

2021-2022 Officers

President	
Susan Thurman	386-2555
1134 Blackthorn Road	
Louisville, KY 40299	
1st Vice President	
Sahara Myers	245-0781
2nd Vice President	
Pam Gooch	836-7640
Treasurer	
Mary Perry	277-1813
Recording Secretary	
Marilyn Puckett	935-7002
Corresponding Secretary	
Debbie Dunn	541-1865
KRTA Representative	
Dr. Rick Tatum	649-7613
Past President/Parliamentarian	
Dale Warren	609-7954
Audit and Budget	
Ann Marie Hafling	690-3358
Community Liaison	
VACANT (Contact Ken Draut)	
Insurance	
Lue Peabody	767-9328
KRTA Membership	
Sheila Carson-Smith	262-2686
Legislation	
Beth Dowdell	641-5667
JCRTA Membership	
Marilyn Hazard	499-2716
Necrology	
Donna Seaford	429-8227
Nominating	
Melanie Wood	290-4944
Remembrance	
Tara Parker	226-0219
Scholarship	
VACANT	
Technology	
Ken Draut	592-8049
Trips and Tours	
Martha O'Bryan	426-5394
KRTA/AARP Essay Contest	
VACANT	



Susan R. Thurman
JCRTA President

A Message from the President

As summer lingered into fall this year, autumn now seems to be flying by at a rapid pace. Before we realize it, we will be fully embracing sweater and jacket weather, falling leaves and bare branches, and a holiday season filled with special dinners, traditions, friends, and family!

In reflecting on the upcoming holidays, I am reminded of all the things we can be truly thankful for this year in JCRTA.

I am especially grateful and excited to announce that our December holiday meeting will once again be held in person! Our upcoming general meeting and holiday luncheon is scheduled for **Tuesday, December 7 at 10:00 AM**. This time we are trying a new venue – **Wildwood Country Club**, located at 5000 Bardstown Road. In addition to JCRTA updates and holiday music, our program will feature a guest speaker from the Frazier History Museum. What a wonderful way to start your holiday season!

I am also proud and thankful for our JCRTA membership. With past careers dedicated to educating and serving others, our members continue to impact our community through volunteer work, tutoring, caregiving for the elderly, babysitting grandchildren, second careers, church work, and more. Retired teachers are the busiest people I know! Our members truly make a difference with their service to others.

On a somber note, I want to express our gratitude for the loyal and devoted leadership of two former JCRTA board members who recently passed away. Joyce Cecil was a former JCPS Reading Recovery Teacher Leader who was responsible for our annual remembrance service for deceased JCRTA members. Jim Hicks was a past JCRTA

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JCRTA Newsflash!



JCRTA General Meeting and Holiday Luncheon Reminders:

- **When:** Tuesday, December 7 at 10:00 a.m.
- **Where:** NEW VENUE – Wildwood Country Club, 5000 Bardstown Road, 40291
- **Reservations Due:** November 30 (Make checks out to JCRTA and mail to Pam Gooch, 13804 High Trail Court, Louisville, KY 40299)
- **Service Project:** Collecting monetary donations for **Blessings in a Backpack**; donations due by **December 31** (Make checks out to JCRTA and mail to Mary Perry, 640 Circle Valley Drive, Louisville, KY 40229)
- **Note:** Current CDC Guidelines encourage the wearing of masks when in large groups and/or indoor spaces, especially for those who are not vaccinated.

From the Desk of the First Vice President

Sahara A. Myers, 1st Vice President

Fall is here. According to my husband, it's time to turn on the heat. I'm not quite ready for that. I like the crispness in the air. I would rather put on a sweater than sweat. Thanksgiving is around the corner and if you have been listening to the newscasters, you better start shopping for Christmas right now!

