

Jesus is the way



Guidelines 2019-2020

Faith and Light international

Summary

• Introduction	3
• What is Kett's pedagogy?	5
1. Jesus is the way to joy	7
2. Jesus is the way to healing	13
3. Jesus is the way to sharing	17
4. Jesus is the way of unity	22
5. Jesus is the way of forgiveness	26
6. Jesus is the way of the beauty of our cultures	31
7. Jesus is the way to service	35
• Christmas: Jesus is the way to the crib	40
• Feast of Light: Jesus is the way to abandonment	45
• Easter: Jesus is the way to resurrection	50
• Pentecost: Jesus is the way to the Holy Trinity	54
• Summer camp: Jesus is the way even we rest	57
• Appendices	
– Kett's pedagogy	60
– Board game: Following Jesus	76
– Artist's workshop	78
– The bookshop of Faith and Light	83
– Faith and Light prayer (back cover)	

Illustrations: Katalin Nagy
photos: Krisztián Nagy and Klára Surinás

Faith and Light international

3 rue du Laos 75015 Paris, France

T + 33 1 53 69 44 30 - foi.lumiere@wanadoo.fr - www.faithandlight.org

Guidelines 2019-2020: 5 €

Introduction

We will begin with pride towards our jubilee; after walking in the footsteps of Jesus in Lebanon, let us continue to follow him who guides you through the littlest ones in our communities. They will be our guides, inviting us to look back to our origins and towards the future with confidence. Let us remember our future!

This year's Guidelines were compiled by a Faith and Light Hungarian speaking team. We are proud to prepare the 50th anniversary of our movement.

It is a special feature of Faith and Light in Hungary that – although it is primarily associated with Catholic parishes – it includes very many Protestant Christians, too. The way they live ecumenism is the Scripture, which is especially focused on at the community meetings. In this booklet we present a more detailed description of how to deal with the Bible passages.

The Hungarian Catholic Church herself is preparing for a great international festival, the International Eucharistic Congress. Faith and Light in Hungary has also been invited to join this celebration as an ecumenical movement, and will participate with all its love of the Scripture.

The “Eucharist” is a Biblical term, meaning “thanksgiving”. During the upcoming year we will specially focus on giving thanks for our movement and communities and – above all – for Christ, who is God, blessed for ever.

During some months, we propose Kett's pedagogy as an alternative to acting out Bible stories and giving thanks as it provides an opportunity to meditate on the Scripture and pray.

In recent years, Hungarian communities have enjoyed practicing Franz Kett's meditation and prayer method, based on images developed on the floor. This meditation goes straight to the heart of our friends who have a disability.

Beautiful year of thanksgiving!

Corinne Chatain
General secretary



Many thanks to each of you: (from left to right), Eva Vass (Hungary), Ghislain du Chéné (France), Csaba Mészáros (Serbia), Father Gábor Harmai (Hungary), Amar Singh-Bahadur (Hungary), Katalin Nagy (Hungary), Corinne Chatain (France), Klára Surinás(Hungary).



What is Kett's Pedagogy?

For the method associated with the name of the German educator Franz Kett, a child is one in his body, his soul and spirit. The method is often referred to as the pedagogy of “the hand, the heart and the mind”.

Firstly, it is a pedagogy of the hand because it affects all the senses. Often, the participants receiving something with their eyes closed are to examine it with their various senses and answer the question: What have you got in your hands? The very way we receive the object to be used later is more telling than the object itself.

If participants with their eyes closed receive something, the leader even strokes their hand. If they receive something with their eyes open, the leader looks into their eyes and gives them a smile, too.

Kett pedagogy is a **pedagogy of the hand** because it involves creation and shapes the world. Each participant creates something himself and the group creates a picture together, too, which

can be touched and seen. That's why it is also called a "floor pictures" pedagogy, for we shape the earth and the Earth.

Secondly, it is a **pedagogy of the heart** because it invites participants to articulate their feelings. It is important that everybody should have the opportunity to share something about what they have created. What you have lived goes deeper when you work with your hands, listening to music. When you speak out loud what has been maturing within, we open our hearts to the others.

Thirdly, it is a **pedagogy of the mind** because it transmits knowledge of the world, the Scripture, the operation of human community and myself.

When creating a Kett picture, it is very important to know what we want to convey. Each phase of the meeting is based on one sentence we want to transmit. Each game and question focuses on the value to be transmitted. It is never the leader of the meeting that reveals the key sentence, the backbone, the essence of the picture but the participants discover and contemplate it and articulate it for themselves. The Kett pedagogy is to make participants think rather than transmit knowledge.



1

*Jesus is the way
to joy*



To you, members of the coordinating team

Bringing life to the Gospel

We propose reading the Scripture passage and stop whenever we find someone to be included as a participant. In this case we suggest reading out the relevant part until Jn 21:3-13. E.g.

– “Simon Peter told the others, 'I'm going fishing.'”

– Who said this then?

– “Simon Peter.”

– Who is Simon Peter?

– It is Saint Peter.

– Who wants to be Saint Peter?

We bring him into the mime. Then it will be Jesus... Every time we live an evangelical mime, all must participate. The other members of the community will be the apostles.

We propose to use this method throughout the year for all mimes.

The word of the month

In the middle of the pilgrimage in Lourdes 1971, people were so happy that they started to sing Alleluia on Good Friday. They understood that the joy of the Resurrection could not be separated from the Passion of Jesus. For people who come to our community meetings for the first time, they are surprised to see that we can be full of joy: "how can they be happy with persons with an intellectual disability?" This joy cannot be kept for ourselves; we need to spread around our joyful news. The messengers of joy cannot stop to be missionaries.

Biblical reference: Jn 21: 1-14, miraculous fishing.

Welcome and reunion

Whoever arrives receives a small loaf of bread, a bun, a pie or something similar, which – according to the customs of the community – represents the bread with which Jesus was expecting his disciples on the shore. Our daily bread is a source of joy for us.

Sharing

- **Acting out the Bible story**

Today we will act out how a great joy is born. At the beginning, Saint Peter is very sad to think that Jesus no longer needs him or the other disciples. That's why they are going fishing. Later, however, he realises that the resurrected Christ wants to be his friend and needs him. Jesus doesn't cast him away, discard or deny him although Saint Peter has denied him three times. Jesus needs Peter as Jesus needs all of us.

Proposed characters: Peter, the other apostles, Jesus, the beloved disciple.

Proposed script

Jesus stands aside or hides.

- Peter: *I'm going fishing.*
- The others: *We'll join you.* They start off in single file.
- Peter: *Let's board the boat, all at once. Let's throw the net out. Heave Ho!* They throw the net out.
- Peter: *Let's pull it back. Well, that's empty. Let's pull it quickly.* We repeat several times.
- Jesus approaches: *Hi! Haven't you caught any fish?*
- Apostles (in chorus): *We haven't caught anything.*
- Jesus: *Throw the net out to starboard.*
- Peter: *Well, let's give it another try. Heave-ho! Oh! It is full of fish! Let's pull it slowly and cautiously.*
- The beloved disciple: *It is the Lord!*

- Peter: *Well, then, I'll go!* (He is miming plunging headfirst into the water and swimming, approaching Jesus. Jesus can be sitting or roasting fish, but this can just as well be omitted.)
- Jesus: *Bring some of the fish you have just caught.*
- The others: *Gosh, it's heavy! What a great load of fish!* (They are pulling it slowly. They are going up to Jesus).
- Jesus: *Come on, roast some of the fish. Let's have breakfast.*
- The apostles: *It's so good you are here again!*

Explanatory questions

- *Why is Peter sad at the beginning of the story?* (Because he has committed a grave sin against Jesus, denying him and now he thinks Jesus no longer needs him.)
- *Why is he going fishing?* (Because, originally, he was a fisherman.)
- *Do they catch anything?* (No, they don't but it is the opportunity to meet Jesus who was waiting for them.)
- *Why does he plunge into the water?* (Because he is so glad to see Jesus.)

• In small groups

When John standing on the shore of Lake Gennesaret, heard the so familiar call "throw the net out", he realised that it was Jesus standing in front of him and was filled with joy.

- Who do I like to meet? Which of your acquaintances makes you very happy when you meet him/her? Why?
- When do we recognize Jesus in our lives?
- What are you glad about? What can you share with others to make them happy too?

Giving Thanks

Let's thank Jesus for needing us, too. Let's thank him that we recognize him in the Word of God, as well as in the rites of our Christian communities, including Holy Mass or Holy Communion. Let's give thanks to him for filling our hearts with joy.

- **Prayer of a poor person**

Jesus, I always want to keep your joy in my heart.

Artists workshop

A medallion shaped like a fish (see page 78).

Celebration

Game

The team has prepared a sack (or a pillow-case) to put various objects into secretly. As we cannot see what takes the hook in water, we cannot know beforehand here either what we'll grasp. We should dip our hand into the sack with our eyes closed (blindfolded) and grasp the first object we find there. Let's try to find out what it is.

And until the next meeting

Each day I will sing a song about joy or Divine Providence.



2

*Jesus is the way
to healing*



Word of the month

Faith and Light started in 1971 from the experience of a family who was rejected from a diocesan pilgrimage to Lourdes because of their severely handicapped children. Our movement is founded on the suffering of the parents. What is the situation now? We feel comfortable in our community because we found friends: we share, sing, dance and pray together. Where is Jesus leading us for the future? Many people still need to be healed, reassured, though not cured, can we develop a gift in Faith and Light to heal people who are suffering?

Biblical references

- Lk 5: 17- 26, healing a lame man.
- Other suggestions: Jn 9, 1-11, blind from birth; Mk 5: 21-24 et 35-43, healing of Jaire's daughter; Mt 17, 14-20, Jesus cast out demons.

Kett's pedagogy

(Can replace sharing and thanksgiving)

Healing of a lame man (appendix 1 page 60).

