

2019-2020 Officers

President	
Dale Warren	609-7954
412 East Southside Court	
Louisville, Ky. 40214-3026	
1st Vice President	
Sahara Myers	245-0781
2nd Vice President	
Pam Gooch	836-7640
Treasurer	
Mary Perry	277-1153
Recording Secretary	
Marilyn Puckett	935-7002
Corresponding Secretary	
Debbie Dunn	541-1865
KRTA Representative	
Dr. Rick Tatum	649-7613
Past President/Parliamentarian	
Dr. Rick Tatum	649-7613
Audit and Budget	
Ann Hafling	361-5245
Community Liaison	
VACANT (Contact Ken Draut)	
Insurance	
Lue Peabody	767-9328
KRTA Membership	
Sheila Carson-Smith	262-2686
Legislation	
Susan Thurman	386-2555
JCRTA Membership	
Marilyn Hazard	499-2716
Necrology	
Donna Seaford	429-8227
Nominating	
Melanie Wood	290-4944
Remembrance	
Tara Parker	226-0219
Scholarship	
VACANT	
Technology	
Ken Draut	592-8049
Trips and Tours	
Martha O'Bryan	426-5394
Ruth Boone	451-6430
Trips/Tours Treasurer	
Bonnie Wantland	241-7535
KRTA/AARP Essay Contest	
VACANT	



Dale Warren
JCRTA President

A Message from the President

I hope you and your family are doing well, healthy, and happy during these trying times.

Congratulations to our elected officers:

- 2nd Vice President – Pam Gooch
- Corresponding Secretary – Debbie Dunn
- Recording Secretary – Marilyn Puckett
- KRTA Representative – Rick Tatum

Also, Melanie Wood is now the Nominating Chair. She has served our organization for many years. Tara Parker is now serving as Remembrance Chair.

The August 28th luncheon at the UofL University Club has been cancelled due to the COVID-19 virus.

However, we will be having a 2020 Virtual Workshop August 28th instead. In this newsletter is the information from KRTA Executive Director Tim Abrams concerning the workshop.

Hopefully we will be able to have our December 5, 2020 General Meeting Luncheon as previously scheduled. But, we will wait and see what happens.

Let's just hope and pray things get better in the future.

Be safe, take care, and I hope to see you soon.

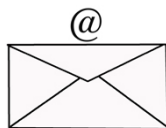
Sincerely,

Dale Warren



Technology – Website Contest

Ken Draut



Check out our JCRTA website and earn a Prize. Our website is full of important and pertinent information for members. Go to the site and see if you can find the answer to these questions:

1. Under the Executive Board Tab at the top, who is our JCRTA President?
2. Under the Newsletter Tab, what is the oldest Newsletter posted?
3. Under the Travel Tab, though cancelled what was the KY Horse Park Day Trip date?
4. Under Community Work, what is the name of an organization needing help?

Send an email to me at technology@jcrta.org and let me know you checked out the website. We'll put all responses in a bowl and draw a name for the winner of the Prize. And remember to drop into the website anytime to see new information, check on opportunities and be aware of issues facing Retired Teachers.

From the Desk of the First Vice President

Sahara A. Myers, 1st Vice President

Where have the last 3 months gone? Have the days gone by quickly or slowly? For me, they have gone by like lightning. It could be because I don't get up early. The day is practically gone when I decide to get up...well maybe not that bad. However, I generally feel like I just got up when I take those stairs back to bed. I look over at Ralph and say, "Weren't we just here a minute ago?" I remember as a child when I used to complain about time going too slowly and my grandmother and others would say, "Don't try to grow up too soon." Or "Just wait, there will come a time when time will go so fast, you won't be able to keep up." Well folks, I'm there.

I found myself thinking about my grandmother who I called, Granny. She lived on a farm in Woodford County as a sharecropper most of my childhood. We would spend time on the farm during the summer when my parents took their vacations away from us. We sometimes had dinner there after church on Sundays. My grandmother was a great cook. She seemed to know how to create magic with vegetables and fruits straight out of the garden.