A simple trip to the grocery store this week brought to my remembrance of the family gatherings of my youth when my Granny, Amanda Mae Newby, was still living. She was the master cook in the family. There were certain dishes she would always have at our Thanksgiving, Christmas or New Year's Day meals. One such dish was the Watergate salad. That salad was a mystery to me. I didn't know what went in it, but all I did know was that it was delicious. It was light green in color, shaped in a Bundt mold and the only ingredient I could identify was the marshmallows. I always associated that salad with special occasions and family. I didn't know the real name of the salad since Granny always called it Jell-O. It wasn't until I was grown, married with children of my own that I researched what actually was in it. As a small child, I had never eaten a pistachio nut before so it was understandable that I wouldn't be able to identify the taste. (For those of you who are interested, it is made with pistachio instant pudding, crushed pineapple, pineapple juice, marshmallows, and cool whip. --crushed pecans are optional.) I hadn't made it myself for many, many years. Not since my grown children were small... so I didn't really remember much about it.

As aforementioned, while at the grocery store on Sunday, I saw a container of pistachio flavored ice-cream in the freezer section. It was not what pistachio tasted like that drew me to the container, but it was the color on the container that triggered something familiar. It was that same light green color. I decided I wanted to try it. My husband warned me if I didn't like it, the ice-cream might sit in our freeze and go to waste. He evidently wasn't sure about the taste either. So I put it back on the freezer shelf. We continued to talk more about the ice-cream, having traveled down several aisles, before we concluded that we would go back and get it.

After dinner that evening I announced I was ready for dessert. The pistachio ice-cream was served. After **one**

bite, all of the memories of yesteryear immediately came flooding back to me. New Year's Day dinner at Granny's house...The mysterious Watergate salad...it was oh so delicious! I was elated to discover that the ice-cream tasted just like that salad! Images of my grandmother's house, her dining room table where the older adults ate, and the enclosed side porch with a long table set up for the young people to sit. There would be so many people in the house we would have to take turns in shifts to eat. I could see all of the bowls and platters of casseroles, colorful vegetables and an assortment of meats in her kitchen on the table, stove and counters. It all came rushing back to me in **one** glorious SPOONFUL. It tasted like home! It tasted like heaven! That wonderful flavor that was reserved for special occasions made that Sunday afternoon for me, something special.

It wasn't until after we finished our dessert that I explained to my husband why this flavor meant so much to me. He said, "You should have lead with that story, now I understand why you had to have it." I didn't know it was going to taste like that but I'm sure glad to have had that sensory trip down memory lane. It's a wonderful thing to be able to remember. I hope you all will be able to create wonderful new memories as our family and friends begin to gather in person for holidays, birthdays and special events. It's been a long couple of years and I hope you enjoy your every moment you have together.

On October 14 Mary Perry, our Treasurer, helpful husband, Ralph and I delivered the requested items to Michelle Cox the FRSC at Portland

Elementary School. They expressed their appreciation for everything that had been purchased. Thank you all for your generous donations of \$590.



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From the Desk of the First Vice President

(Continued from Page 2)



The requested items were:

- Kleenex
- Paper Plates
- Cutlery
- Superhero Stickers
- Fine Tip Dry Erase markers
- Solo cups
- Water bottles

Please keep in mind our next campaign for food collection. Last year's effort was a tremendous success. The membership really "showed-out" with our donation of \$1,000 to **Blessings in a Backpack**. Let's do it AGAIN!!! You can start now by sending your donations to JCRTA c/o Mary Perry, 640 Circle Valley Dr. Louisville KY 40229. The deadline is December 31, 2021. When giving to Blessings in a Backpack, the donations will stay in our community. Please remember our students. You can also bring your monetary donation **to our next meeting which will be at the Wildwood Country Club** located at 5000 Bardstown Road on **December 7, 2021**. I will have envelopes available. As of now, our meeting will be in-person. If there are changes, we will let you know.

Speaking of **December 7th**, our special guest will be Brian West. He is an educator/performer from the Frazier Museum. His dramatic reading is entitled The First Christmas in Louisville. This should be an enlightening and enjoyable presentation.

Don't forget to check out our website which can be found at <https://jcrta.org/> as well as our Facebook page. <https://www.facebook.com/JeffersonCountyRetiredTeachersAssociation>

A Message from the President

(Continued from Front Page)

president from the early 2000's. He was also a former principal at Hawthorne, Prestonia, and Klondike Elementary Schools. We will be forever grateful for the inspiration Joyce and Jim brought to both education and JCRTA.

