clinic

Name		Date of Birth	
Address			
City, State, Zip			
Email			
Tel #		Cell / Home	
Tel #		Cell / Home	

I voluntarily consent to elective procedure involving subcutaneous administration of Tirzepatide or peptides (henceforth referred to as Tirzepatide injections) by Nancy Herrick PA and/or Roger Morrison, MD of Nevada County, CA. In as much as I have indicated a desire to undergo treatment with Tirzepatide or peptide injections, the method of administration, the mechanisms of action, the purposes for its administration in my particular case, the potential for benefit, and the potential for harmful side effects have been fully disclosed to me by direct discussions and/or written documentation. It is now my purpose to stipulate my full and complete understanding with reference to Tirzepatide or peptide injections, and to remove any legal liabilities from Hahnemann Medical Clinic, physicians, PA's, employees, and staff, regardless of the outcome of this procedure.

Also while the value of peptide injections has been noted in scientific monographs, their value is not expressly recognized by the United States Food and Drug Administration (FDA) and its use in medical treatment via oral delivery or subcutaneous injection, is considered nonstandard treatment by the medical community, with the exception of some physicians who practice integrative, functional or nutritional medicine. I am aware that nutritional therapies and injections are considered "experimental", and may be considered unsupported by traditional medical research, and may be considered unsupported.

Potential Risks, Adverse Reactions and Contraindications

Like any treatment, subcutaneous injections carry some risk of side effects. While adverse events are unusual, I understand that I could experience side effects, some of which are common, such as discomfort at the injection or infusion site or temporary bruising may occur at the site of injection.

While swelling and minor bruising can happen after a shot, they usually get better within a day or so. If swelling and discoloration persist, it may be the sign of an infection. I understand that I may need to seek medical care if my side effects do not abate on their own.

While the vitamin and peptide preparations are comprised of natural substances, all treatment substances pose some risk of allergic reactions. Allergic reactions to the natural substances are unusual and are usually restricted to the injection site. Other side effects may occur (but are not limited to): dizziness, headaches, change in blood pressure, and bleeding/irritation at the injection site.

I understand that, as with any health treatment, there is no guarantee that I will obtain satisfactory results. If I am currently being treated for a medical condition, or have symptoms which suggest a medical condition may be present, I have been informed that it is in my best interest to discuss potential alternative methods of treatment for my condition with my primary care physician or an appropriate specialist before as well as during the course of my treatments at Hahnemann Medical Clinic. I understand the use of this procedure does not preclude me from using other treatments as well, though I recognize that I should inform any practitioners I am seeing about the various treatments I am using.

I acknowledge that if I am pregnant, have any issue with blood pressure, kidney stones, kidney conditions, anemia, G6PD deficiency, high levels of parathyroid, cardiovascular conditions, and/or a heart condition, that I need to inform Hahnemann Medical Clinic staff before undergoing any nutritional therapies and injections.

I am aware that when medications are taken in conjunction with Tirzepatide therapy that drug interactions may occur. These interactions can block the absorption of vitamins or medications into the body. If I am taking medications, I need to consult with my primary physician and obtain approval and also written authorization prior to receiving therapy and injections from Hahnemann Medical Clinic. These medications include, but are not limited to: Heparin, Antithrombin, Argatroban, Aspirin, Ibuprofen, Dipyridamole, Bivalirudin (Angiomax), Clopidogrel (Plavix), Warfarin (Coumadin), NSAIDS, Birth Control pills, HRT(hormone replacement therapy).

Terms of Consent

I am aware that peptide therapy and injections and any claims made about these have not been evaluated by the FDA, and is not intended to diagnose, treat, cure, or prevent any medical disease or condition. This therapy and injections are not a substitute for standard medical care.

I understand that Tirzepatide and peptide injections requires inserting a needle through my skin into fat tissue. I understand the risks and benefits associated with this.

Insurance companies are likely to consider peptide therapy and injections to be non-covered as an experimental therapy, or to deny claims for this therapy as non- standard

care or as not medically necessary. Also, most insurance companies will not cover my Tirzepatide injections. I understand that I am financially responsible for this therapy.

