

# **Our Impact:** by the numbers, 2025

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- 2025: our first year
- 123 live meditations
- 14 newsletters published
- 42 email subscribers
- 6 free online resources published
- 2 events: evening meditation at Mother Lion and evening walking meditation and fire at the farm
- 1 sutta studied
- 1 week of commit to sit (Mettā in May)

Income (donations/dāna)	\$1,559
Expenses	
Mother Lion retreat	\$352.67
Business expenses (Zoom subscription, website, insurance, WI fees, etc.)	\$619.69
Healium rent	\$375.00
Training	\$155.09
Net Income	\$56.55

