

Elite Meals Week 1

- *Grilled Miso Salmon with Edamame, Broccolini, Cucumber & Soba*
- *Thai Basil Chicken Thigh with Stir-fried Greens & Brown Rice*
- *Teriyaki Tofu & Lean Beef Mince Bowl with Broccoli, Carrot, Edamame & Scrambled Eggs, Mixed Black Rice*
- *Char Siu Chicken Thigh with Garlic Gai Lan & Steamed Rice*
- *Hainan Chicken Chop with Crispy Bok Choy, Shiitake & Steamed Rice*
- *Charred Harissa Garlic & Rosemary Lamb Rack with Curried Couscous, Carrot, Cucumber, Mint Yogurt & Brown Rice*
- *Sichuan Mapo Tofu Turkey Mince with Green Beans & Steamed Rice*
- *Aged Grass Fed Beef Yakiniku Style, Tamagoyaki with Charred Green Beans and Corn, Mixed Black Rice*
- *Grilled Spiced Barramundi with Turmeric Vegetables & Brown Rice*
- *Italian Style Lean Beef Meatballs with Ratatouille & Spaghetti*

*All Meals has no trace of nuts