Granny knew potions and plants that could cure a host of illnesses and diseases. One such cure-all was the asphidity bag. I wasn't sure if I had the correct pronunciation or spelling of this item because sometimes Granny talked very fast and I wasn't sure I understood what she was saying. If you knew my Granny, you wouldn't ask too many questions. She might think I was being disrespectful. An asphidity bag contains various herbs and spices that reportedly rid the body of germs. It was worn by being pinned to one's undergarments. Depending on what it was supposed to cure, the herbs might differ. Which brings me to my point...I wonder if an asphidity bag could be used to keep us safe from COVID19. Think about it...most asphidity bags had very strong and unpleasant smells. So strong, people didn't want to be near the PERSON WEARING IT. The stronger the better. Wearing an asphidity bag would force the wearers into PHYSICAL and SOCIAL DISTANCING. My question is, can we get our students to wear one when they go back to in-person school? Seriously, we have to come up with a plan to make sure our children are safe when they return to the classroom. Continue to pray for our students, administrations, staff and teachers as they navigate these uncertain and uncharted waters.



I'm thinking more and more about our school children these days. They will need so much in terms of support this year. Even though I'm retired, I still ache for our babies and feel concern for their well-being.



One of the ways we as retired teachers support the students of Jefferson County is to collect school supplies at the beginning of the school year. That means we

put out collection boxes at our August JCTRA meeting. Sadly, there won't be a meeting in August, however we will STILL collect items and make a contribution to a school or schools that are in need. I did some shopping at Kroger recently and saw a display near the aisle where school supplies were being offered. There is a pre-packaged box of supplies that can be purchased for \$7.99. I bought one for my granddaughter. She has enough supplies that she should be ready to start school whether in person or in a non-traditional format. I really like this box. It has a variety of items needed by most students. One box can support one child very well. I'm not saying you must purchase this item but it includes examples of items every school student would need. Kroger is also offering a 10% percent discount to teachers and honorary teachers until September. I bet you can get a discount if you still have your school picture ID. We will collect items in August but I can't give you an exact day or place. What I can say is, please go ahead and make your purchases. I will be in contact with Dr. Gwen Goffner, the Managing Director of JCPS FRSYC for suggestions for distribution. When we have locations and a date for the collection, we will let you know in an email. Please look forward to making the purchases of your donations. I will be looking forward to seeing you all again. But until then, be safe, be sanitized, and be sane.

Trips & Tours for 2021

Ruth Boone & Martha O'Bryan

CHARLESTON

May 17-22, 2021

VERMONT

September 19-25, 2021

There will be more information in the next newsletter November 2020, or go online to our website www.jctra.org and go to trips and tours.

Community Liaison

Ken Draut

RETIRED TEACHER ADVOCATE NEEDED



Teach Kentucky needs Retired Teachers to be mentors for new middle and high school teachers in the Teach Kentucky program. Teach Kentucky will provide training and a \$250 stipend per teacher to cover travel costs. Retired teachers will develop relationships with teachers to build conversations about curriculum, books, ideas, discipline, and classroom setup. Mentors will visit with teachers 2-3 times to discuss progress and challenges. This program is a fun and unique way to build a relationship with a new teacher or two.

If you are interested in being an RTA for the 2020-2021 school year, please respond to the following:

1. Please let me know if you would like to serve as an RTA with our program for the upcoming year.
2. Please indicate your past content area and school experiences. When possible, we try to match RTAs with mentees with a similar content area or teach in a school where the RTA has experience. If you have geographic or other preferences, please let me know. We will do our best to accommodate you. If you do not have preferences, please indicate that as well.
3. If you have any friends or former colleagues who would be interested in becoming RTAs this year, please have them contact me.

Contact: Mariah Richards, Teacher Induction & Support Coordinator, AmeriCorps Member Coordinator, Teach Kentucky, Inc. (919) 810-3737

PANAMA TRIP



Congratulations 2020 Retirees!!!