I hereby consent to Tirzepatide or peptide therapies and injections and certify that I understand the nature of this procedure, including the risks of possible complications and choices I may have about other approaches, and I assume those risks about which I have been informed. I have been adequately informed, and questions I have asked have been satisfactorily answered. I represent that I am seeking treatment in order to further my own health and for no other reason and do not represent a third party. I am aware that I may withdraw this consent and stop this therapy at any time. I have voluntarily elected to undergo Tirzepatide or peptide injection with Hahnemann Medical Clinic.

Hahnemann Medical Clinic cannot offer Tirzepatide or peptide injections to you except upon the condition that you release Hahnemann Medical Clinic, including its owners, physicians, PA's, employees, and staff from any legal responsibility for harm resulting from any of our injections, and your signature on this informed consent will constitute a full and final release of our medical-legal responsibility including complications, side-effects, or damages resulting from the administration of Tirzepatide or peptide therapies, or other natural substances.

- I have read and agreed to the Hahnemann Medical Clinic Consent Form, and consent to treatment by Hahnemann Medical Clinic of Nevada City, CA.

Do you currently have or had a history of:

<input type="radio"/> CHF/Cardiac Disease	<input type="radio"/> Chest Pain/Angina
<input type="radio"/> Abnormal EKG	<input type="radio"/> Bleeding Disorders
<input type="radio"/> Stroke	<input type="radio"/> Kidney Disease
<input type="radio"/> Kidney Stones	<input type="radio"/> Sickle Cell Anemia
<input type="radio"/> G6PD Deficiency	<input type="radio"/> Diabetes
<input type="radio"/> Cancer	<input type="radio"/> Pancreatitis
<input type="radio"/> HRT (Hormone Replacement Therapy)	<input type="radio"/> Gall Bladder Disease
<input type="radio"/> Thyroid Tumor or Cancer	<input type="radio"/> Birth Control Pills
<input type="radio"/>	<input type="radio"/>

Are you currently taking any of the following medications:

<input type="radio"/> Heparin	<input type="radio"/> Antithrombin
<input type="radio"/> Dipyridamole (Angiomax)	<input type="radio"/> Clopidogrel (Plavix)
<input type="radio"/> Warfarin (Coumadin) or other blood thinners	<input type="radio"/> Digoxin
<input type="radio"/> Steroids or Hormones	<input type="radio"/> Diuretics
<input type="radio"/> Other	<input type="radio"/> None of the above

NAME PRINTED _____

SIGNATURE _____ DATE _____

Tirzepatide Fact Sheet

Why am I overweight?

Many patients have asked us this question through the years and we have counseled them on diet, exercise, “keto”, intermittent fasting, and many other worthy efforts to reverse the weight. Many patients benefit from homeopathy in every way BUT the weight.

What’s going on?

Recent studies make clear that the obesity epidemic (now affecting over 50% of adults) has little to do with diet or exercise. Modern people are continuing to gain weight despite eating less and exercising more. In fact our bodies are resisting weight loss in many ways. For example, the average body temperature has dropped from a “normal” of 98.6 to somewhere below 97. This means that we have to eat far less than people of only one generation ago — and that’s only 1 factor. But the parts of the brain that tell us when we are full have not changed. When we eat less, instinctive parts of our brain resist by increasing our cravings. Our bodies fight us every step of the way. There have been no effective treatments for obesity until recent years with a group of medications including Semaglutide and Tirzepatide. Our studies indicate that Tirzepatide has a lower side-effect profile and we have found a way to make it available to our patients.

Who should take Tirzepatide?

Patients with weight issues and obesity are candidates for Tirzepatide.

Tirzepatide can increase healthy life expectancy in obese patients (defined as BMI over 30). *

In Type II diabetes associated with being over weight, Tirzepatide can return blood sugar to normal and help people reduce or stop medications being used to treat the diabetes.

Tirzepatide can help reverse abnormal lipids and reverse metabolic syndrome.

Tirzepatide can help people who are over-weight (defined as BMI from 24.9 to 30). * Tirzepatide should be considered when there are signs that weight gain is putting you at risk of more serious conditions:

- Arthritis such as back, hip and knee pains — often from from excess weight putting stress on joints.
- High blood pressure and high cholesterol or lipids.
- Metabolic Syndrome — elevated or borderline blood sugar levels.
- Early heart troubles.