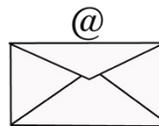
Make plans to kick off your holiday festivities with JCRTA on December 7 at Wildwood Country Club! May each of you have a holiday season filled with special times, happy memories, and grateful hearts.

Sincerely,

Susan R. Thurman
Susan Reynolds Thurman

Technology Update

Ken Draut



Check out our JCRTA Website look (JCRTA.ORG). Please take some time to visit the site and look around. You'll find Travel Opportunities, Community Opportunities, Legislative Information, Newsletters, Membership Information and much more.

Facebook: And be sure to visit our Facebook page - Jefferson County Retired Teachers Association for information and posts. Suggestions for the website or Facebook can be emailed to Ken Draut at technology@jcrta.org

And be sure to keep your email address up to date with us. When important and timely events occur, we can notify you via email. If you are a new retiree or a member who has changed your email address make sure you let us know. Just send us your first and last name with your email address to info@jcrta.org. NOTE: We will NOT give out your email address to anyone or any organization.

KRTA Representative Report

Rick Tatum

The last meeting of the KRTA EXECUTIVE COUNCIL was held August 23, 2021. The items listed below are some of the current items that were discussed at that meeting.

We reviewed the current status of our financial investments for the organization. KRTA has two accounts: They are the KRTA Reserve Funds and the N.O. Kimbler-Bourgard Foundation Fund. Each accounts includes: 1. Cash/CDs/Guaranteed Investments; 2. Bonds/Bond Funds/Fixed Income/Equity Income Funds and 3. Equity/Equity Funds. The organization maintains two years of operating cash that is available. The annual audit revealed good management of KRTA funds and continued growth of the funds.

We discussed the membership goal for 2021-22 is 32,822 and we had 31,574 members as of the date of the Executive Council meeting. The Membership Committee continued to stress personal contacts of retirees.

Items mentioned by the Health and Insurance Committee are that 90 million people in our country are not vaccinated and encouraged all retirees to make sure that they are not one of the people in this category.

United HealthCare has extended the deadline for getting your gift card for your annual Wellness Visit until December 30, 2021. Renew Rewards number is 1-888-219-4602.

A couple items from the Legislative Committee were that: 1. The Census, that was just concluded, can redraw legislative districts in Kentucky and 2. Don Hines is stepping down as Legislative Co-Chair. Allan Schuler and Marshall Ward will be serving as Legislative Co-chairs with Larry Woods.

Some dates that Local and District organizations need to keep in mind for the Grandparent Essay Contest are: Dates for submission of the Grandparent Essays; December 15th – School winner; March 1st - District Winner.

Upcoming Staffing Changes at KRTA Headquarters: Deputy Executive Director Janie Caslowe will be retiring effective December 31, 2021. Assistant Office Manager Charlotte Lindley will be retiring effective June 30, 2022.

The KRTA Executive Council voted to establish a new KRTA Volunteer Leadership Position. That person would oversee several KRTA Volunteer programs such as the Volunteer of the Year Award and the Cathy Gullett Service Award. The volunteer selected for this position will work with the District organizations in publicizing these events.

Rick Tatum
KRTA Representative

Community Liaison

Ken Draut

JCRTA VOLUNTEER HOURS FORM

We need your volunteer hours for 2021. The Kentucky Retired Teachers Association (KRTA) in conjunction with JCRTA collects an annual tally of member’s volunteer hours. Kentucky retired teachers provided nearly 1 million hours valued at \$19 million dollars! It’s vital to show how important retired teachers are to Kentucky and how we keep giving back to our communities. Everyone has some volunteer hours and even a few hours help boost our record. Please, fill out and return the top of the form inserted in this newsletter. Everyone volunteers – let us know of your work and help our chapter to document its good work.

VOLUNTEER OF THE YEAR FORM

KRTA picks an annual Volunteer of the Year from the applicants submitted by the KRTA districts around Kentucky. JCRTA needs nominees for our annual candidate. If you have a candidate, fill in the bottom of the form inserted into this newsletter. The work can be for 2021 or for any sustained effort over the years to help an organization or group. Please fill out the bottom of the form inserted in this newsletter.