Welcome and reunion

Whoever arrives receives a piece of a roof tile, a shingle or something else that, according to the customs of the community, is used to cover a building. This represents the roof that was torn down by the friends of the lame man to let him down in a bed in the room Jesus was staying in. In the prayer corner the pieces will be arranged in the shape of a roof during the meeting. At the end everyone can take them home.

Sharing

• Acting out the Bible story

Today's Gospel is about a great adventure of a lame man and his friends. They must have been friends loving each other very much, just as we are friends in our groups. It is their friendship that made them stand before Jesus and Jesus rewarded this friendship wonderfully. In Faith and Light Jesus is with us. When we invite our friends to this community, we make them stand before Jesus likewise. Let's act out what happened then.

Proposed characters: Jesus, the crowd surrounding Jesus, the lame man, 4 friends, Scribes (at least 2 persons).

Proposed script

Jesus is sitting in the middle, teaching the crowd surrounding him, e.g. the Lord's Prayer. The four friends are part of the crowd. The lame man should be a little bit further away, lying on two or more blankets, which will not be torn when the lame man is lifted.

- The friends should go to the lame man's place to tell him that *"here is Jesus; he may heal you, too!"*
- The lame man: *I want to see him! Would you carry me along?* They are carrying him in the blanket and put him down outside the crowd sitting in a circle.
- Friends: *Gosh, we cannot get in! Let's make a hole in the roof.* They mime making a hole in the roof, then they leave the house, fetch the lame man in a blanket and let him down before Jesus.
- Jesus: *Friend, your sins are forgiven.*
- Scribes: *Gosh, he's blaspheming! Who can forgive sins but God alone?*
- Friends: *But we have sought healing! Who cares about sins?*
- Jesus (to the Scribes and the friends): *Do you think that it is easy to forgive sins and difficult to heal the sick? Just look.*
- Jesus : *Get up, take your bed and go home.*

The lame man gets up, takes his blankets and goes home. The friends are rejoicing and the scribes leave the place angrily.

Explanatory questions

- *What is it to be lame?* (It's a serious illness: you cannot walk and must be carried wherever you want to go.)
- *Why did they make a hole in the roof?* (Because that was the only way to get their lame friend to Jesus.)
- *Why does Jesus heal the lame man's sins first?* (Because sin is a kind of lameness, too. Our main purpose is to achieve salvation, always to be with God and this is possible only if Jesus forgives our sins, too. For us, too, this is the greatest gift of Jesus, which is beyond all miracles.)
- *Why did Jesus heal the lame man finally?* (Because he wanted to show that he has power over man's body and sins, too.)

• In small groups

Jesus heals the lame man through the faith of his loving friends.

- Have you ever experienced any healing by Jesus?
- In what way do you need healing now?
- In what way does your community need to be healed?
- What would you do differently in the future if Jesus healed you right now?

Giving Thanks

We give thanks for the one who has invited us to the community.

• Prayer of a poor person

Thank you Jesus, you dress our wounds and heal us.

Artist's workshop

Making paper flowers (see page 78).

Celebration

Game: Let's tear down the pyramid

We build a pyramid from empty cream cups or tins. The pyramid will have to be torn down by rolling or throwing a small ball to it from a predefined distance. How many times does each person have to try until he/she knocks over all the cups?

And until the next meeting

Each day I will sing a song about healing or faith.



3

*Jesus is the way
to sharing*



The word of the month

Our experiences are all so different that we need to share our stories around, first to our communities but not only. Our testimonies have to be known by our parishes, our dioceses. Everything that we received from our friendship with Jesus during a pilgrimage, a retreat, a celebration has to be shared. “But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth” (Acts 1, 8).

Biblical reference

Lk 19: 28-40, the entry of Jesus into Jerusalem.

Kett's pedagogy

(Can replace sharing and thanksgiving.)

The entry of Jesus into Jerusalem (appendix 2 page 63).

Welcome and reunion

Whoever arrives receives a small stone on which the coordinators have written “*Shall I speak?*”. This stone represents God’s power and omnipotence to make stones speak.

Sharing

- **Acting out the Bible story**

For some time, it was only to his friends that Jesus revealed that he is the Messiah. They formed a protected community. It was primarily them that Jesus taught. He was always good to strangers, healing them, telling them parables, inviting them to be his friends, which they either accepted or rejected. One day, however, he decided to declare to the whole world that he is the Messiah. He entered his own town, Jerusalem. That’s what we are going to act out now.

Proposed characters: Jesus (it should be the community member that weighs the least because he must sit on the donkey); 2 disciples, who will fetch the donkey ; the donkey (one person on all fours or several persons carrying a table but they must be strong enough to carry Jesus, too) ; the owners of the donkey; disciples; Pharisees.

Proposed script

The donkey should be tied a little bit further away from Jesus, with its owner standing next to it. Jesus should summon the two disciples.

- Jesus: *Go to the village, and as you enter it you will find a donkey. Bring it here.*
- Disciples: *Shall we just untie it?*
- Jesus: *If anyone asks you, "Why are you untying it?" you are to say this, "The Master needs it."*

The disciples go up to the donkey.

- One disciple: *Gee, that's a donkey.*
- Another disciple: *That's what Jesus, our Master spoke about! Let's bring it to him.*
- Owner: *Whatever are you doing here?*
- Disciples: *Please, let it go because the Master needs it.*
- Owner: *Well, that's different. Just take it.*

They bring it to Jesus.

- Jesus: *I will enter Jerusalem on it.*
- Disciples: *Then we'll spread clothes over it to make it comfortable for you.*

They are spreading well-prepared clothes on the donkey. Jesus sits on it. The two disciples who have fetched it are leading it, while the other disciples are walking ahead, spreading clothes or flowers on the road before Jesus. The owners of the donkey may also join in.

- Disciples (crying out): *Three cheers for Jesus! Hosanna in the highest! Long live the King of Israel!*
- Donkey (crying out, too): *"Hee-haw!"*
- Pharisee (to Jesus): *Jesus, why do you put up with this praise?*
- Jesus: *If these keep silence, the stones will cry out.*

Explanatory questions

- *Why did the owner let his donkey go?* (Because Jesus has performed a miracle.)
- *What did Jesus' entry into Jerusalem demonstrate?* (That he is the Messiah and Jerusalem is his city.)
- *Why did Jesus choose a donkey to enter Jerusalem on?* (Because he didn't want to threaten anyone. Entering Jerusalem on horseback would be threatening. Jesus didn't come to threaten his city.)
- *Did Jesus have any mighty enemies in Jerusalem?* (Of course, he did. They wanted to kill him. His enemies could but kill him, they couldn't prevent him from rising from the dead.)
- *Who were Jesus' enemies in this story?* (The Pharisees, who challenged him.)
- *Why does Jesus demonstrate that he is the Messiah?* (Because he wants everybody to be his friend and expects us to assist him in it.)

• In small groups

Through circumstances, the Tempter is trying to prevent the disciples from sharing the stories with others.

- Do I remember sharing a story which helped someone?
- What do I need to be able to share my feelings and ideas?
- Is there anything in me that I want to share with others right now?

Giving thanks

Let's give thanks for the ones we have invited to the community. Let's give thanks for God because he finds our mission important and did not have to make stones speak.

• Prayer of a poor person

I thank you, Jesus, that I can be a gift to myself and others.

Artist's workshop

Painting stones (see page 79).

Celebration

Game : I have been to the zoo

Someone chosen will start the game. "I went to the zoo and saw an elephant." He doesn't utter the word "elephant", only mimes it and the others must guess what it is. For example, he mimes a trunk. Then, the others will mime in turn what they saw at the zoo. Before miming a new animal, they'll mime all the previous animals. The next player mimes the elephant with a trunk, then acts as if he were a monkey. The next player mimes the elephant, then the monkey, then an animal that he has "seen". And so on until someone fails to mime the animals in the right chronological order or doesn't remember any more animal that he has "seen".

And until the next meeting

Each day I will sing a song about a stone/pebble/rock or God's omnipotence.



4

*Jesus is the way
of unity*



The word of the month

When the first pilgrims were in Lourdes in 1971, they already were ecumenical with some participants from various traditions. A person with an intellectual disability cannot understand why Christians are not united and they are leading us towards the unity as Jesus said: “I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me” (John 17, 20-21). Maybe in the coming years, we can reach some new steps towards unity and be prophets for our Churches?

Biblical reference

Mt 12: 46-50, Who is my mother, who are my brothers?
To be one with each other we must belong to the family of Jesus.

Welcome and reunion

There is a big candle burning in the prayer corner or in the middle of the room. Everybody receives a small candle (or a light) to be lit using the flame of the big candle and puts it around the central candle.

Sharing

- **Acting out the Bible story**

Jesus loves us so much that he invites us to be members of his family: we can all be his brothers and sisters and mother. This is the ultimate unity that we must seek: a family covenant with Christ and each other.

Proposed characters: Jesus, the mother of Jesus, Jesus' brothers and sisters, messenger (the one sent in by his brothers and sisters), the crowd listening to Jesus

Proposed script

Jesus is sitting in the middle, teaching the crowd surrounding him. He teaches part of the sermon on the mountain, for example: "Blessed are the poor in spirit".

The mother and brothers and sisters of Jesus standing further away start to come up to Jesus.

- Brother to Mary: *Your son behaves very oddly. He thinks he is a teacher. He makes enemies. We'll bring him home!*
Mary doesn't answer.
- Sister to the messenger: *Tell Jesus to come out. His mother as well as his brothers and sisters want to see him outside.*
- Messenger enters the house and tells Jesus: *Come out, your mother, brothers and sisters want to see you there.*
- Jesus: *Here are my mother and my brothers. Anyone who does the will of my Father in heaven is my brother and sister and mother.*

Explanatory questions

- *Who would you like to be? The mother, the brother or the sister) of Jesus?*
- *How can we be the brothers or sisters of Jesus? (By doing the will of the Father.)*
- *What does the Father want us to do? (To listen to Jesus.)*

• In sharing groups

Jesus is telling the crowd that whoever wants to be one with him is to do his will.

