

Spiritually Speaking Meeting Script

Preamble

Good evening and welcome to the Tuesday night 7PM Spiritually Speaking meeting of Alcoholics Anonymous. My name is _____, and I am your alcoholic secretary. *(Pause for a hello from the group.)* Are there any other alcoholics present?

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for membership, and we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Anonymity is the spiritual foundation of our program, ever reminding us to place principles before personalities. This means who you see here, what is said here, let it stay here (Hear, Hear!).

In addition to our principles of anonymity, Grounded is committed to providing a secure and welcoming place of recovery. We ask that group members and others refrain from any behavior which might compromise another person's privacy, well-being, or recovery. Thank you all for supporting a safe and comfortable environment.

Meeting Format

The format of this meeting is that our guest speaker, _____, will speak for 20 minutes on the topic of spirituality — describing, in their own language and from their own point of view, the way they approach and conceive of a Power greater than themselves. The speaker portion of the meeting is recorded and added to the archive on the Grounded AA website. Following the talk, the meeting opens for group sharing and Q&A.

Background noise is easily detected by the microphone, so please use the mute function when not sharing. We welcome anyone to this meeting and ask that you identify yourself as an alcoholic and that you have 24 hours of sobriety before sharing. There is no crosstalk at this meeting.

Reading from the Foreword to the Second Edition

Ask someone to read the passage aloud:

"In our personal stories you will find a wide variation in the way each teller approaches and conceives of the Power which is greater than themselves. Whether we agree with a particular approach or conception seems to make little difference. Experience has taught us that these are matters about which, for our purpose, we need not be worried. They are questions for each individual to settle for themselves."

"On one proposition, however, these men and women are strikingly agreed. Every one of them has gained access to, and believes in, a Power greater than themselves. This Power has in each case accomplished the miraculous, the humanly impossible."

Speaker Introduction

Start the recording. Introduce the speaker — share a little about them and why you chose them to speak.

After the Speaker

When the speaker is finished, ask everyone to take themselves off mute.

Let's give _____ a warm thank you for sharing their story with us this evening. *(Pause.) Stop the recording.*

Sharing and Q&A

We are now open for sharing and Q&A. We do not raise hands at this meeting, so please jump in to share when there's a pause. Each person will have three minutes to share — please be mindful of the timer in the upper right-hand corner. You may also ask the speaker a question; the speaker's answer will not be timed. Sharing will end at 55 minutes past the hour.

@ 7:45 PM

Open the Zoom chat and post the meeting notes.

Closing — @ 7:55 PM

That's all the time we have left for sharing.

My name is _____, and I am your alcoholic secretary. *(Pause.)* Let's thank _____ once again for speaking tonight. *(Pause.)*

_____, can you make a sponsorship announcement?

_____, can you please make the chips announcement?

Other Announcements

The 7th Tradition states we will be self-supporting through our own contributions. Contributions can be made online via the Grounded PayPal or Venmo accounts at groundedaa.com, or you can scan the QR code or go to the website.

- *Share Grounded information slide.*
- The upcoming speaker for next Tuesday night's meeting is _____.
- Please go to groundedaa.com for more information:
 - Meeting schedule
 - Phone lists
 - Court cards
 - Literature
- If you need a court card or meeting verification, please request it from the website. Do not e-mail requesting a court card.

Let's thank _____ for door, _____ for timing, _____ for sponsorship, _____ for chips, and all of you for being here tonight.

Are there any other AA-related announcements? Thank you for letting me be of service.

Ask the speaker to lead us out in a prayer of their choice.