



# Kiwanis®

CALIFORNIA-NEVADA-HAWAII DISTRICT  
DIVISION 42



## WHAT'S COOKING WITH UTÉ



**Uté Van Dam**

Lieutenant Governor

[utevandam@roadrunner.com](mailto:utevandam@roadrunner.com)

(805) 433-3306

A publication for and about the  
Kiwanis Clubs of:

**CAMARILLO**

**MOORPARK**

**OXNARD**

**SANTA BARBARA**

**SANTA SUSANA**

**SIMI VALLEY**

**THE SOUTH COAST**

**THOUSAND OAKS**

**VENTURA**

**VENTURA SUBURBAN**

Editor

**Nick Esser**

[nichorus@pacbell.net](mailto:nichorus@pacbell.net)

Hello Leaders!

Last Thursday was the final DCM of the 2022-2023 Kiwanis year, and my last DCM as Lt. Governor. Every host club did a fantastic job of providing a delicious dinner and an informative program. It has been a pleasure to work with my Division 42 family. A special shout-out to Barbara Eisenberg, our Division Secretary, Debbie Heaslip, our Division Treasurer, and Mark Van Dam, our Division AV specialist and best Lt. Governor spouse we ever had (this year.) You have welcomed and supported me during my term, and with great appreciation, I say “thank you.”

But wait...there's more. We still have one more very important event on Saturday, August 26. That is the day when Governor Valarie visits, as well as our Division 42 Installation. All are encouraged to attend to have fun as well as to welcome Rodney Medina as our incoming Lt. Governor for 23-24.

We still have an opening for Lt. Governor-Elect. Initially, I was apprehensive about accepting the Lt. Governor job as I work full-time and serve on several Boards; however, I was delighted to discover that it is a very do-able, rewarding, and fun position to hold. Please consider stepping up.

If you haven't already done so, please have your secretary report your 23-24 election results on the dashboard. Also, be sure your club is compliant with the Youth Protection Training and background checks. Several emails have gone out to club leaders explaining what is required. See these links: [Youth Protection Training video](#), [Background Checks Requirement document](#).

Now is the hottest time of the year, so what better way to cool off than with a dish where you don't have to turn on the oven. Enjoy this easy and “cool” recipe. You can make it as a main course with tostadas or as an appetizer with chips/crackers. Or you can be extra fancy and serve individual portions in martini glasses.

### Shrimp Ceviche

½ cup fresh lime juice

1-pound cooked shrimp (shelled, de-veined and cut into bite size pieces)

½ medium white onion chopped in ¼ inch pieces

1/3 cup fresh cilantro chopped (plus some sprigs for garnish)

½ cup ketchup

2 Tablespoons vinegary hot sauce (Tapatio or Cholula are great)

2 Tablespoons olive oil

1 cup diced cucumber or jicama (or ½ cup of each)

1 ripe avocado cubed

Salt

Lime slices for garnish

Tostadas or tortilla chips or saltine crackers

Mix all ingredients (apart from the chips and garnish.) Cover and refrigerate for 1 hour.

Serve the same day.

*Uté*



**Key Club Div. 42W held their first DCM at Oxnard Beach Park. After finishing their business, they played a competitive game of volleyball on the beach.**



**We presented 11 Hope of America Awards at 6 Middle Schools. The recipients are selected by the schools and not by us, and they must have demonstrated exceptional leadership, moral character, ethical conduct, and outstanding academic accomplishment. We were very pleased to see that one of the recipients was Nola Akl, the daughter of Kristie Akl, the founder of kidSTREAM. It looks as if Nola will be following in mom's footsteps.**



**Our Builders Club harvested their Learn and Grow food project and ate the fruit and veggies at their end-of-year party. After a few sour faces, they will not be growing radishes next year.**



**We set up an information booth at the Heritage Days, put on by the Camarillo Old Town Association. With help from our SLP Clubs we were also able to do over 80 hours of community service for the association, which exempted any fee for the booth. We gave a lot of small toys to the kids while we spoke to their parents about Kiwanis. We also used up a whole roll of car seat stickers at the event.**



**Our clothing drive was a success! 120 bags were collected.**



**The Moorpark Club was in the house for Lt. Gov. Uté's last DCM, at Art Trek!**



**Lt. Gov. Uté conducts her final DCM of the year!**



**Barb, Bryan, and Debbie had a great time.**



**Mark and Ute enjoy the great evening hosted by Thousand Oaks.**



**Seaside Cowboys, a non-profit we support founded by Carlos Martinez - brother of our Past President Sergio, hosted youth in the community to an Introduction to Horsemanship program. The program is four hours, and consists of basic horsemanship from the ground up, including safety and caring for a horse, feeding, and grooming. The session ends with a ride in the round pen on a horse. A happy Day for all!**



**Seaside Cowboys also hosted veterans from Oxnard Family Circle at Rocking R Ranch in Oxnard. The veterans enjoyed the first day of summer as Kiwanian Sergio gave a brief overview of horse psychology, horsemanship, horse safety, and care.**

# Santa Barbara

Walt Browne, Marsha Gray, Janice Korick Reporting



On July 9th our club helped Santa Barbara Sunrise Rotary with their Dolphin Dive Festival. Money for community projects was raised by sponsoring ("adopting") dolphins and racing them down a water slide. Lots of families, kids, and fun. Music, food, and drinks! Aktion Club members Nanette and Nicole plus Kiwanis member Roger Deck helped work the beverage stand.