The volunteer form can also be found on the JCRTA website (www.jcrta.org): Go to JCRTA homepage. On lower right is a list of FORMS. Under FORMS click on “Volunteer Hours.” Print out the form and use it to keep a tally of your volunteer hours. You can return this form either bringing it to the December 2021 meeting or emailing the form to JCRTA at info@jcrta.org or you can mail it to Ken Draut, 3612 Hillsboro Road, Louisville, KY 40207.

Congratulations 2021 Retirees!!!

July

MARY E BALDOCK
 DARCY J BERMAN
 LESLIE A BRAUER
 WILLIAM G BRENZEL
 LYNN M BROWN
 KIMBERLEE G BURNS
 DEBORAH D CAMPBELL
 JAMES L CONWAY JR
 JENNIFER J DAUGHERTY
 STACEY M DZIEDZIC
 CURTIS C ESSIG
 KIMBERLY A FINK
 LORI L FITZGERALD
 VIVIAN L GADDIS
 RONALD L GAMBRELL
 SANDRA E GAVIN
 FRANK L GILBERT
 ADELINA M GONZALEZ
 KYMBERLY C HAICK
 BRENDA F HARDIN
 BETH A JOHNSON
 SNAKE C JONES
 STELLA L KAVANAUGH
 ELLEN M KEENE
 TERRI L KENDALL
 PATRICIA A KUBANCIK
 ROSA R KURTZ
 LAN K LE
 CHARLES G LOGSDON
 TERESA J MAGUIRE
 PAMELA G MANN
 MARTHA A MCCORMACK
 MARK A MCKINNEY
 LAURA D MULLANEY

TANYA T NEWTON
 TYMNA S OBERHAUSEN
 MELISSA S OCONNELL
 JOHN S PEDEN
 NANCY K PFAADT
 SHARON L REDMON
 ELIZABETH A RUHE
 KAREN L SMITH
 JOSEPH D STEWART
 STEPHANIE R STINNETT
 KIM M SWETT
 THOMAS J TIERNEY
 IRENA TOMANIC
 MARIA E TREVINO
 EVELYN M TRINIDAD
 SHERRY A TUCKER
 JOHN D TURNER
 DAVID A WELCH
 JANICE B WELLER
 LAGRIELLE WIGLESWORTH
 KAREN J WILLS
 KIM-CUONG H WISE
 WILLIAM B WOLFE
 PATRICIA E WOODS

August

SUSAN S BIBELHAUSER
 ELIZABETH E BOYD
 ERIK A DENNES
 HOLLY H DUKES
 LAUREN V EASON
 JOSEPH T ELDER
 MARK E EVANS
 PAMELA J JONES
 LINDA B LEE

ROBERT R LOGAN
 PAMELA G POWERS
 JILL M PROFFITT
 MARY T RICKERT
 NICOLETTE L ROBISON
 LYNNE A SEEWER
 REBECCA R SEXTON
 ELLEN H SMITH
 MARTIN B TALLENT
 VICKIEE L VILLAFANE
 EDWARD C WARD
 FONDA H WILLIAMS
 PAMELA F WILLISON
 MAX A WINEINGER
 MICHELE B ZAYAS

September

KATHLEEN M ADAMS
 JOANNA B BOWERS
 JOSEPH R COLONNA
 DIANE S GRAYBILL
 KIMBERLY M GREGORY
 TONYA W GROVES
 BARBARA B HAYES
 PATRICIA D LAPAILLE
 ERICA L THOMPSON
 STACEY L UNTERREINER
 CAROL L WALTON

We celebrate your retirement by inviting you to be our guest for lunch on Tuesday, December 7, 2021. Be sure to send in your special invitation to Pam Gooch, 13804 High Trail Court, Louisville, KY 40299.