Tirzepatide is not something you should take simply to look better. Rather it is for people who have struggled with weight and the weight is having or at risk of having medical consequences.

* BMI (body-mass Index) is a rough guide to your weight status. Millions of websites can help you calculate your BMI. It is far from perfect but gives an indication of whether you should try to lower your weight.

How does Tirzepatide work?

These medications work in a variety of ways to help normalize blood sugar, improve insulin response, lower the appetite and slow stomach emptying. Most patients lose 10 to 20% of their body weight within 1 year on the medication.

How do I begin Tirzepatide?

To begin, fill out the Tirzepatide intake form (you can down download this from our website, www.herrickmorrison.com or our office manager Lina can forward you a copy). We will double check you do not have any contraindications for the medication. Then we will do an intake interview to go over the treatment and questions. Once we decide together that Tirzepatide is right for you, we will send the medication to you.

How long do I stay on the medication?

People who go off the medication begin to regain weight. Strategies to keep people on lower (“maintenance”) doses are being tested. It is a long-term treatment.

How much does the medication cost?

The insurance industry is changing rapidly in regard to payment for Tirzepatide. Ask your primary doctor and your insurance company if you can get coverage because the medication is expensive (about \$1000 per month). Going through compounding pharmacies we are able to make the treatment a bit more affordable. The first level dose is \$410 for a 1 month supply. The second level is \$720 for a 1 month supply.

How do you take the medication?

The weekly dose is a self-administered injection just under the skin. You receive pre-filled syringes with just the right dose. Pinch an inch of the fat near your belly button and cleanse it with the alcohol pad. The pre-filled syringe has a tiny needle which you stick into the skin you pinched — stick it in to the hilt then inject the dose. That's it. No more needles for another week.

What are the side effects?

Most of the side-effects are gastrointestinal: Constipation. Indigestion and heartburn. Bloating and belching. Abdominal cramping. Diarrhea. Nausea and vomiting. Also blurred vision and increased heart rate can occur. Rare cases of gallstone attacks and pancreatitis have occurred. There are also possible complications from the Tirzepatide causing decrease absorption of other medications. Make sure you list all of your medications on the intake form so we can screen for that. Most people acclimate to the medication quickly.

Medications known to interact with Tirzepatide Note: Showing generic names only

A		
acetazolamide	amoxapine	
acetoexamide	amphetamine	
acrivastine	amprenavir	
albiglutide	angiotensin II	
albuterol	arformoterol	
alclometasone topical	aripiprazole	
aloe vera	armodafinil	
alogliptin	asenapine	
alpelisib	asparaginase erwinia chrysanthemi	
amcinonide topical	asparaginase escherichia coli	
aminophylline	atazanavir	
amiodarone	atomoxetine	
amisulpride	atropine	
amitriptyline	azatadine	
amobarbital		
B		
beclomethasone	biperiden	
belladonna	bitolterol	
bendroflumethiazide	bortezomib	
benzphetamine	brentuximab	
benzthiazide	brexpiprazole	
benztropine	brigatinib	
betamethasone	brompheniramine	
betamethasone topical	bumetanide	
bexarotene		

Medications known to interact with Tirzepatide Note: Showing generic names only

C		
caffeine	clarithromycin	
calaspargase pegol	clemastine	
carbamazepine	clidinium	
carbinoxamine	clobetasol topical	
cariprazine	clocortolone topical	
ceritinib	clomipramine	
chloral hydrate	clozapine	
chlorcyclizine	codeine	
chlorothiazide	conjugated estrogens	
chlorotrianisene	conjugated estrogens topical	
chlorpheniramine	copanlisib	
chlorpromazine	corticotropin	
chlorpropamide	cortisone	
chlorthalidone	cosyntropin	
chromic chloride hexahydrate		
chromium picolinate	cyclizine	
cinnamon	cyclobenzaprine	
cinoxacin	cyclosporine	
ciprofloxacin	cyproheptadine	
D		
daclatasvir	dienestrol topical	
danazol	diethylpropion	
darifenacin	diethylstilbestrol	
darunavir	diflorasone topical	

