

# How much should I be feeding my dog?

Your dog's exact calorific needs will differ according to their activity levels, just as ours do however there are some easy steps that we can follow to better understand how much to feed them each day.

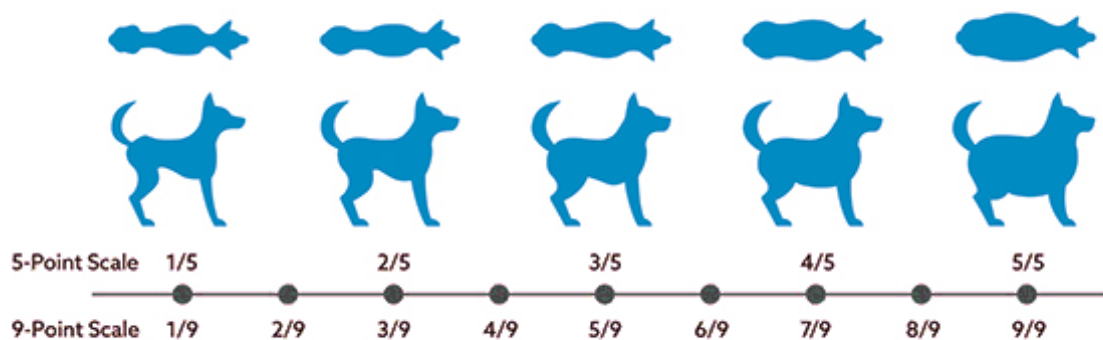
This is especially important when switching to home cooked Mud Puppies meals as our all-natural ingredients contain lots of moisture so the amount of food you need to feed them might look very different to commercial or dry food.

So, let's get started!

## 1) Check your dog's current body condition:

The easiest way to do this is by checking your dogs body shape against this useful visual guide (this can be tricky for fluffy dogs and puppies) or even better, have a chat to your vet.

### Body Condition Score for Dogs



#### BCS 5-Point Scale

- 1/5 Very thin
- 2/5 Underweight
- 3/5 Ideal weight
- 4/5 Overweight
- 5/5 Obese

#### BCS 9-Point Scale

- 1/9 Emaciated
- 2/9 Very thin
- 3/9 Thin
- 4-5/9 Ideal weight
- 6/9 Overweight
- 7/9 Heavy
- 8/9 Obese
- 9/9 Severely obese

\*We typically refer to the **9-point scale** here at Mud Puppies

## 2) Weigh your dog and compare to the below table:

### Example 1

- My dog is a 25kg Singapore special.
- His current body score is a 4-5/9.
- He is neutered.

*His typical calorie requirement is 1,253*

### Example 2

- My dog is a 16kg Terrier.
- Her current body score is a 6/9 and she is much less active due to age, so I am careful not to overfeed her.
- She is neutered.

*Her typical calorie requirement is 862*

Dog weight lbs	Dog weight kg	Puppy LESS than 4 months	Puppy OVER 4 months	Neutered adult	Intact adult	Easily gains weight	Needs to lose weight
1	0.45	115	77	62	73	58	X
2	0.91	194	129	104	123	97	X
3	1.36	264	176	141	168	132	X
4	1.81	330	220	176	198	154	110
5	2.27	390	260	208	234	182	130
6	2.72	447	298	238	268	209	149
7	3.17	501	334	267	301	234	167
8	3.63	552	368	294	331	258	184
9	4.08	603	402	322	362	281	201
10	4.54	654	436	349	392	305	218
11	4.99	702	468	374	421	328	234
12	5.44	750	500	400	450	350	250
13	5.90	795	530	424	477	371	265
14	6.35	840	560	448	504	392	280
15	6.80	885	590	472	531	413	295
16	7.26	930	620	496	558	434	310
17	7.71	972	648	518	583	454	324
18	8.16	1,017	678	542	610	475	339
19	8.62	1,059	706	565	635	494	353
20	9.07	1,098	732	586	659	512	366
25	11.34	1,299	866	693	779	606	433
30	13.61	1,491	994	795	895	696	497
35	15.87	1,674	1,116	893	1,004	781	558
40	18.14	1,848	1,232	986	1,109	862	616
45	20.41	2,019	1,346	1,077	1,211	942	673
50	22.68		1,458	1,166	1,312	1,021	729
55	24.94		1,566	1,253	1,409	1,096	783
60	27.21		1,670	1,336	1,503	1,169	835
65	29.48		1,774	1,419	1,597	1,242	887
70	31.75		1,876	1,501	1,688	1,313	938
75	34.01		1,976	1,581	1,778	1,383	988
80	36.28		2,074	1,659	1,867	1,452	1,037
85	38.55		2,170	1,736	1,953	1,519	1,085
90	40.82		2,264	1,811	2,038	1,585	1,132
95	43.08		2,358	1,886	2,122	1,651	1,179
100	45.35		2,450	1,960	2,205	1,715	1,225

### 3) Decide the correct amount of Mud Puppies Meals

Each Mud Puppy's meal comes with some simple guidance on the number of calories we expect in 100grams of that recipe.

- 100g of Salmon smoothy: 158 Cals
- 100g of Pork & Peas: 99 Cals
- 100g of Chicken Soul food: 94 Cals
- 100g of Meat Lovers Medley 120 Cals

#### **Example 1**

**25kg Singapore special.**

**Calorie requirement is 1,253**

Meal 1: 500g of Pork & Peas

Meal 2: 500g of Meat Lovers Medley

**Total calories: 1277**

#### **Example 2**

**16kg Terrier.**

**Calorie requirement is 862**

Meal 1: 300g of Pink Salmon Smoothy

Meal 2: 400g of Pork & Peas

**Total calories: 870**

### 4) How often should I feed my dog?

The biological evolution of dogs as hunters has given them specialized digestive and gastrointestinal adaptations that allow them to ingest a large meal followed by up to days of not eating.

However, for most pet dogs, feeding once or twice per day is recommended. Many dogs will benefit from eating equally divided meals two to three times per day.



- DO be sure your dog **ALWAYS** has access to fresh, clean water
- Do **work with your vet** to learn your dog's food special needs & allergies
- Do check out our **Mud Puppy Licky Mats** which are great for serving our dog food and treats



- **Don't allow** your dog to exercise vigorously after consuming a large meal
- **Stop your dog** from overeating or eating its food rapidly (*licky mats and slow feeders can help with this*).
- **Don't allow** your dog to eat human food that is unsafe (more here)