- What does it mean to do the will of Jesus?
- Why do (or don't) I like the liturgy of the church I go to?
- How do you differ from your friend? How is it that you're friends anyway?
- What is family unity?

Giving thanks

We give thanks for our family, for our Faith and Light family and for the great Faith and Light family around the world. That we are always instruments of peace and unity, that we do the will of God every day.

- **Prayer of a poor person**

Thank you, Jesus, that I can be a bridge between people.

Artist's workshop

We make a card to send to a friend (see page 79).

Celebration

Game: Messengers

Let's sit in a circle or in a row. The first person thinks of a word or a sentence and whispers it in the ear of the one next to him. He can say it once only. Everybody is to whisper the word he has heard to the one next to him. The person at the end of the row will say out the word or the sentence loud. If the messengers have done their job well, the word or the sentence will be the same as the original. If the "message" is effectively conveyed, a new sentence will be needed. We should think of more and more difficult and sophisticated sentences, possibly a short story made up of several sentences.

And until the next meeting

Each day I will sing a song about fire or Jesus.



5

*Jesus is the way
to forgiveness*



The word of the month

When we pray “our Father”, we say “forgive us our trespasses as we forgive those who trespass against us”. Persons with an intellectual disability suffer when they feel tension among some members of their family or their community, and feel better when people are in communion. They are signs of God who wants them to be mediators and peace makers. They want us to forgive more and more, this is vital: Then Peter came and said to him, “Lord, if my brother sins against me, how often should I forgive? As many as seven times?” Jesus said to him, “Not seven times, but, I tell you, seventy-seven times” (Mt 18, 21-22).

Biblical references: Mt 18: 23-35, Parable of the talents and Is 43: 4

Welcome and reunion

The coordinators prepare a small prayer card with the burning thorn bush on its front side and the following line of the Lord’s Prayer on its back: “*Forgive us our trespasses as we forgive those who trespass against us*”. Everyone receives a card¹.

Sharing

- **Acting out the Bible story**

The kingdom of heaven on earth is like the joy you feel when your punishment is waved. This joy, however, must be spread.

¹ www.faithandlight.org/rubriques/haut/album_photo/guidelines-2019-2020/

We shouldn't punish others either, and then everybody will be full of joy. The parable Jesus tells us is about this and the lost joy.

Proposed characters: the king, the king's guards (at least 2 persons), the man with the largest debt (minister), the minister's guards, the servant with a debt of 100 denarii, the other servants.

Proposed script

– King: *Attention, please! I hereby announce that tomorrow I will settle accounts with everybody.*

Each servant is terrified, grabbing their pockets and showing that they are empty, so they won't be able to pay.

– King: *Let's start with the minister! Well, how much do you owe then?*

– Minister: *Ten thousand talents.*

– King: *How much? How will you repay it to me?*

– King to his guards: *Well, put him in irons with his family quickly. Just let them work for me!*

– Minister prostrating himself before the king: *Have mercy on me and I will pay the whole sum.*

– King: *Well, I feel so sorry for you, so I let you go and even cancel your debt.*

– Minister: *Thank you, thank you, thank you!*

– The minister turns his back to the king and goes out. He happens to meet a servant owing him 100 denarii. He seizes him by the throat and begins to throttle him: *Pay what you owe me.*

– The servant throws himself at his feet: *"Have mercy on me. I will pay the whole sum.*

– Minister to the guards: *Seize him, throw him into jail until he pays all his debts.*

– Other servants going up to the king: *Your Majesty, the man whose debt you have just remitted has put one of our fellows into jail because he owes him 100 denarii. Please, deal out justice.*

– King to the minister: *Well, come here, my friend! I cancelled all that debt of yours when you appealed to me. Were you not*

bound, then, to have pity on your fellow-servant just as I had pity on you?

- King to his guards: *Put him into jail until he repays all his debts.*

Explanatory questions

- *Who is the minister?* (The king's servant with great power.)
- *Is the minister an honest man?* (No, he has stolen what belongs to the king.)
- *Who owes more?* The minister or the other servant? (The minister owes the king much more. 100 denarii is about the price of a second-hand car, while 10,000 talents equals more or less the debt of the whole country.)
- *Is the minister happy about the king having mercy on him?* (Yes, because he escapes punishment.)
- *Why doesn't the minister remit the debt of the other servant?* (Because he is wicked.)
- *Why do the other servants report the incident to the king?* (Because they find it unfair and are afraid that they may be put into jail, too.)
- *Which prayer does this parable resemble?* (The Lord's Prayer: "Forgive our debts as we forgive our debtors".)

• In small groups

- We must forgive each other simply because God is willing to forgive us everything.
- Do we recognize that somebody has hurt us?
- Do I admit that I can be hurt?
- In what way can I be easily hurt? What am I sensitive to?
- How shall I forgive if somebody does not apologize? Shall I try to forget it?

Giving thanks

We give thanks for the people who accept us as we are. I give thanks to God because I am precious in his eyes.

- **Prayer of a poor person**

Thank you Jesus. You help me to forgive the one who hurt me today.

Artist's workshop

Drawing things by means of a candle (see page 80).

Celebration

Game : What am I thinking of?

Someone should stand in front of the community facing the others. He should mime a feeling, which the others will try to find out. He who guesses right, can mime the next feeling (e.g. he is sad, angry, surprised, amazed, happy etc.). If the group is doing the job very well, we can make the game a bit more difficult by using facial expressions only.

And until the next meeting

Every day I will sing a song about forgiveness or friendship.



Word of the month

When we attend any international meeting, we are always marvelling at the beauties of the songs, the dances, the costumes... We are a great diversity of cultures and we need to know each other better to understand better the way other people are living their culture and their faith. Jesus is expecting us in very different ways: whatever our cultures, they are a way to go to Jesus, because as we sang with Fr Joseph Larsen: “Jesus is beautiful” Beautiful, beautiful, Jesus is beautiful and Jesus makes beautiful things of my life. Carefully, touching me, causing my eyes to see and Jesus makes beautiful things of my life.

Biblical reference

Mt 8: 5-13, Healing of the centurion's servant.

Welcome and reunion

The animators prepare a photo of the most important or beautiful building, painting or sculpture of the community – this will be different in each community and country. Whoever arrives should receive this photo to be pinned on his shirt / her blouse. We are proud of our culture.

Kett's pedagogy

(Can replace sharing and thanksgiving)

God knows you and you are precious in his eyes (appendix 3 page 66).

Sharing

- **Acting out the Bible story**

We like to be with our friends. They love and understand us. But we know the opposite, too. Sometimes we feel we are better understood by strangers than those near us. Today's Gospel

passage teaches us that Jesus has also experienced this, which, however, proved to be a great blessing: that's how our Lord Jesus Christ made friends with many people who originally did not know him.

Proposed characters: Jesus, the centurion, soldiers, the crowd around Jesus.

Proposed script

- The centurion to Jesus: *Sir, my servant is lying at home sick. Please, come and heal him.*
- Jesus to the centurion: *Alright, where do you live? I will come myself.*
- The centurion to Jesus: *Sir, I am not worthy to have you under my roof; just give the word and my servant will be cured. For I am under authority myself, but look, my soldiers obey me.*
- The centurion to his soldiers: *Come here.* The soldiers come there. *All right, you can leave.* The soldiers leave.
- The centurion to Jesus: *Do you see? My subordinates do whatever I ask them to. I believe that you can control the illness of my servant likewise.*
- Jesus to the crowd: *In truth I tell you, in no one in Israel have I found faith as great as this. And I tell you that many will come from east and west and sit down with Abraham and Isaac and Jacob at the feast in the kingdom of Heaven; but the children of the kingdom will be thrown out into the darkness outside, where there will be weeping and grinding of teeth.*
- Jesus to the centurion: *Go back, then, your servant has been cured and is expecting you at home.*

Explanatory questions

- *Which nation did Jesus belong to?* (He was a Jew.)
- *Was the centurion a Jew, too?* (No, he wasn't. He was maybe Roman; we don't know for sure.)
- *What is "Israel"?* (It is the homeland of the Jewish nation.)

- *Why is the centurion said to have greater faith than the Jews ?*
(Because he believes that Jesus can heal the servant from a great distance and that he therefore has divine power.)

- **In sharing groups**

Although Jesus was sent to the Jewish people, he is surprised at the centurion's faith, which is greater than anything he has found in Israel.

- Everybody can tell which countries they have been to and which things or customs of interest they saw there.
- What do I like about the customs or teaching of another Christian denomination?
- Has it ever occurred to you that somebody you didn't like helped you?

Giving thanks

Everybody gives thanks for the person sitting next to him/her.

- **Prayer of a poor person**

Thank you, Lord, that we are very different, and yet we can love each other.

Artist's workshop

Fruit composition (see page 80).

Celebration

This month we don't propose any specific games. When you prepare the meeting, try to find a game which is played in a distant country that you find exotic.

And until the next meeting

Each day I will sing a song which carries the core Christian cultural values for my community.

7

*Jesus is the way
to service*



Word of the month

Any responsibility in Faith and Light has to be considered as a service. We are all at the service of the others: sometimes coordinators are called shepherds, watching over their sheep, or gardeners, caring of their flowers to make them grow and become beautiful and fragrant. Jesus took care of his disciples and he kneeled before them, washing their feet. If we want to follow Jesus on his way to service, we will have to be like him, paying attention to everyone. *For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them* (John 13: 15-16). The only reward we can expect for this service is to be a closer friend of Jesus, not just a servant nor a messenger.

Biblical reference: Lk 12: 35-38, stay in service clothes.