Medications known to interact with Tirzepatide Note: Showing generic names only

deflazacort	digitoxin	
delafloxacin	digoxin	
desipramine	dimenhydrinate	
desonide topical	diphenhydramine	
desoximetasone topical	disopyramide	
desvenlafaxine	divalproex sodium	
dexamethasone	dobutamine	
dexamethasone ophthalmic	dofetilide	
dexamethasone topical	dopamine	
dexbrompheniramine	doxapram	
dexchlorpheniramine	doxepin	
dexfenfluramine	doxepin topical	
dexmethylphenidate	doxylamine	
dextroamphetamine	drospirenone	
diazoxide	dulaglutide	
dichlorphenamide	duloxetine	
dicyclomine	dyphylline	
E		
enfortumab vedotin	estropipate	
enoxacin	estropipate topical	
ephedrine	ethacrynic acid	
epinephrine	ethanol	
esterified estrogens	ethinyl estradiol	
estradiol	etonogestrel	
estradiol topical	everolimus	
estramustine	exenatide	

Medications known to interact with Tirzepatide Note: Showing generic names only

estrone		
F		
felbamate	fluphenazine	
fenfluramine	flurandrenolide topical	
fesoterodine	flurazepam	
flavoxate	fluticasone topical	
flecainide	formoterol	
fludrocortisone	fosamprenavir	
fluocinolone topical	fosphenytoin	
fluocinonide topical	furosemide	
G		
gatifloxacin	glycopyrrolate	
gemifloxacin	goserelin	
ginseng	green tea	
glimepiride	grepafloxacin	
glipizide	guarana	
glyburide		
H		
halcinonide topical	hydrocortisone topical	
halobetasol topical	hydroflumethiazide	
haloperidol	hydromorphone	
histrelin	hydroxyprogesterone	
hydrochlorothiazide	hydroxyzine	
hydrocortisone	hyoscyamine	

Medications known to interact with Tirzepatide Note: Showing generic names only

I		
iloperidone	insulin glulisine	
imipramine	insulin inhalation, rapid acting	
indacaterol	insulin isophane	
indapamide	insulin lispro	
indinavir	insulin lispro protamine	
insulin	insulin regular	
insulin aspart	insulin zinc	
insulin aspart protamine	insulin zinc extended	
insulin degludec	isoetharine	
insulin detemir	isoniazid	
insulin glargine	isoproterenol	
L		
lanreotide	liotrix	
lemborexant	liraglutide	
leuprolide	lisdexamfetamine	
levalbuterol	lithium	
levofloxacin	lixisenatide	
levomilnacipran	lomefloxacin	
levonorgestrel	lonapegsomatropin	
levothyroxine	lorcaserin	
levothyroxine / liothyronine	loxapine	
linagliptin	lumateperone	
liothyronine	lurasidone	

Medications known to interact with Tirzepatide Note: Showing generic names only

M		
ma huang	methoxamine	
maprotiline	methscopolamine	
mazindol	methyclothiazide	
meclizine	methylphenidate	
medroxyprogesterone	methylprednisolone	
megestrol	methylprednisolone topical	
melatonin	metolazone	
mepenzolate	mexiletine	
meperidine	midodrine	
mephentermine	midostaurin	
mephobarbital	milnacipran	
mesoridazine	modafinil	
metaproterenol	molindone	
metaraminol	mometasone topical	
methadone	morphine	
methamphetamine	moxifloxacin	
methazolamide	mycophenolate mofetil	
methdilazine	mycophenolic acid	
methotrimeprazine		
N		
nalidixic acid	norepinephrine	
nateglinide	norethindrone	
nelfinavir	norfloxacin	
niacin	norgestrel	

Medications known to interact with Tirzepatide Note: Showing generic names only

niacinamide	nortriptyline	
O		
octreotide	orlistat	
ofloxacin	orphenadrine	
olanzapine	oxtriphylline	
olodaterol	oxybutynin	
omacetaxine	oxycodone	
P		
paliperidone	polythiazide	
paraldehyde	prednicarbate topical	
pasireotide	prednisolone	
pegaspargase	prednisone	
pegvisomant	primidone	
pemoline	procainamide	
pentamidine	prochlorperazine	
pentazocine	procyclidine	
perphenazine	progesterone	
phendimetrazine	progesterone topical	
phenindamine	promazine	
phenobarbital	promethazine	
phentermine	propafenone	
phenylephrine	propantheline	
phenylpropanolamine	propiomazine	
phenytoin	propoxyphene	
pimozide	protriptyline	

