

# GROUNDING IN THE CLOUD

## Morning Meetings

Mon-Fri 7:15A  
Sat/Sun 8:15A

## Evening Meetings

Mon – Living Sober 7P  
Tues – Spiritually Speaking 7P **7/22 – Grounded's**  
Wed – 12 x 12 7P Own **Cheryl D.**  
Thurs – Drop the Rock 6P  
Thurs – Grounded at Last (Women) 7:30P  
Fri – World Famous Big Book Study 6P  
Fri – LGBTQ + AA 7:30P  
Sat – Story Time 6P  
Sun - Grounded in Gratitude 6P

## In-Person Meetings DTLA

### Mornings

Mon - Fri 7:15A & Sat/Sun 8:15A

**Evenings** - Mon 7P Story Time; Tues 7P Living Sober; Wed 7P Big Book Study; Thurs 7P 12x12; Fri 7P Speaking the Step; Sat 930a Paso a Paso - Daily Reflection en Espanol; Sat 6p Extravagant Promises; Sun 6p 11th Step

**NEW: Midday Mediation & Participation Mon 12:10-12:50p**  
@ 333 S. Spring St. Unit E6 "First Cup Caffé" sign

For meeting attendance/court cards, literature, to request a phone list, or have your name added please check out

[www.groundedaa.com](http://www.groundedaa.com)

Anything else? e-mail  
[groundedaa@gmail.com](mailto:groundedaa@gmail.com)

All Times are Pacific and use the same  
ID/PW Meeting ID: 523 959 835 Passcode:  
007686

**NEW TERM**  
ELECTIONS THIS WEEK  
TRANSITION w/o 7/21

7<sup>TH</sup> TRADITION

**Sponsorship Workshop**  
First Sunday of the month @ 5P  
**Sunday, 8/3**  
Led by  
**FRANCISCA**



**venmo**