Welcome and reunion

The coordinators have the icon of Faith and Light¹ ready, placing it on a large red/yellow/orange shawl(s) in the prayer corner or in the middle of the room. The shawl(s) represent(s) the flames of Jesus' love. They also have the photos or possibly the nametag of each member ready with their names on them. Whoever arrives gets their own photos (and possibly their nametags) and place them on the shawl(s) themselves. The distance of their photos

¹www.faithandlight.org/rubriques/haut/album_photo/guidelines-2019-2020/icon-of-faith-and-light/logged_out

from the icon is to indicate how closely they think they follow Jesus on the way of service.

Sharing

• **Acting out the Bible story**

Let's think of the people who are above us in one way or another: at work, in politics, in our families... Who of them fills us with joy? Are we happy that Jesus is above us? It's easy to be happy about those who love us, isn't it? We think that they are in the right place. And are we in the right place?

Proposed characters: Jesus, trustworthy servant, untrustworthy servant, other servants, two households and their family.

Proposed script

First scene

The steward and the servants work in good harmony; the master arrives.

- The master to his trustworthy servant: *You have worked enough today. Come on, everybody will have their share of supper. Let's sit down together. Let's pray.*

They sit down (the master and his family, the trustworthy servant, the other servants). The master gives a small piece of bread to each. They say the grace prayer before meal: *Bless us, oh Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, Our Lord. Amen.*

- Jesus entering: *Well done, good and trustworthy servant. I see that you have taken care of my household. Let's rejoice together.* Jesus breaks a chocolate bar and distributes half of it or any other candy.

Second scene

- Untrustworthy steward to his servants: *You are lazy. You are no good for me. Get out of my sight! You will have no supper today. I'll have yours, too.* He collects all the rolls and lifts a beer or wine bottle to his mouth.

- The servants sitting down on the floor, begging God: *Oh, Lord Jesus, don't keep us waiting, come soon, it is difficult to stand this tyranny. Deliver us from this evil.*
- Jesus enters and says to the untrustworthy servant: *Did you pretend to be a good servant? Have you tyrannized my people? I don't want to see you any more. Get out of my sight!* The servant goes out.
- Jesus to the master, his family and his servants: *Come on, let's sit down to table together.* Jesus distributes the other candies

Explanatory questions

- *Who is the real master of the house?* (Jesus.)
- *Why are the two servants responsible for the distribution of food?* (Because Jesus told them so.)
- *What did Jesus ask them to do exactly?* (To let the others have their just share of supper.)
- *Did both carry out the order of Jesus?* (No, only the first one. The other servant wasn't trustworthy, so Jesus got rid of him.)
- *Was the wicked servant in communion with the others?* (No, he wasn't. He never wanted to belong to his master.

• In sharing groups

Jesus explains that serving him is being always ready to help those in need and to live not only for ourselves but for the others too.

- How do I serve?
- Could you name some easy or difficult services?
- Who do I like to serve?
- Do I accept getting served? Who serves me?

Giving thanks

We can give thanks for those serving me and other people as well as my capacities which enable me to serve others.

- **Prayer of a poor person**

Thank you, Lord, for showing me when I can help someone.

Artist's workshop

A puppet with socks on (see page 81).

Celebration

Game: The chief monkey

One of the players must leave the room. The others choose a chief monkey and will be his subordinates. They are to imitate the chief. When the player which was sent out returns, each monkey is doing something, e.g. scratching their heads, then – imitating the chief monkey – trying to find a flea in the hair of their neighbours at their left, patting their belly, eating imaginary bananas, laying their heads against the shoulder of their neighbours. The one who guesses right standing in the middle of the circle must find out which player is the chief monkey.

And until the next meeting

Each day I will sing a song about love and service.



Christmas

*Jesus is the way
to the crib*



The word of the month

When Jesus was born, there was a great fiesta in heaven! Angels playing trumpets and singing out loudly for everyone to hear the good news: “Glory to God in the highest heaven, and on earth peace among those whom he favours!” (Luke 2: 14). It was clearly an invitation to stand up and follow the way to the place where our saviour was born and to adore Him. The shepherds, those who were the closest and had little baggage to carry were the first ones to arrive, and they offered as a gift one of their sheep. Certainly, Jesus’ parents often told him the story of the first visitors who arrived that holy night and it did help him to give this image of the good shepherd for those who have to care of other people.

Biblical references

We propose presenting a real-life nativity scene as detailed as possible and the characters should read out Psalm 8.

It is to be decided whether the characters should introduce themselves before reading out their parts of the Psalm. Due to our friends with an intellectual disability, it may be necessary but it can also be omitted.

Of course, the nativity story in the Gospel of Matthew (2: 1-14) and/or Luke (2: 6-20) can also be acted out either separately or combined.

Welcome and reunion

Whoever arrives should receive objects which are used for travelling, e.g. sandals, walking staffs, hats, raincoats, umbrellas... They should use them at the meeting. This is to remind us that the three Wise men have covered a long way till they found the baby.

What helps us to stand the adversities of a long journey (rain, wind, mud, frost, heavy sunshine)?

Sharing

- **Acting out the Bible story**

Nowadays, Christmas is the time for giving gifts to each other. We have a nice time together. It's all very well unless we forget that Christmas is the birthday of someone, our best friend, Jesus Christ. He is God's gift to all of us. In this nativity scene we thank God for giving us Jesus.

Proposed characters: The star of Bethlehem (a friend should hold a star cut out of paper in his hand); the Wise men (they should be kneeling, holding a gift in their hands); the Baby Jesus; Mary and Joseph; the soldiers of Herod (standing a little bit farther away with swords in their hands, there should be 3-4 of them); a donkey and a calf ; all other members of the community are shepherds and sheep.

Proposed script

The quotations from Psalm 8 are in small caps. What can be omitted is put in brackets. We haven't written any explanatory questions because it will suffice if the characters introduce themselves.

– Wise men in chorus: *We are the sages who have come from far away following the star (they point to the star of Bethlehem) to adore the Baby Jesus.*

YAHWEH OUR LORD, HOW MAJESTIC YOUR NAME THROUGHOUT THE WORLD!

– The star of Bethlehem: YOUR MAJESTY IS HIGHER THAN THE HEAVENS.

– Mary: EVEN THROUGH THE MOUTHS OF CHILDREN, OR OF BABES IN ARMS, YOU MAKE HIM A FORTRESS, FIRM AGAINST YOUR FOES, TO SUBDUE THE ENEMY AND THE REBEL.

– Herod's soldiers in chorus: *We are Herod's soldiers! By command of our master, we kill every child in Bethlehem! But can we defeat God's Messiah?*

- Wise men: I LOOK UP AT YOUR HEAVENS, SHAPED BY YOUR FINGERS, AT THE MOON AND THE STARS YOU SET FIRM – WHAT ARE HUMAN BEINGS THAT YOU SPARE A THOUGHT FOR THEM, OR THE CHILD OF ADAM THAT YOU CARE FOR HIM?
- Donkey and calf: *Hee-haw! Moo!* then in chorus: YET YOU HAVE MADE HIM LITTLE LESS THAN A GOD, YOU HAVE CROWNED HIM WITH GLORY AND BEAUTY, MADE HIM LORD OF THE WORKS OF YOUR HANDS, PUT ALL THINGS UNDER HIS FEET, SHEEP AND CATTLE,
- Shepherds in chorus: ALL OF THEM, AND EVEN THE WILD BEASTS, BIRDS IN THE SKY, FISH IN THE SEA, WHEN HE MAKES HIS WAY ACROSS THE OCEAN.
- Everybody in chorus, except for the soldiers: YAHWEH OUR LORD, HOW MAJESTIC YOUR NAME THROUGHOUT THE WORLD!

Giving Thanks

The very Psalm 8 is a great thanksgiving prayer. If the Gospel is brought to life as proposed by us, further thanksgiving may not be necessary. If the Gospel is brought to life differently, we should give thanks by reciting this psalm.

- **Prayer of a poor person**

Thank you, Lord, that your cradle is the source of life.

Artist's workshop

Flood of paper (see page 81).

Celebration

Game : It's good to make sculptures!

In preparation, we should write some actions on a sheet of paper (e.g. washing your hair sleeping, cleaning your teeth, doing physical exercises, getting dressed, playing the flute, having a headache, going hungry, eavesdropping, combing your hair, taking your temperature, cooking, swimming, turning a somersault, standing on one foot, yawning, gaping, stretching etc.)

Form pairs. One side of the pair is a statue, the other side is a sculptor. The sculptor of the first pair draws a sheet and poses the model according to the movement on the sheet. Beware! The statue must not move! As soon as the work is finished, the others will try to find out what it is. Then we choose or decide by lot which pair is to come and when all the pairs have played their part, we will exchange roles.

And until the next meeting

Each day I will sing a song about the Nativity or the Saviour.



Feast of Light

*Jesus is the way
to abandonment*



The word of the month

Jesus' parents, according to the law of Moses, went to the Temple in Jerusalem to present him to the Lord. As he could not walk yet, his parents carried him and lead the way. When he was 12, he probably had a Bar Mitzvah in that same temple during the pilgrimage to Jerusalem with his parents. They did not realise the change in Jesus - who became more conscious of his mission and stayed in the temple to talk with the Doctors of the Law - and continued to walk in front of him, thinking he would continue to follow his parents. No, it was his turn to be the Way, and his parents needed to change from being guides to followers. Sometimes, we would very much tell Jesus what is the way we want to choose, but we need to remain followers and abandon any willingness to be great... Let's follow the example of our friends with an intellectual disability, they will be our guides on the way to Jesus, but let us not forget to take our cross with us... "If any want to become my followers, let them deny themselves and take up their cross and follow me" (Mark 8: 34).

Biblical reference

Lk 2: 41-52, 12-year-old Jesus in the Temple. We will especially focus on the role of parents.

Kett's pedagogy

(Can replace sharing and thanksgiving)

12-year-old Jesus in the Temple (appendix 4 page 69).