Insurance Update

Lue Peabody

2022 Teachers' Retirement System (TRS) Insurance

(To access a video recording of Jane Gilbert's October 18th KTRS Health and Insurance Committee Meeting presentation and her PowerPoint, click on the following link [Health and Insurance Presentation 10/18/2021 - KRTA.](#)) Jane Gilbert is the Director of Retiree Health Care for TRS. (jane.gilbert@trs.ky.gov)

TRS (800-618-1687, 502-848-8500) offers two health plans for retirees:

- **MEHP** (Medicare Eligible Health Plan) Medicare-eligible or 65 & over, TRS members, one plan
- **KEHP** (Kentucky Employees' Health Plan) under 65 and not Medicare eligible, same fund as active teachers and state employees

MEHP Medicare Eligible Health Plan 2022 (Age 65 and over)

- Currently, Medicare Part B is \$148.50. We will not know until late November if there is an increase. Members pay Part B to Social Security.
- Premiums for spouses will increase from \$178 to \$211.
- Yearly (remains the same): Low deductible (\$150); Low out of pocket (\$1,200)
- No change: Emergency Room copayment (\$120); Urgent Care copayments (\$25)

MEHP Medicare Advantage Plan continues with medical provider **United Health Care through 2022.**

- No Re-enrollment for 2022 for those currently participating in the KTRS MEHP. Members are automatically enrolled January 1, 2022 unless the member needs to make changes.
- **KTRS MEHP Part D Prescription Drug Plan** continues with **Express Scripts through 2023.**

MEHP consists of:

- United Health Care (1-844-518-5877 or <https://www.uhcretiree.com/trs/home.html>)
- Express Scripts Mail Order-Alternatives (generic) per 90 days at Express Scripts mail Order (1-877-866-5834 or www.Express-Scripts.com)
- Know Your Rx Coalition *Pharm-Assist* (1-855-218-5979) Direct access to **pharmacists** to help with: Prescription questions, Answer question about MEHP coverage
- Coriell Life Sciences (1-888-454-9024) DNA testing – Genetic testing wellness program with about 7,300 members participating
- SilverSneakers (1-888-423-4632) continuing free
- Renew, Real Appeal, Mom's Meals, Teladoc
- Register at www.UHCRetiree.com/trsto see these features available to you or call 844-518-5877 for more information.

KEHP Kentucky Eligible Health Plan 2022 (under 65)

- Same fund as active teachers and state employees, coverage options
- Passive enrollment (do nothing) for 2022 unless changes are needed
- KEHP consists of:
 - Anthem
 - CVS CareMark
 - Know Your Rx Coalition
 - WageWorks (may use Wameworks card to pay for DNA testing)
 - StayWell WebMD
 - Complete Living Well Promise each year by July 1 (Health Assessment or Biometric Screening). The penalty if Living Well Promise is not made by July 1, is a Premium charge of \$40.00 extra per month.

(Before you move from the KEHP to Medicare, remember that StayWell points and WageWorks account funds do not continue to Medicare and the TRS MEHP - so use them before you switch.)

Trips & Tours for 2021

Martha O'Bryan

Platinum Travel is sponsoring two trips. This first one is a day trip to the ARK ENCOUNTER in Williamstown, KY

Christmas Adventure at the ARK ENCOUNTER



JCRTA Members and Friends,

Please join us for a **Christmas Adventure at the Ark Encounter** in Williamstown, KY. Our day trip includes transportation, admission, buffet meal at Emzars's Kitchen, festive foods and drinks, traditional **Christmas** carols, **Christmas** market and gardens illuminated in rainbow-colored lights. The date is **Friday Dec. 10, 2021**. We will depart at 1:00 PM and return at 8:00 PM. The cost is **\$100** per person. Please make out a check to **Platinum Travel** and mail it to Russ Dunlap, 9432 Shelbyville Rd. 40222. Be sure to include your name, address, cell phone and email address.

The deadline for mailing the check into Russ is November 10, 2021. We must have at least 20 participants to go on this trip. Please send in your money immediately, if you are interested in going on this day trip.

Our pick-up point will be Southeast Christian Church, lot B. You may leave your cars there for the day. The address of the church is 920 Blankenbaker Pkwy. 40243

I will be leading the trip to the Ark Encounter. Be prepared for some **holiday festivities** on the bus ride.

