

SHAMROCK DASH

St Patrick's Day Parade 5k Walk/Run

**Saturday March 14, 2020, Registration begins 8:15 am
Race begins at 9 am**

Registration Form

Registration fee is \$20.00. Make checks payable to:

Mt. Nebo St Patrick's Day Parade

Mail Entry to: Cindi White 1480 Irish Street Summersville WV 26651

DO NOT MAIL YOUR ENTRY WITHIN 7 DAYS OF RACE!! BRING TO EVENT

Name _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____

Email address _____

Age _____ Male _____ Female _____ Run _____ Walk _____

Please circle your divisions:

12 & under 13-19 20-29 30-39 40-49 50-59 60-69 70 & Older

Release and waiver (Please Read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and inconsideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation.

The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or an other record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature

Date