Welcome and reunion

We put a large candle in the prayer corner, the one we used for the fourth topic. Whoever arrives gets a candle or a tealight to be lit and placed along a long and winding road. A shawl or a scarf

can be the road. At the end of the road there stands the large candle, which represents Jesus.

Sharing

• **Acting out the Bible story**

A blessing for couples at the wedding goes like this: "Be witnesses of God's love in the world so that the sufferers and the poor to whom you have been good should one day gratefully receive you under God's eternal roof." What a strange exchange of roles! Those to whom you have been good will take the lead and receive you in the heavenly kingdom. Mary and Joseph were good to Jesus, bringing him up and taking the lead. In today's Scripture passage the roles are changed: Jesus will take the lead. In short, those to whom we are good will take the lead not only under the eternal roof but also here on earth. Faith and Light has the mission not only to provide a safe home for our friends with a disability but also to make parents and friends realize how precious they are in God's eyes.

Proposed characters: Mary and Joseph, adult pilgrims and children, Jesus, the doctors of the law.

Proposed script

The teachers should sit in a circle with some simple building in the middle that is made up for example of chairs, representing the temple in Jerusalem. The two groups of pilgrims, the adults with Joseph and Mary, the children with Jesus, should stand farther away.

- Joseph standing in front of the child: *Always mind the adults and follow us closely.*
They start off and approach Jerusalem.
- Joseph: *You see, our feet are already standing in the gates of the temple in Jerusalem. Look, the wise men of our people are sitting over there around the temple. Let's enter the temple and adore God.*

The whole group goes there and bows. Jesus goes up to the the doctors of the law and sits down.

- Joseph: *It's time to go back.*
- They start off, leaving the temple. Jesus doesn't move.
- Jesus: *Tell me, oh, wise men, which is the greatest commandment of the Law?*
- One of the wise men: *This is the greatest and the first commandment: Listen, Israel: Yahweh our God is the one, the only Yahweh. You must love Yahweh your God with all your heart, with all your soul, with all your strength (cf. Dt 6: 4).*
- Jesus: *Thank you for your wise teaching but there is another commandment, too, which is similar to it: "You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets too"* (cf. Mt 22: 39b-40).
- Wise men: *What a clever boy you are!*
- Mary among the adult fellow passengers: *Let's find Jesus because I somehow cannot hear his voice among the other boys.*
- Joseph tries to look for him among the children.
- Mary: *He hasn't come along! Let's try to find him.*
- They go back to Jerusalem and find him.
- Mary: *My child, why have you done this to us? See how worried your father and I have been, looking for you.*
- Jesus: *Why were you looking for me? Didn't you know that I must be in my Father's house?*

Explanatory questions

- *Why are they going to Jerusalem?* (Because the God's temple is there which every Jew visited at Easter.)
- *Why do they leave Jesus there?* (Because he went there separately in the group of children, so they thought he would be with the other children on the way home, too.)

• **In sharing groups**

There should be different small groups for the parents and the youth to share their thoughts.

Topic for the parents

- Jesus tells his parents that he can carry out his mission on earth only if his parents let him go his own way.

- What do I worry too much about as regards my child?
- Do I trust enough my child and his friends?
- In what ways could my child become more independent?

Topics for friends and persons with disability

Jesus asks his followers to give up everything that prevents them from following him.

- Do my parents let me become more independent?
- In what way do I want to be more independent?
- What is my mission?
- Do I let others have their own way?

Giving thanks

We give thanks to God because he alone knows what is good for us, and we want to follow his path.

• Prayer of a poor person

Thank you, oh, Lord, you help me to become who you want me to be.

Artist's workshop

Picture painted by means of a drinking straw (see page 82).

Celebration

Game: Obstacle racing

Let's prepare an obstacle race field. It can be easier or more difficult depending on the racers. We stand in a row. Everybody is blindfolded except for the last man. We will have to go along the way but only the last one can see whether the first one should turn right or left and indicates it by touching the right or left shoulder of the one standing in front of him/her. Continue until the instruction reaches the first player.

And until the next meeting

Each day I will sing a song about travelling, wandering and going on pilgrimage.

Easter

*Jesus is the way
to resurrection*



The word of the month

When Peter, James and John were coming down with Jesus from the mountain of the Transfiguration, they were asking themselves many questions about what they had the privilege to be the witnesses, but certainly the most difficult, mentioned in Mark's Gospel, was about Resurrection: So they kept the matter to themselves, questioning what this rising from the dead could mean (Mark 9: 10). What is the link between the vision of Jesus in dazzling white clothes and the same Jesus showing himself to his disciples after his resurrection. If we want to have a share with Jesus (cf. John 13: 8), we have to follow him even if it is difficult to understand. What is the mission of a person with an intellectual disability? It maybe difficult to understand that we need to change, from trying to show them the way to Jesus, to follow them who can guide us on the way to Jesus.

Biblical references:

Jn 20: 1-10, Mary of Magdala, Peter and John at the tomb.

Another proposal: Mt 28: 1-6, the angel announces the resurrection of Jesus.

Welcome and reunion

We put a cross in the prayer corner. The cross is covered with a white shawl (or band), representing the resurrected Christ (preferably, a cross without a corpus is to be used). A road cut out of paper bands should lead to the cross or we should make a road by sprinkling sand. Whoever arrives receives his/her own photo or nametag. Everybody places his/her business card/photo along this road because we are all on the way to the cross.

Kett's pedagogy

(Can replace sharing and thanksgiving)
Easter (see annexe 5, page 73).

Sharing

- **Acting out the Bible story**

Jesus used powerful signs to show us that after being tortured and killed by wicked people, he is alive and will be with us forever. That's the point of Easter joy. In the next scene we will present how the Christian faith was born.

Proposed characters: Mary of Magdala, Peter, the beloved disciple, the other disciples, a table that symbolizes the tomb.

Proposed script

All the disciples and Mary of Magdala should sit in a circle, further away from the tomb. Everybody should be sad hanging their heads.

- Mary of Magdala: *I'll go to the Master's tomb. I want to be with him there.* She goes up to the tomb and cries out: *The tomb is open, the stone has been removed! I'll go and tell the apostles!* She starts to run back. *Imagine, the tomb of Jesus is open, the stone has been removed!*
- Peter and the beloved disciple runs there.
- The beloved disciple at the tomb: *Peter, take the lead, you are our leader, you must see that first.*
- Peter: *Look, here is the sheet we put him in and the cloth we put on his face.*
- The beloved disciple: *Well, he has resurrected just as he has told us! Amen! Hallelujah!*

Explanatory questions

- *Why is Mary going to the tomb?* (To mourn. She doesn't know yet that Jesus has risen from the dead.)
- *Why is the tomb empty?* (Because Jesus has resurrected.)
- *What do the apostles think?* (First they think that Jesus has been stolen.)

- *How does the beloved disciple come to faith?* (We don't know for sure, possibly because they find the tomb in perfect order: the sheets are well-folded and nobody has stolen anything. It is only Jesus that is absent.)
- *Is there no other evidence of Resurrection?* (Yes, there is: the angels tell them the news that Jesus has risen from the dead and later the apostles also encounter the resurrected Jesus.)
- **In small groups**
 - Often, God chooses the smallest to tell his message to the world.
 - Why do we believe?
 - Why didn't the disciples believe Mary of Magdala?
 - Do we have the courage to get to know the truth about someone (e.g. about Jesus)?
 - What is Jesus like based on my experience?

Giving thanks

We give thanks for the Resurrection, our Christian communities and the Faith and Light communities.

- **Prayer of a poor person**

Thank you, oh, Lord, you teach me to give up what is useless in my life.

Artist's workshop

Making canned fruit of love (see page 82).

Celebration

- **Game:** Do you know me?

Everybody says 3 sentences about himself/herself: 2 are true, 1 is false. Let's try to guess which sentence is false.

And until the next meeting

Each day I will sing a song about the joy of being saved or the Resurrection. Jesus is the way to the Holy Trinity.

Pentecost

*Jesus is the way
to the Holy Trinity*



The word of the month

When the Holy Spirit came down to the apostles, they could again have a guide to show them the way. When Jesus was still with them, he could show his Father; like Philip asked him: *Lord, show us the Father, and we will be satisfied (John 14: 8)*. Then, with the Holy Spirit, they had the capacity to remember everything that Jesus had told them: *the Holy Spirit will remind you of all that I have said to you (John 14: 26)*. And what the Holy Spirit will remind them, they will have to tell everyone they will meet; it is their turn to show the Father. The presence of the Holy Spirit in our friends with an intellectual disability is very easy to perceive, if we pay enough attention to what they want to teach us; some of them do understand better than most of us the mystery of the Holy Trinity.

Biblical references

Isaiah 11: 2, the gifts of the Spirit and Gal 5: 22-23, the fruits of the Spirit.

Welcome and reunion

The animator should prepare small tongues of fire representing the fire of the Holy Spirit. These small tongues of fire should be put on the heads of those arriving as a sign of the Spirit coming down on them. Alternatively, the small tongues of fire can be put on our breast at the height of our hearts.



Kett's pedagogy

Pentecost (see page 73).

Celebration

- **Game:** Will you let me out?

Somebody leaves the room. The others are standing in a loose circle. We choose a secret exit where you can get out of the circle between two persons. The player called back stands in the middle of the circle. He must find out where he can get out of the circle, not by force but by watching the faces of the others who indicate whether he is approaching the right place. The players who are standing where he cannot escape must look serious, sullen and frightening while those at the secret gate should be smiling friendly.

And until the next meeting

Each day I will sing a song about the Holy Spirit or the Holy Trinity.