# Santa Susana

Debbie Heaslip Reporting



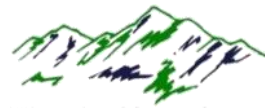
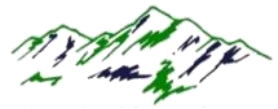
Katie, a dual member with Santa Su and Thousand Oaks, helped whip up sausages for breakfast at the Love Run for Senior Concerns.

SUMMER  
DAYS

With

SANTA

SUSANA



Margaret taking an art class, in Italy!



Despite a trip to the hospital, Ruth, Ray, and Teddy are in good spirits to celebrate their 54<sup>th</sup> wedding anniversary.



Gary has been a little under the weather this summer, but Chloe and Angie like to offer some comfort.

Anastasia  
and daughter  
Alayanna  
have a reason  
to smile.  
They are on a  
cruise.





Our club's Volunteer of the Year, Nancy Martin, received flowers from President Stephanie at a recent meeting and then was honored at the Community Council's President's Breakfast, cheered on by many of our members.



Simi Valley celebrated July 4th Kiwanis-style, with music, dancing, food, drinks, and fireworks. Fun for all ages!

# Thousand Oaks

John Prescott Reporting



President Paul Lopez journeyed to Minneapolis for the Kiwanis International Convention last month. One of the highlights was meeting KI President Bert West. Paul gave our club a rundown of the convention at our June 28 meeting, and Kiwanians from Georgia and the Caribbean have joined us for club meetings via Zoom per Paul's invitation.



On June 17, Kiwanians helped the Conejo Recreation and Park District put on its popular "Touch A Truck" Event. We ran one of the game booths for the kids to enjoy in between climbing on every kind of truck imaginable. K-Kids and Key Clubbers were there to help.



On June 25, the Thousand Oaks Club was there to cook hamburgers for participants in the Cancer Support Community's Caravan for Cancer – a caravan of really cool cars traversing the canyons to Malibu and back to raise funds to support programs for those affected by cancer. Members participating included (left to right) Grace Meyer (granddaughter of Kiwanian Roger Meyer), Brian McMahon, President Mary Sepe, Teta Van Ommeren, Gloria Dyok, Roger Meyer and Secretary Lori Olbrich.



K-Kids, Builders Club members, and Westlake High School Key Clubbers teamed up to share information about the upcoming American Cancer Society Relay for Life on September 30 at CLU. They spoke at the Conejo Valley Unified School District Board meeting and the Thousand Oaks City Council meeting and did a great job, logging lots of SOS (service over summer.)



The Thousand Oaks Club's signature project, "Bikes for Youth," keeps rolling along. Mike Hoffman and Kevin Smith are volunteers who help refurbish used bikes. They recently refurbished four bicycles for donation to James' Storehouse, whose representative was appropriately thrilled when they arrived. Empress (President) Mary Sepe made sure Mike and Kevin were rewarded for their work as well. We've donated 86 bikes to disadvantaged youth so far this Kiwanis Year, and 348 bikes since project inception in April 2021.

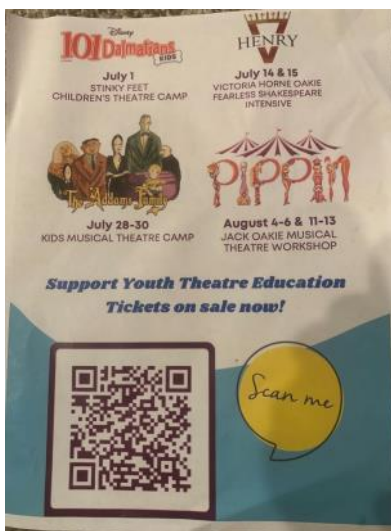




Members of Ventura Kiwanis recently participated in a celebratory dinner at the Salvation Army.



Ventura Kiwanis also participated in the Ventura Chamber of Commerce Connection Breakfast.



At a recent Ventura Kiwanis meeting, we had Rubicon actors tell us about Rubicon's summer program for the youth. This is a flyer showing the plays they will be involved in.



