

Friday Night Plain Language Big Book Script

Good evening and welcome to the Friday Night 6pm Plain Language Big Book Study meeting of the Grounded Group of Alcoholics Anonymous.

My name is Juan, I am an alcoholic and this evenings Secretary. Are there any other alcoholics present?

Welcome, We're glad you're here – especially newcomers! Please be mindful of your fellows and mute your microphones when not speaking.

May I please ask _____ to start this meeting off with a prayer of their choice.

Thank you. This is a 1 hour Plain Language Big Book study meeting. It is an open meeting of Alcoholics Anonymous. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that we may solve our common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership. We are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Anonymity is the spiritual foundation of our program, ever reminding us to place principles before personalities. This means who you see here, what is said here, let it stay here.

In addition to our principles of anonymity, Grounded is committed to providing a secure and welcoming place of recovery. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's privacy, well-being, and/or recovery. Please advise me or any of the co-hosts

immediately if you do. Thank you all for supporting a safe and comfortable environment.

Not to embarrass you or put you on the spot but In order to welcome you and get to know you better, is there anyone present who is at their first A.A. meeting or in their first 30 days of sobriety? If so, please introduce yourself.

Do we have any visitors from outside the LA area?

Can I please ask _____ to start us off with reading chapter 5 How it works (pg 64 in book)

Thank you, We will now pick up from where we left off from last week. Which is:

Dr. Bobs Nightmare on page 146 - section Worse and Worse

I will pick someone to begin the night's reading, and that person will read a paragraph or two and then select the next person who will then do the same and so on. We will read until we complete the section and then open the floor to individual sharing.

Can I please ask to _____ start us off:

Begin/Share Screen Reading.

Thank you to all that read, think that's a good place to end our read. We will now open the meeting up for individual participation. We don't raise hands here, just unmute and jump in whenever there is a pause. If you're able to, Please share from tonight's reading or share where you're at in your recovery. This is your meeting. We ask that you please keep your share at ____ minutes so that as many people as possible have a chance to participate. We use a timer, and our timer. Look to the top left of their square and on the top right hand corner of your screen to see how much time you have left. The floor is yours my fellows.

DISCUSSION

6:55pm

And that's all the time we have for individual shares. Thank you for all that shared. If you did not have an opportunity to share, stay with us after the meet or call your sponsor or a fellow. We will now have Secretary announcements.

We will begin with the 7th Tradition announcement. The 7th tradition states that “Every A.A. group ought to be fully self-supporting, declining outside contributions.” In honor of that tradition, please consider sending a monetary gift to Grounded AA at gmail.com in PayPal. But like its been caringly said here when I first got here, “We need you more than we need your money.

Next, for those that are new and would like to know if grounded has more meetings, your in luck, we sure do:

(16 zoom meetings, 15 in person) along with monthly sponsorship meeting

Put meeting schedule on the screen. Open up chat: enter

For literature, to request a phone list, or have your name added please check out www.groundedaa.com

For meeting attendance/court cards <https://groundedaa.com/meeting-verifications>

For a copy of the phone list, to be added, or make changes to the phone list:
groundedphonelist@gmail.com

Anything else? e-mail groundedaa@gmail.com

Can I please ask _____ to do our chip announcement? Thank you

Can I please ask Angela to do our sponsorship announcement? Thank you

Are there any A.A. announcements?

Would like to each of you for showing up and being of service, even if all you did was listen, definitely helped me stay sober for this hour.

To close, please join me as we recite the “We” version of The Serenity Prayer,

“God, grant **us** the serenity to accept the things **we** cannot change, the courage to change the things **we** can and the wisdom to know the difference.”