

Post-Surgical Discharge Instructions: Cat Neuter Procedure

Thank you for trusting us with your pet's care. Proper post-surgical care is essential for a smooth recovery. Please follow the instructions below, and contact us if you have any questions or concerns.

Activity Restrictions

Restriction Level: Mild to Moderate

Your pet's activity should be limited for the next **7 to 10 days** to ensure proper healing and prevent complications.

- **Keep your cat indoors** to prevent excessive movement and exposure to dirt or bacteria.
- **No running, jumping, or rough play** during the recovery period.
- We strongly recommend an **Elizabethan collar (e-collar)** to prevent licking or chewing at the surgical site.

Re-Evaluation Appointments

Most cat neuters do not require a follow-up visit, but we recommend monitoring the incision site closely. A check-up may be needed if you notice any concerns such as swelling, redness, or discharge.

Pain Management

Your pet was provided with pain medication if deemed necessary. Please follow the given instructions carefully. **Do not administer human pain medications such as Aspirin or Tylenol, as these can be toxic to cats.**

If you have any concerns about your pet's pain level, please contact us.

Anesthesia Recovery

Your pet may be **groggy or disoriented** for the next 12 hours due to anesthesia. During this time:

- Assist your pet when moving, as coordination may be temporarily affected.
- Your cat may **vocalize, pace, or appear disoriented**—this can last up to 6-8 hours.
- **Monitor food and water intake**; small amounts are recommended initially.

- Keep children and other pets away from your cat for at least 18-24 hours.
- A mild **sore throat or cough** may occur due to the anesthesia tube but should resolve within 24 hours.

If abnormal behavior persists beyond 24 hours, contact us immediately.

Incision Care

Your cat has a small surgical incision that must be monitored daily:

- **Check the incision site daily** for redness, swelling, or discharge.
 - A **small amount of redness and swelling** is normal, but increased inflammation or drainage should be reported.
 - **Do not allow licking or biting of the incision**—use an e-collar if needed.
 - **No baths or swimming** until the incision is fully healed (at least 10 days).
 - **Do not clean the incision with hydrogen peroxide**—use warm, soapy water if necessary.
-

When to Contact Your Veterinarian

Please call or text us if your pet experiences any of the following:

- **Vomiting or diarrhea**
- **Loss of appetite** for more than 24 hours
- **Pale gums**
- **Discharge or bleeding** from the incision
- **Difficulty urinating**
- **Labored breathing**
- **Lethargy lasting more than 24 hours**

If you notice any of these signs, contact us immediately at **606-392-2030**.

We appreciate your commitment to your pet's recovery and are here to help every step of the way!