

Pre and Post Tanning Instructions

BEFORE YOUR SUNLESS TAN:

For the Healthiest Tan... Start with the Healthiest Skin:

1. **In the shower:** shave legs, underarms, etc. (a minimum of 8 hours prior to tan) and exfoliate the skin *afterwards* with a pH-balanced, pre-tan scrub. Avoid bar soaps and moisturizing spa-type scrubs as some may leave residue, which interferes with the development of tanning solutions. It is important that you use an exfoliant intended for use before application of a DHA product. Beach Bunz carries preparation and tan maintenance products for your convenience.
2. **Conditioner:** If you condition your hair, do so *before* you scrub. **Do not apply deodorant, lotions, or perfumed products after your shower.**
3. **What to wear:** We offer a disposable thong for women. Clients may wear an old, dark swimsuit, or undergarment, during their session.

Important: *Wear dark, loose fitting clothing, and loose sandals to go home in.* Tight or restrictive clothing will damage your developing tan. Cotton Pajama pants, jogging suit or long cotton sundress, and flip-flops are ideal.

4. **Lip Protection:** Wear lip balm or lipstick to your appointment.
5. While we have pre-tan products for use immediately before your session that can help the tanning solution adhere and develop properly, there is **no substitute** for your personal preparation (**EXFOLIATE**). The DHA solution will continue to develop over the next 24 hours and usually lasts up to 7-10 days depending on hydration and exfoliation, and individual body chemistry (**Moisturize, Moisturize, Moisturize**).

AFTER YOUR SPRAY TAN APPOINTMENT

6. **AVOID ANYTHING:** that will get your spray tan wet! (exercising, swimming, hot room yoga, rain, etc.)
7. **DO NOT:** apply moisturizers; try to avoid fragrance oils, colognes, makeup, deodorant, etc.
8. **DO NOT:** keep touching your skin to check your tan, this will transfer solution to your fingers and palms.
9. **FIRST RINSE:** – WARM water only! (NO SOAP) Make sure to rinse your ENTIRE body with your hands only! Second shower is business as usual.
10. **DO NOT:** use soaps or shampoos on initial rinse!
11. **APPLY:** Additional moisturizer after anything that will dry out your skin (working out, Ocean water, hot tubs, chlorine pools, excessive sweating, etc.) At minimum apply moisturizer two times a day.
12. **FACE:** Your face and hands will fade faster than the rest of your tan: use a DHA-infused Tan Extender to maintain a flawless, even tan. Apply at night before bed for best results. Powder bronzers work well also.

THE BETTER YOU TREAT YOUR SKIN THE LONGER THE TAN WILL LAST