

Post-Surgical Discharge Instructions: Mass Removal

Thank you for trusting us with your pet's care. Proper post-surgical care is essential for a smooth recovery. Please follow the instructions below, and contact us if you have any questions or concerns.

Activity Restrictions

Restriction Level: Moderate to Severe

Your pet's activity should be strictly limited for the next **10 to 14 days** to allow proper healing and prevent complications.

- **No running, jumping, or rough play.**
- **Dogs:** Leash walks only—no off-leash activity.
- **Cats:** Keep strictly indoors.
- **Prevent interaction with other pets** to avoid roughhousing or licking of the incision.
- We strongly recommend an **Elizabethan collar (e-collar)** to prevent licking or chewing.
- **Trazodone** may be prescribed for calming if needed.

Re-Evaluation Appointments

A follow-up visit is recommended in **10 to 14 days** for:

- Suture/staple removal (if applicable)
- Incision check-up
- Drain removal (if applicable)
- Additional follow-ups if needed

Please schedule your pet's recheck appointment before leaving today.

Pain Management

Your pet was provided with pain medication. Please follow the given instructions carefully. **Do not administer human pain medications such as Aspirin or Tylenol, as these can be toxic to pets.**

If you have any concerns about your pet's pain level, please contact us.

Anesthesia Recovery

Your pet may be **groggy or disoriented** for the next 12 hours due to anesthesia. During this time:

- Assist your pet when moving, as coordination may be temporarily affected.
- Your pet may **vocalize, pace, or appear disoriented**—this can last up to 6-8 hours.
- **Monitor food and water intake**; small amounts are recommended initially.
- Keep children and other pets away from your pet for at least 18-24 hours.
- A mild **sore throat or cough** may occur due to the anesthesia tube but should resolve within 24 hours.

If abnormal behavior persists beyond 24 hours, contact us immediately.

Incision Care

Your pet has a surgical incision that must be monitored daily:

- **Check the incision site daily** for redness, swelling, or discharge.
 - A **small amount of redness and swelling** is normal, but increased inflammation or drainage should be reported.
 - **Do not allow licking or biting of the incision**—use an e-collar if needed.
 - **No baths or swimming** until the incision is fully healed (at least 10-14 days).
 - **Do not clean the incision with hydrogen peroxide**—use warm, soapy water if necessary.
 - **Seromas (fluid buildup) may occur** and should be monitored for changes.
-

When to Contact Your Veterinarian

Please call or text us if your pet experiences any of the following:

- **Vomiting or diarrhea**
- **Loss of appetite** for more than 24 hours
- **Pale gums**
- **Discharge or bleeding** from the incision
- **Difficulty urinating**
- **Labored breathing**
- **Lethargy lasting more than 24 hours**

If you notice any of these signs, contact us immediately at **606-392-2030**.

We appreciate your commitment to your pet's recovery and are here to help every step of the way!

