

## **Track Fit Summer Program Dress Code:**

### **1. General Attire:**

- Comfortable, weather-appropriate clothing suitable for physical activities and outdoor play.
- T-shirts or tank tops and shorts are recommended.
- No offensive graphics or language on clothing.

### **2. Footwear:**

- Closed-toe athletic shoes are mandatory for safety during physical activities.
- No flip-flops, crocks or sandals.

### **3. Special Activity Days:**

- Sewing and Arts & Crafts:
  - Wear old clothing that can get dirty or stained.
- Fitness:
  - Athletic wear such as leggings, gym shorts, and breathable tops.
- Video Interviews and Fashion Show Preparation:
  - Encouraged to dress nicely for confidence in front of the camera.
- Etiquette Classes:
  - Black dress / formal attire is required to practice proper etiquette and presentation skills.

### **4. Personal Hygiene:**

- Morning baths are encouraged; please ensure children take a bath before coming to camp.

### **5. Prohibited Items:**

- No revealing or excessively baggy clothing.
- No jewelry or accessories that may cause injury during activities.

For any questions regarding the dress code or specific activities, please contact the program coordinator.