Medications known to interact with Tirzepatide Note: Showing generic names only

pirbuterol	pseudoephedrine	
pitolisant	pyrilamine	
Q		
quetiapine	quinidine	
quinestrol		
R		
racepinephrine	ritodrine	
repaglinide	ritonavir	
risperidone		
S		
salmeterol	sodium oxybate	
saquinavir	sofosbuvir	
saxagliptin	solifenacin	
scopolamine	somapacitan-beco	
secobarbital	somatrem	
semaglutide	somatrogon	
sermorelin	somatropin	
sibutramine	sotalol	
simeprevir	sparfloxacin	
sirolimus	sucralfate	
sirolimus protein-bound	suvorexant	
sitagliptin		
T		

Medications known to interact with Tirzepatide Note: Showing generic names only

tacrolimus	torseamide	
tagraxofusp	tramadol	
tapentadol	triamcinolone	
temazepam	triamcinolone ophthalmic	
temsirolimus	triamcinolone topical	
teprotumumab	triazolam	
terbutaline	trichlormethiazide	
tesamorelin	trifluoperazine	
theophylline	triflupromazine	
thiethylperazine	trihexyphenidyl	
thioridazine	trimeprazine	
thiothixene	trimipramine	
thyroid desiccated	tripelennamine	
thyrotropin alpha	triprolidine	
tipranavir	triptorelin	
tolazamide	trospium	
tolbutamide	trovafloxacin	
tolterodine	turmeric	
V		
valproic acid	viloxazine	
vamorolone	vorinostat	
venlafaxine		
W		
warfarin		

Medications known to interact with Tirzepatide Note: Showing generic names only

Z		
zaleplon	zolpidem	
ziprasidone		

Tirzepatide disease interactions

There are 5 disease interactions with tirzepatide which include:

- thyroid cancer
- acute kidney injury
- pancreatitis
- retinopathy
- severe GI disease

Tirzepatide and Alcohol/Food Interactions

Caffeine Tirzepatide Moderate Drug Interaction

Tirzepatide can cause an increase in heart rate and may have additive effects with other medications that can also increase heart rate such as caffeine. There are times when an elevated heart rate is appropriate, like when you are exercising. However, you should contact your doctor if you notice that your heart rate is high at other times for unknown reasons or if it is occurring frequently. Signs and symptoms of an elevated heart rate may include a sensation of a racing or pounding heartbeat, chest pain, shortness of breath, or a heart rate greater than 100 beats per minute in an adult. It is important to tell your doctor about all other medications you use, including vitamins and herbs. Do not stop using any medications without first talking to your doctor.

Alcohol (Ethanol) Tirzepatide Moderate Drug Interaction

Talk to your doctor before using ethanol together with tirzepatide. Alcohol may affect blood glucose levels in patients with diabetes. Both hypoglycemia (low blood sugar) and hyperglycemia (high blood sugar) may occur, depending on how much and how often you drink. You should avoid using alcohol if your diabetes is not well controlled or if you have high triglycerides, neuropathy (nerve damage), or pancreatitis. Moderate alcohol consumption generally does not affect blood glucose levels if your diabetes is under control. However, it may be best to limit alcohol intake to one drink daily for women and two drinks daily for men (1 drink = 5 oz wine, 12 oz beer, or 1.5 oz distilled spirits) in conjunction with your normal meal plan. Avoid drinking alcohol on an empty stomach or following exercise, as it may increase the risk of hypoglycemia. It is important to tell your doctor about all other medications you use, including vitamins and

Tirzepatide Food Moderate Food Interaction

Tirzepatide may affect the absorption of other medications that you take by mouth. In some cases, this may affect how well and/or how fast those medications work, or it may make no difference. Talk to a healthcare provider if you have any questions or concerns, and contact your doctor if your symptoms worsen or your condition changes. It is important to tell your doctor about all other medications you use, including vitamins and herbs. Do not stop using any medications without first talking to your doctor.