Summer camp

*Jesus is the way
even when we rest*



The word of the month

Jesus pays much attention to us and when we are tired, he invites us to rest: *Come away to a deserted place all by yourselves and rest a while* (Mark 6: 31). After a whole year of community meetings and some other events like maybe formations, pilgrimages, retreats, provincial or regional meetings, we need to take some time to just be together with our friends and do nothing special but sharing, praying, celebrating together. Let us not forget the way that Jesus is showing us to some summer camps, it can be a good opportunity to evaluate the past year, prepare some activities for the following months, invite some young friends to help us and to... come and see! They will follow us on the way to Jesus.

Welcome and reunion

Everybody gets their picture of the campfire, which is indicated in the Guidelines as a reminder page (or a bookmark). This is to indicate that we all have arrived and are now sitting around the fire, enjoying its warmth and light and having a rest.

Artist's workshop

The illustrations of each month should be taken out of the Guidelines or printed from the website of Faith and Light. Let's crop the edges. We will have the pictures of a jigsaw puzzle. Refit the pic-

¹ www.foietlumiere.org/rubriques/haut/album_photo/carnet-de-route-2019-2020/albumphoto_view

es. At first sight it doesn't seem to be very easy. Follow the routes and observe the different colours. There is only one way to refit them. Have you managed? If so, you will have another game, too. It should be stuck on a cardboard to make it more durable. It can also be covered by a transparent self-adhesive film. The rules of the board game in the appendix will tell you how else you can play with it. Have a good time.

Board game "Following Jesus" (page 76).

Celebration

- **Game:** Sit farther away

Sitting on chairs pulled together, we form a circle. The leader says sentences about colours and characteristics. The one to whom a sentence applies takes the next chair. He takes it even if someone is already sitting there. Where the players are already sitting on each other's lap, only the one sitting on the top can take the next chair. The one who is first to reach his original place will win.

E.g. let the one with yellow clothes sit farther away. Let the one who likes pancakes sit farther away. Let the one with ear-rings, striped socks, the one who likes to smile, the one whose name is Peter, the one who has a dog etc, sit farther away.



Appendices

All illustrations are available on the website
https://www.faithandlight.org/rubriques/haut/album_photo

1.

Healing a lame man

(Lc 5: 17-26)

Material: a large brown circular tablecloth, a rectangular-shaped white material, a picture of Christ, as many roof-coloured cards as the number of participants, a wooden ring with a colour string, a colour band, a white candle, minor objects for the picture /pearls, chopsticks, seeds

Preparation: We are sitting in a circle, getting quiet.

Warm-up

Association game: I put down the folded tablecloth with its centre in the middle of the space.

– *What does it look like?* You can say anything that occurs to you, a skirt... The animator starts to unfold it gradually. We discuss what it reminds us of: a pizza, a semicircle, a ball, the earth...

We are standing around it. What can we do on the ground? We can mime it. We are standing on the floor. We are walking, we are playing (we kneel down beside it, placing our palms on the tablecloth and playing some rule game on it) we are dancing, we are living.



- *Where do we live?* In a village, in a town...
- *In what do we live?* In a house, in a flat...

Task

Let it be a plot of land or a courtyard in a small town, of course, there is a house on it, too, a small white house. (The animator puts the white material on it, which represents the walls of the house, then the roof-coloured cardboards with a picture of Christ hidden under it.) That's a small town in Palestine 2000 years ago.



- *What did it look like?*
- *Who and what was in and around it?*

In this house there must have been something of interest because everybody wanted to come in. The house was so overcrowded that nobody could enter any more.



- *Who went there and why? What attracted them?"*

Everybody says something, putting a figure made of wooden rings and strings around the house. E.g. a merchant because he has heard a big noise around the house, A farmer because he was invited there by his friend...

In this town there lived a lame man. By the time he was brought there by his friends, they could no longer get in. (The animator puts down the figure representing the lame man.) They knew who was in the house. The lame man "only" trusted his friends.

The friends decided to make a hole in the roof so that the lame man can also meet the one who was in the house. Let's join this project. Each of us should take a tile out of the roof. Everybody should

place the tile on the ground in front of themselves. (By the time all the tiles are taken out of the roof, the picture of Jesus in the house will be visible.)

- *Who was the person in your life who led you to Jesus?*
- *Have you ever led anybody to Jesus?*
- *Do you remember really encountering Jesus in your heart?* The animator puts a burning white candle in the middle to represent Jesus, who is with us now, too.

Portray that person or experience on the tile you have taken out of the roof. In the meantime, we are listening to soft music. We can also say a few words about this person or this experience.



Prayer

Thank God for the person who has led us to Christ and tie our creation to the candle representing Jesus by means of a band.

Song

Bless the Lord¹.

¹ www.youtube.com/watch?v=t4Svh-9ohg4

2. *The entrance of Jesus to Jerusalem*

(Lk 19: 29-40)

Materials: As many flat brown stones as the number of participants with “Shall I speak out?” written on them. The words on the white stones should be as follows: road, Jesus, Jerusalem, Apostles, Pharisees, people, donkey, the Mount of Olives... Wooden rings with colour strings for each participant, some rolls of brown paper bands as a road to depict the characters of the story, a thick dark shawl representing a mountain, building blocks for Jerusalem, small objects for decoration (seeds, pearls, chopsticks...), a large white candle.

Preparation: We are sitting in a circle with our eyes closed and our open hands on our knees. I put something into it for everybody but they can only look at it after everybody has got it and I tell them to open their eyes. I give the white stones to half of the participants and the other objects needed to depict the words to the others.

Game

Whoever has a white stone in his hand mimes the meaning of the word to the others or tells the point of what the word means. Alternatively, they can talk about it. We should see to it that the chronological order is kept: road, Jesus, Jerusalem... When a word is guessed right, the one who feels that he has an object suitable for depicting it puts it on the floor. (The road is a brown paper, Jesus is a wooden ring with a string, Jerusalem: building blocks). Jerusalem should be built at the end of the road. The figure of Jesus should be put in the middle of our space, at about the end of the road.

The animator starts to tell the story in his own words (Luke 19: 29-40) *Jesus and his disciples were on their way to Jerusalem to celebrate Easter. He sent a few apostles to a nearby village to fetch a young donkey on which nobody had ever sat. He sat on the don-*



key and went on. At that time of the year many were going to the town for the feast.

The animator passes a basket around which contains wooden rings and strings. Everyone takes a ring and a string. After everybody has had the basket, they portray themselves in Jerusalem or in the neighbourhood and tell the others who they think they are. He can add other things to the common picture, e.g. a tree or a house of sticks, etc. The animator puts brown stones with their faces down on the road, the fields, the mountains, the towns... then he carries on the story.

As he was approaching the downward slope of the Mount of Olives, the whole group of disciples joyfully began to praise God at the top of their voices for all the miracles they had seen. They cried out: Blessed is he who is coming as King in the name of the Lord! Glory to the Lord in the highest heavens!



The apostles already believed that Jesus was sent by God. We know, too, that Jesus is the Son of God although he appeared to be like any other man. His divinity was demonstrated by what he did and taught. That's why I put now the burning candle next to his figure. Let's sing praises to God: Bless the Lord, bless his holy name...



But some Pharisees in the crowd said to him, “Master, reprove your disciples,” but he answered, “I tell you, if these keep silence, the stones will cry out.”

Now each of us should pick up a stone to remind us that we should praise God. Jesus addresses me, too. Will I keep silent or speak out, praise him and confess God?

Prayer

We praise the Lord in our own words. Those who have finished put the stone with the text downwards around the candle at the feet of Jesus, indicating that while the stone may keep silent, our mouth will praise and confess Him.

3.

You are precious

God loves you. You are precious in his eyes (Isaiah 43: 4)

Material : a large bright, golden, circular card; colourful, small circular cards, a small treasure box containing as many beads (gems) as participants, pearls, seeds and a large candle for decoration.

Task

We are sitting in a circle: we put the large card in the middle, members of the community should put the colourful cards around it (there will emerge a beautiful, definite centre). We will look around to see who is in the circle. We enter the middle of the circle one by one. Whoever is standing in the circle, closes his eyes, waiting quietly, then opens his eyes.



The animator will tell a few nice words so that the member of the community does "enter the middle". Then everybody should say: *"It's good that you are here, you are the centre and we are happy about you"*.

The member of the community can say to himself: *"I am standing at a beautiful colourful centre. It is good for me to be here."*

Then the animator tells each person standing in the circle a quotation, looking into their eyes: *"You are who you are for a reason. You're part of an intricate plan. You're a precious and perfect unique design, called God's special woman or man."* (Russel Kelfer)

The group is being built as everybody feels that they are important and are being cared for. Each child has been once at the centre, then joins the others standing in a circle. We show respect for each other, and discover them. We keep this dignity when we join the others. Now the circle is full of respectable and recognized persons.

I am precious

We are all sitting here around a centre. *What should be in the middle? Would we like to put something there?*

We put a box of treasures there. *What can it include?*

Members of the community are sitting with their eyes closed and palms open. The animator puts a precious stone in everybody's palm.

Everybody should receive the stone rather than pick and choose it themselves. Our preciousness and excellence are not our merits but the undeserved gifts of God to our parents, a gift that we can keep in our hands for our whole life. In the meantime, we can sing a song.

We look closely at what we have in our hands. If we close our palms, it is hidden. That's how precious stones are hidden in the depth of the earth. Nobody knows about them because they cannot be seen from outside. Now I also carry a treasure hidden within me. Members of the community turn towards each other and show their hidden treasures. We then hold the stones towards the light and watch them shine. Now we look at each other as precious stones shining.

What can we do with the precious stones? E.g. we can put it into the drawer, we can incorporate it into something or make a ring out of it...

Everybody gets a ring. We put the stone into it and everybody places them on their cardboard.



Song

You are mine (www.youtube.com/watch?v=v6Eqq5Q1DOU)

A precious chain

There are many precious stones here in the middle, next to each other, we could form a chain of them. We are all interconnected like the links of a chain. (We can grasp each other's hands one by one.) As we now form a chain, we can link the precious stones, too, to make a chain. When we are ready, we can grasp each other's hands again. In this chain everybody is precious like a precious stone.