If you have any questions or concerns, please contact me.

The second trip is to Charleston.



Platinum Travel is sponsoring a trip to Charleston. It will be with Diamond Tours. It is the same identical trip as JCRTA put together in 2020. The trip to Charleston will be May 16-21, 2022. The cost of the trip is \$754. Please go on line to www.jcрта.org. You will find all of the information and forms that need to be filled out and returned to Russ Dunlap at Platinum Travel. Please don't delay if you are interested in the trip. There are only 48 seats on the bus.

For further information please contact me. Martha O'Bryan, 502-426-5394, Tennisbridgemom@gmail.com

Teacher Shortage

Retired educators – JCPS students need your experience and your passion for teaching now more than ever! The Kentucky Legislature has passed a law allowing you to return to district work without any penalty to your retirement. This means if you return to JCPS full time, you will earn at least \$385 per day – the equivalent of \$71,000 per year PLUS your full pension. Part time positions are also available.

Check out the available jobs on JCPS’ employment web page. If you are interested or have questions, email jcp-sretiredteachers@jefferson.kyschools.us. JCPS appreciates what you’ve done for the students of Jefferson County and we look forward to welcoming you back to our schools!

Welcome New Retirees!

Welcome to the over 400 retirees from Jefferson County who have retired since our last in-person JCRTA meeting prior to the pandemic! We are grateful for your many years of service to students in our community and hope you are now enjoying being retired. To celebrate your retirement, JCRTA invites you to our upcoming general meeting and holiday luncheon on **December 7** at **Wildwood Country Club**. Lunch is on us, but reservations are required. We look forward to seeing you on December 7 and encourage you to actively participate in JCRTA!

GENERAL MEETINGS	Wildwood Country Club	BOARD MEETINGS	KRTA Office
Tuesday, December 7, 2021	10:00 AM		
<i>Registration 30 minutes prior to meeting.</i>			

Tuesday, December 7, 2021

NEW LOCATION is

Wildwood Country Club, 5000 Bardstown Road

Limited handicapped parking and golf-cart shuttle is available

Registration: 9:30 A.M.

Meeting: 10:00 A.M.

Menu

Salad; CHICKEN MARSALA on rice; Vegetable Medley; Rolls and butter; Coffee and Tea; DESSERT

Meeting: Tuesday, December 7, 2021

Please detach this form and return it to:

New retirees as listed in this newsletter must send in the special invitation to qualify for a free lunch.

Name: _____ Telephone No.: _____

School Table Reservation: _____

I am enclosing \$ _____ for _____ reservations at \$20 each.

E-mail _____

Pam Gooch

13804 High Trail Court

Louisville, KY 40299



Reservations deadline for a meal is Tuesday, November 30, 2021. Make your check to JCRTA. No telephone or walk-in reservations will be accepted.

JCRTA Volunteer Hours And Volunteer of the Year Form

Directions: All JCRTA members should fill out top of form showing volunteer hours; Volunteer of Year at bottom is optional.

Your Name:

Print Clearly

List Total Hours in All Activities From January 1 to December 31, 2021 - Only Need Grand Total				
Boxes below are just reminders of categories and to help you compile - But We Only Need Grand Total if that is easier.				
Church/Religious	<input type="text"/>	Companship/Mentor	<input type="text"/>	School/Education <input type="text"/>
Civic/Municipal	<input type="text"/>	Health/Medical	<input type="text"/>	Transportation <input type="text"/>
Clerical/Financial	<input type="text"/>	Household Services	<input type="text"/>	Youth <input type="text"/>
Community	<input type="text"/>	Political/Govt	<input type="text"/>	Other <input type="text"/>
Total Number of Hours Above Spent Directly with Students				<input type="text"/>
Grand Total of All Hours				<input type="text"/>

Volunteer of the Year Nomination Form - Nominees may be yourself or another JCRTA member

1. Name of Nominee:

2. Name/Address/Phone/Email of Person Nominating the Volunteer of Year Form

3. Brief Description covering the Criteria: Describe the uniqueness of volunteer activity and how the nominee helped benefit the organization. List Hours/materials donated.

Add additional page if necessary.