April

- LISA M ADAMS
- WILLIAM G CRUMP
- JULIA E JOHNSON
- PAMELA J PETTYJOHN
- JOHN S SHIELDS
- WILLIAM W WEBER

May

- SUSAN S ATKINS
- BARBARA R DEMPSEY
- DAVID A DISALVO
- LEE A HAMMOND
- DANIEL P O'BRYAN
- PATRICK C STEVENSON

June

- MARTHA S BUECHLEIN
- LAURENE CROCKETT
- KEVIN F DECOSTE
- GLENN A KING
- VICTORIA S LEUCHT
- GWENDOLYN Y LYONS
- SUSAN D MATTINGLY
- SHIRLEY A MONTGOMERY
- BONNIE J OWENS
- ANGELA J PASSANISI
- LISA A POTTS
- SUSAN W RHODES
- LANA S TACKETT
- LERONDA E THOMPSON
- CHESTER L WEST

We celebrate your retirement and want to congratulate you on the completion of a wonderful career. In order to celebrate in person we will be inviting you to be our guest for lunch at the next scheduled General Meeting of JCRTA to be held in December. Please see our next newsletter for the exact date and the form with which you can make your luncheon reservation.



Insurance Update

Lue Peabody

Two Programs to Help Medicare Eligible Retirees Stay Healthy

Coriell Life Sciences

Our Teachers' Retirement System has partnered with Coriell Life Sciences and the Know Your Rx Coalition to offer an optional medication safety program. Under the Medicare Eligible Health Plan, there is no cost to you. This genetic test can help your pharmacist and doctors make better choices, because medications don't work the same for everyone. These results may reduce adverse drug reactions, unnecessary side effects, and improve how you feel every day.

Many retired teachers already have had their DNA tested using an easily provided saliva sample. Almost two-thirds of participants have had a medication change as a result of this program.

To enroll, or for more information, please call Coriell at (888) 454-9024 or visit their website www.coriell.com/trs.

SilverSneakers

Retirees in the Medicare-eligible plan can keep healthy at home and get their daily exercise by participating in videos on the SilverSneakers website. SilverSneakers offers on-demand exercise videos so members can continue to work-out at home. For more information: <https://tools.silversneakers.com/>.

JCRTA Membership

Marilyn Hazard, Chair | Michael Jones, Co-Chair

I pray that everyone is well during this Covid-19 pandemic. If not, we send our prayers to you, your family, our teachers, our administrators, school workers, and our students. Let this year of learning be successful for everyone! I would like to thank all JCRTA members for sending in your money to keep your membership current during these difficult times. Also, remember that the cost of membership is \$10.00 a year. Any money paid over that, shall be counted as a donation to the organization. Please, only pay the \$10.00 needed! Again, thank you for your membership dues for the 20-21 year.

Marilyn & Michael

KRTA Membership

Sheila Carson

Congratulations to all KRTA members! Clap your hands! You did it again by receiving an award for increase in membership. We received the Silver Award for District growth during 2019-2020. Be proud and increase our growth!!! Hopefully, we will be able to have a celebration program when the time comes for better conditions. Remember that Together we are Strong!!

GENERAL MEETINGS

Saturday, December 5, 2020

UofL University Club

10:00 AM

BOARD MEETINGS

Tuesday, November 10, 2020

KRTA Office

10:00 AM

2020 KRTA VIRTUAL FALL WORKSHOP FOR JCRTA

Tim Abrams, KRTA Executive Director

AUGUST 28, 2020 AT 10:00 AM VIA ZOOM WEBINAR

The traditional KRTA Fall Workshop will be held virtually for the Jefferson County Retired Teachers Association (JCRTA) on August 28, 2020 at 10:00 AM. KRTA will be emailing out an invitation to register for the event in early August. If you have not been receiving emails from KRTA, please update your email address with the KRTA office. To do that, send an email to info@krt.org from the email account you use, please include your full name in the email.

The Workshop will include:

- 1) A TRS update from Gary Harbin, TRS Executive Secretary, Jane Gilbert, TRS Director of Retiree Health Care, and other TRS staff.
- 2) KRTA President, Sue Ellen Caldwell will share her 2020 Vision for KRTA
- 3) Updates from the KRTA Health and Insurance Committee as well as important information from Anthem, United Health Care, the Rx Coalition, Coriell Life Sciences (DNA testing), Brown and Brown Insurance – Delta Dental and Avesis
- 4) KRTA Legislative Priorities for 2021

GREAT DOOR PRIZES!!!

(Must be Present to Win)

The event promises to be jammed packed with information important for Kentucky's Retired Teachers. Please join us on August 28!!