God knows us, we are precious in his eyes

The decorated bright card is shining. We have gathered around it, rejoicing. What should we put in the middle where the box of treasures stood? Each of us has stood there in the middle. Can we now put something else there too?

After the members of the community have said something, we put a lit candle in the middle.



The light of the candle reminds us of God. God's light should be shining among us here in the middle. We give thanks to him, our God, who knows us all well and loves us.

Prayer: Psalm 139

Yahweh, you know me. You fence me in, behind and in front, as one does with precious stones. You have laid your hand upon me. For so many marvels I thank you; all your works are wonders. You know me through and through. I thank you. Such amazing knowledge is beyond me, a height to which I cannot attain.

4.

Jesus in the temple of Jerusalem

Lk 2: 41-52

Material: 2 ropes of different lengths, 3 strings of different lengths, small things for decoration, stones for an altar, golden circle representing God, corks for columns, as many tealights, colourful sheets, colourful strings and wooden rings as the number of participants + 3.

Warm up

We ask two courageous participants to walk about in the room, one of them with his eyes closed, his arms stretched out and his straight palm turned downside. Before he bumps into something, the other person puts his hand below his palm, guiding him. It is important that he should only give signals if he is in danger. If that doesn't work, he can also lead him by the hand. This should be repeated by two or three pairs. Make sure that one side of the pairs with his eyes open should be a person with an intellectual disability.

– *What did it feel like for the one led? It felt vulnerable, I had to trust the other one...*

– *And for the leader? – I bore the responsibility...*

The animator is holding a ball of rope in my hand.

– *What have I got in my hand? Some rope.*

– *What shape is it? What does it look like? Like a ball...*

We pass it around, looking gently at the one to whom we pass it. When it reaches me again, I loosen it and take one end of it.

– *What qualities does the rope have? It is long and strong. It has two ends.*

– *What is it used for? For protecting and connecting people and things...*

Let's pass the unravelled rope on so that it should reach everybody. The rope is not long enough for everybody to take it, so you must find out how to manage. When a circle is formed, I take

both ends in my hand. We try to find the middle of the space together and put the rope down together so that it should be rectangular-shaped.

– *What is the rope used for now? It has a particular shape, it divides the space into two, it separates things...*

The animator forms a gate at both ends of the rope.

– *What does it resemble? A rectangle, a carpet... a room.*

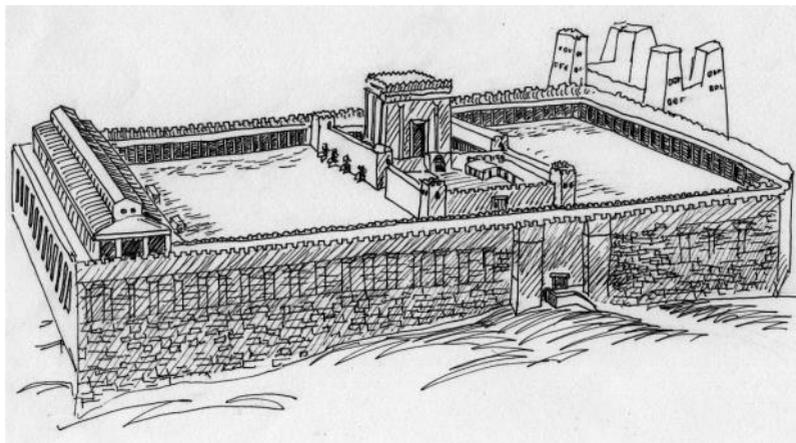
– *What has a gate? A garden, a house... a church.*

– *What is there in a church? God, an altar, priests, they are represented in the picture.*

– *You have told us many more things. What did you say was not placed in the church yet? Jesus, windows, an organ, a Mary statue, a cross...*

We did not place them in the church because it is in fact not a church, but a Jewish temple, in fact the only Jewish temple, which is in Jerusalem. At the time of our story it still stood. It is a huge building, which was reconstructed by Herod. When you entered it, you could see a courtyard where there were animals, too. This was the courtyard of the Gentiles. We put a smaller rectangular-shaped thinner string within the first one.

It was extremely noisy here with the prophets prophesying, the sacrificial animals making noise, people buying and selling, scribes



teaching ... under a huge portico. (We put columns made of corks between the two ropes, leaving enough space for personal construction later.)

The next section could only be entered by humans. Women could pray in the courtyard of Jewish women. The next section, the courtyard of men couldn't be entered by women either.

The animator separates the two sections right in the middle of the room, at the altar, by means of a string.

The next section could only be entered by priests. Deeper inside, in the Sanctuary there were the sacred objects. At the deepest point, in the Holy of Holies it was completely dark. It had no windows and there were no candles burning there. It was empty. (Until the Babylonian captivity, Solomon's Temple contained the Ark of the Covenant including the two Tables of the Covenant with the Ten Commandments on them.) This room could be entered by the priest once a year. The priest was chosen by lots. That's why we placed the golden circle representing God in the Holy of Holies rather than the white candle representing Jesus in the temple.

The animator can represent every section by means of a special string or a smaller and smaller colour sheet.

If we enter the temple today, we take off our cap out of respect. When Jews entered this temple or enter a synagogue, they put on a small cap or a shawl. In Hebrew it is called Kippah, meaning cupola or cope of heaven, too. When they put on a cap, they feel the sky of the Almighty covering and protecting them, providing spiritual safety. Ancient Romans forbade their slaves from using headcovers. The Jews wanted to be free at least in their temple, synagogues and homes. So this is a sign of their freedom.

Let's fill this temple with people. Make a figure out of rings and strings. Tell us who you place where and why. A monger, a money changer, a poor woman, a priest, a scribe...

We act out the story of Mary and Joseph finding Jesus in the temple in our own words. (Luke 2: 41-52)

While relating the story, the animator portrays Jesus among the teachers, then Mary and Joseph.

Jesus was 12 years old when he was presented in the temple. This was the feast of his reaching adulthood, that is, his Bar Mitzvah. Jesus obeyed his parents, Mary and Joseph, but from that day on he was considered an adult who could decide things on his own. Mary and Joseph had to realise that from then on not only they led Jesus but Jesus also led them.

Let's choose a colour felt sheet and put it on the courtyard of the temple where the scribes taught.

- *When did you feel that what you are doing is something that only you can do and that's why you must "lead the others"? A responsibility which is carried out by a member of the community with an intellectual disability; a personal trait that is characteristic of a friend with a disability and that is very important for the community etc.)*
- *When did you feel that your child was leading you? Depict it on the sheet. In the meantime, we can listen to soft music and speak about our child.*

At the end we will tell the others about our pictures.

Prayer

We thank God for leading us through others and light a tealight for him as a "burnt offering" out of gratitude.



5. *Easter*



Prayer, litany

A round golden sheet represents God, his presence, holiness and glory.

The white candle represents Jesus, his resurrection, light and guidance.

Let's state in one sentence what Jesus is for me. While saying Jesus, you are my peace: *Jesus, you are my strength...* Let's put 2 V-shaped golden sheets around the candle.

Let's answer together: Thank you, Jesus.

Song: Do not be afraid¹.

Let's close the prayer with a blessing.

6. *Pentecost*

Material: : a large, round and white tablecloth, which is put in the middle before the members of the community arrive; red and blue ribbons, which are hidden below the tablecloth. 12 wooden discs (or cards), small, dark coloured material pieces, an Easter candle, a picture of Mary, 1 slice of bread, the names of the apostles, a black stone for everyone.

¹ www.youtube.com/watch?v=EAdRk9c1R10

Warm-up game

We are sitting around the tablecloth a little bit farther away. Someone should go around on the free space.

– *What did it feel like? Well, nothing special.*

Somebody should start to go round with his eyes closed. (If the given person does not have the courage to go round, we can propose the next task but let's ask him why he wasn't willing to do it on his own.)

– *What did it feel like? Frightening, uncertain...*

Somebody should start to go around with his eyes closed and everybody should help him together verbally.

– *What did it feel like? Chaos. Frightening, uncertain...*

Practice

Members of the community hang the names of the apostles around their necks. We put the burning Easter candle in the middle and a slice of bread next to it. We put 12 wooden discs around the tablecloth.

Looking at the picture, everybody can tell what it reminds them of: *a table, a feast, a supper, Easter...*

Everybody gets a small dark material, which is to be put around the tablecloth, framing it dark. In the meantime, we can hum or sing: *Let nothing trouble you, let nothing scare you...*

We discuss what can be seen now: *a fortress, a house, a prison...*

The animator will tell in their own words: *Jesus' friends have gathered in a room where Jesus broke the bread for them. Now Jesus' friends are half-hearted and helpless. The Lord Jesus died on the cross, resurrected and then appeared to them. But he is no longer here. He went home to the Father. Mary, the mother of Jesus is with them. (We put the picture of Mary next to the candle). Mary believes what Jesus said. In her heart she knows that Jesus doesn't leave his friends alone. He will send a Comforter, an Encourager, the Paraclete, who will stand by their side. The apostles, together with Mary, are waiting for this heavenly Power, the Holy Spirit.*

We try to imitate the half-heartedness of the apostles. We are hanging our heads, crossing our arms and waiting.



Suddenly there comes from heaven a sound as of a violent wind which fills the entire house. It is as if a great storm swept away everything that is dark and frightening. We should imitate the wind: We take the blue ribbons from below the tablecloth, waving them, bowing down again and again and making rustling voices. The house is filled with light as if a fire was lit. There appear to them tongues as of fire; setting everything on fire. We take out the red ribbons, too, and imitate the fire with our hands.

We sing: Come, Holy Spirit... (or another song).

We pull the dark material pieces apart. The doors open. The walls of fear collapse. At the end of the song we put the ribbons on or around the tablecloth.

The hearts of the apostles are filled with light, they are set on fire. They have new strength and joy. They find consolation and courage. They feel that the Spirit of Jesus, the Spirit of God is here among them and within themselves. They get up, go out boldly into the streets and tell the crowd there: "Rejoice because Jesus, whom you have killed, have resurrected, is alive and loves you!"

We became witnesses. We get up, turn towards each other, telling a sentence: Jesus is alive, Jesus loves you, Jesus sends me...

Prayer

A song about the Holy Spirit

Everybody can whispered a prayer: "Jesus, you have risen from the dead. Jesus, you are my life. Jesus, you fill me with strength. Jesus, you give me courage too... Whoever has whispered a prayer puts down his nametag around the candle.

Board game: Following Jesus

To download: www.faithandlight.org/rubriques/haut/album_photo/board-game-following-jesus/albumphoto_view

Form teams with an equal number of members. You can name the team as well. For the game, you'll need a dice and tokens, which can be represented by different tealights, the tokens of an existing board game or colour pebbles. One for each team will do.

Each team should set its token on the Start field, which is a field of "diversity". The teams throw and step consecutively.

The teams must conduct various tasks based on the big stations and a few colourful fields. The game is over when everybody has reached the goal.



I give thanks to God every day. Step forward 1 field.



I have called a friend I haven't seen for a long time. Step forward 3 fields.



I have left my songbook in the church. Step backwards 2 fields.



Start field.



The team members should mime loving each other. Step forward 1 field.



Dance to one of your favourite songs. Step forward 3 fields.



From this field you can advance to the next step only if all the teams have reached or passed this field. Cheer for them.



From this field you can move forward only if you throw a six. Each member of the team can give it a try in the first round.



Act out a short biblical story. If a team guesses it right, step forward 3 fields together.



Name a positive quality of each of your fellow team members. Then step forward three fields.



The team members should close their eyes. Then someone from another team should make an animal voice or sing a short song. The members of the team should guess who made the voice. They have 3 guesses. If they guess it right, they can step forward three fields.



A friend of yours needs help. Step backwards to him and then move to the "palm branch" field together.



Sing praises to God. Then step forward two fields.



Shake hands of my neighbour. Say to each other: "Peace be with you". Step forward 2 fields.



Stand in a circle, grasping each other's hands. Lift your hands up high and cry out: "Hooray, everybody has reached the goal". Dance a circle dance. You have done a very good job!

Artist's workshop

A fish medaillon

Let's make fish and circular loaves of bread out of modelling clay

Ingredients: 1 cup of yeast, 1/2 cup of salt; 1/2 cup of baking soda or 1 sachet of baking powder, 1 teaspoon of oil, 1 cup of hot water.

Recipe: prepare the dough before the meeting. Pour the ingredients into a saucepan and bring to a boil, medium heat. Stir slowly until hardened. Knead. Place in a pouch, close and wait for the dough to cool. If you do not use it immediately, put in the refrigerator.

During the meeting, we model our fish. We can decorate it with pearls or seeds. If we want to wear a medaillon, we perforate it before it dries. Then it can be painted. It can be worn around the neck or hang to decorate the room.



Paper flowers

Material: need thin colour paper bands, scissors, adhesives, and a coloured sheet for each person.

Let's make a flower arrangement using the paper bands. We can arrange them 'flatly' or edgewise, set them to edge or wind them up. We shouldn't forget about the background either. I can give it as a gift to the one I love the best or the one for whom I'm going to pray until the next meeting.



Painting stones

Material: acrylic paint or water-colour.

Once we have gathered very many stones for the meeting, let's colour them brightly. Each person can write a message on it to another person. Patterns cut out of beautiful napkins can also be stuck on it. We can then have fun making shapes by placing the pebbles side by side, as here to represent a small animal



Card with a string around it

Material: thick cardboard, strings of color.

We can cut out any pattern we like: a circle, a fish, a flower, a bird... This should preferably be prepared before the meeting. Using scissors, let's cut about 0.5 cm into it all around the edges, then – as a spider – let's try to spin a web over the pattern we cut out by using colour strings. We can use many kinds of yarns or threads. When winding it, we can thread beads on it or fix dried flowers, leaves, feathers or branches on it. Finally, we should firmly tie the end of the yarn to one of the strings. We can make a hook out of another string to decorate and offers it to a friend.



Candle drawing

Material: a long candle, cartons, watercolour, paint brushes, water bowls.

We take a sheet on which we will draw stars or any pattern or sign that we like by means of an “invisible” candle. But we can use colour crayons, too. Then, we should paint it with thick watercolour and a larger paint brush (dark colour is to be preferred). After it dries, we should cut out a circle, cut a hole atop and thread yarn through it. If covered with transparent self-adhesive film, it will also do as a postcard or a bookmark.



Fruit composition

Material: small cardboard basket (prepared in advance, fresh fruits and dried fruits.

Let's put a big bowl full of different fruits, possibly, shrunken fruits, too, on the table. Let's observe the various colours and forms. Let's name those we like the best and the least. Everybody should then get a paper dish or a card. This can be cut with scissors or folded or decorated with napkins or ribbons.



Take, then, the fruits in front of you and make an impressive fruit composition of them. Let's arrange them in the following patterns: flowers, fish, butterflies, heart etc. If we are ready, everybody should give them as a gift to someone. At the end each participant should have a gift. Let's admire it and eat it with relish together.

A puppet with socks on

Material: old socks or stockings. (If it has a hole in it, let's sew it). As a stuffing material, we can use beans, lentils wheat, rice... Elastics, felt.

Let's stuff the socks by halves, then tie them up strongly possibly by means of a rubber band. Let's work in pairs, helping each other. This can be repeated if necessary. Then the eyes, legs and other supplements should be cut out of felt or other textiles or yarn and stuck on. They can be sewn, too. When we have finished, we should tie a rubber band round his/her neck or on the top of his/her head. Let's start a puppet show and a party. Let's have them dance to our favourite songs.



Flood of papers

Material: white paper bands, scissors

We should fold up long white paper bands to make them like an accordion, then cut various criss-cross and other patterns or waves into it. If we have no paper coils, we can also use parchment paper or we can stick smaller sheets together by means of adhesive tape. The folded paper lace can be used to prepare the kings' crowns and cloaks, the wool of lambs, Mary's robe, Joseph's beard for the our nativity scene and to line the cradle of the Baby Jesus. Here, in Hungary, it always snows at Christmas, when the window is also decorated with this paper festoon...



Straw painting

Material: big round leaf, painting, straws.



We are sitting around a large (and preferably circular) sheet. We can paint a burning candle in the middle. Large spots of paint should be dropped onto the sheet at random. Those standing around are trying to channel the paint drops in the direction of the candle by blowing a drinking straw.

We will have beautiful routes, maps and sophisticated constellations of stars. Let's have a nice time creating something together. We can put the picture in our prayer corner.

Canned fruit of love

Material: A small jar per person, a piece of round fabric large enough to close the jar, a string or an elastic band, felt pens, pencils, stickers, strips of paper, tape.

There should be a bottle for everyone. Label it and write his/her name on it. Then everybody should write something nice or positive about the given person or draw something for him (several drawings can be made, too). We should fold it and drop it in the bottle. We cover the bottle with the textile, tie the string around it and decorate the bottle nicely with an alcohol marker, glass paint or decals. Everyone should bring his own "bottle" home and "taste" its content whenever he needs it.



The bookshop of Faith and Light

www.faithandlight.org/rubriques/haut/publications/faith-and-light-publications

- **Never again alone**, the adventure of Faith and Light 18€
 Marie-Hélène Mathieu
[http://bookstore.westbowpress.com/Products/SKU-000923382/](http://bookstore.westbowpress.com/Products/SKU-000923382/Never-Again-Alone.aspx)
 Never-Again-Alone.aspx
- **For community building**

Charter and Constitution	1€
Annual Guidelines	5€
Leader's handbook	3€
Our first guidelines	5,50€
Identity and mission of Faith and Light	2,50€
Sharing our responsibility	3€
General rules of financial management	Free
A few easy recipes to raise funds	1€
The leader's pack (contains the most important documents)	8€
- **For deepening our life together**

Day for a renewal in the community	Free
Spirituality of Faith and Light	3€
Letters to my brothers and sisters, Fr Joseph Larsen	2€
The Mysteries of Faith and Light, Ghislain du Chéné	0,50€
The Way of Cross of Faith and Light, Ghislain du Chéné	2,50€
How to prepare and live a retreat	3€
Retreats in Faith and Light	3€
Ecumenism in Faith and Light	3€
Fioretti, Fr Joseph Larsen	2€
Kit of 5 DVDs of Jean Vanier	42€
"Learning from those who are weak"	
- **Getting to know us better**

The way of the heart, chaplains bear witness	6€
Messages of the Churches to Faith and Light	3€
Leaflets	Free
Faith and Light posters	0,08€
Pins of Faith and Light	2€
- **"Up Sails!"** Faith and Light international letter (Free via internet)

Print subscription, participation fees:	20€
Special edition "Youth people"	2€

Faith and Light prayer

Jesus, you came into our world
to reveal the Father to us, your Father and our Father.

You came to teach us to love one another.

Give us the Holy Spirit, according to your promise,
so that he will make us instruments of peace and unity,
in this world of war and division.

Jesus you have called us to follow you in a community of Faith and Light.

We want to say "yes" to you.

We want to live in a covenant of love in this big family you have given us,
where we can share our sufferings and difficulties,
our joys and our hope.

Teach us to accept our wounds, our weakness
so that your power may be revealed.

Teach us to find you in all our brothers and sisters
especially in those who are the weakest.

Teach us to follow you in the ways of the Gospel.

Jesus come and live in us and in our communities
as you first lived in Mary.

She was the first to welcome you.

Help us to be faithfully present, with her,
at the foot of the cross, near the crucified of the world.

Help us to live your Resurrection.

Amen.