# Division 42 THE HUB




**Kiwanis**  
DISTRICT EDUCATION CONVENTION  
August 10 - 12, 2023  
Nugget Casino Resort  
Sparks, Nevada

**Top Reasons to Attend**

- Elect Next Year's District Officers
- Discover How to Make a Positive Impact in Your Community
- Learn New Ideas
- Celebrate Kiwanis
- Connect with Friends

## Hotel Reservations

Make your hotel reservations online or call 800-843-1177 – Rooms at \$119.00/night plus tax and daily resort fee of \$23 (Resort Fee includes overnight self-parking.) The reservation cut-off date is July 20, 2023 or until our contracted room block is sold out, whichever comes first.

**Registration** - Cancellation Deadline (Refund, less a \$25.00 per person processing fee) – July 28, 2023

- **Season Ticket – SAVE \$39.00** by purchasing the Season Ticket for \$429. (Includes Registration, Inspirational Breakfast, Awards Luncheon, Inter-club Luncheon and the Installation Dinner)
- Regular Registration Fee (Register by 7/28/23) – \$270
- On-site Registration Fee – \$280
- 100% Club Registration Form: Up to 39 members – \$900, 40 or more members – \$1,800 through July 28, 2023. (+33% after)

## Club Delegates Form

Each Kiwanis Club in good standing is entitled to seat up to three (3) certified delegates and three (3) alternates. To be a certified delegate, the club secretary or president must complete and submit the online Delegate Form and submit it online by July 28, 2023. After the deadline date of July 28, 2023, complete a hard copy and bring it on-site to the convention.

**Golf Tournament** - Thursday, August 10th, 7:00 am - 11:00 am. Cost - \$65 per player.

Tee off with CNH Kiwanis at Silver Oak Golf Course!

## Cal-Nev-Ha Aktion Club Leadership Education Training Wonder Valley Ranch *October 6-8, 2023*



Hi CNH Kiwanians,

It's time to start planning our Annual CNH Aktion Club Leadership Education Training. October 6-8, 2023 we will again gather at Wonder Valley for good friends, fellowship, service, fishing, boating, dancing, music, and of course great food!

### Registration Form

See details on the registration form for dates, location and prices. Mail all your club's completed registration forms together and enclose one payment per club (including chaperones) by September 1, 2023.

The fee includes 5 hot meals (buffet style), housing, entertainment and activities and a great sack lunch for the drive home provided by one of the local Kiwanis Clubs.

Please reach out directly if I can assist you further.

Brian Atwell  
CNH Aktion Club  
District Administrator  
805.674.5851  
[brianatwell@charter.net](mailto:brianatwell@charter.net)



# Division 42 Clubs & Meetings

Please confirm the meeting place and time with the Club Secretary if you are planning a visit.

## Camarillo

**Meeting:** Sportsman Restaurant, 4426 Central Ave.  
Tuesdays: 1st, 3rd, & 4th - 5:30 pm  
2nd Tuesday via Zoom, 12:00 pm  
President: Peter Johnson Email: peterwyattj@gmail.com  
Ph: (805) 443-0189  
Sec'y: Allen Grizzard-Paul Email: allengrizzard@msn.com  
Ph: (805) 795-6279 Cell

## Moorpark

**Meeting:** Moorpark Chamber of Commerce, 18 E. High St.  
1st Monday 7:00 pm  
3rd Monday Club Social 6:30 pm (Location varies.)  
President: Debbie Lee Email: debbielee4reverse@gmail.com  
Ph: (805) 402-0176  
Sec'y: Barbara Eisenberg Email: itsmebj@att.net  
Ph: (805) 390-1770

## Oxnard

**Meeting:** Location TBD  
1st Thursday 6:00 pm; 2nd Thursday at DCM ;  
Last Thursday: Evening social with rotating location, 6:00 pm  
President: Cuauhtemoc Solorio  
Email: csolorio@callutheran.edu Ph: (805) 890-4665  
Sec'y: Marco Valencia Email: marcovmail@gmail.com  
Ph: (805) 616-2771

## Santa Barbara

**Meeting:** Cody's Café, 4898 Hollister Ave.  
1st & 3rd Wednesdays 12:00 pm  
4th Wednesday Evening Social 5:30 pm (Location varies.)  
President: Walter Browne Email: walterbrowne1@yahoo.com  
Ph: (916) 817-7584  
Sec'y: Roger Deck Email: rogerdeck1112@gmail.com  
Ph: (602) 403-2019

## Santa Susana

**Meeting:** (Call for location) Last Tuesday 5:30 pm  
2nd Sunday of odd-numbered months via Zoom 12:30 pm  
President: Gary White Email: garywhiteallstar@gmail.com  
Ph: (805) 660-7446  
Sec'y: Karen White Email: kewwhite1954@gmail.com  
Ph: (805) 630-6080

## Simi Valley

**Meeting:** 99.1 The Ranch Studios, 1555 Simi Town Center Way,  
#730, 1st & 3rd Wednesdays 6:30 pm  
Denny's, 5197 E. Los Angeles Avenue,  
2nd & 4th Wednesdays 7:00 am  
President: Stephe Jennings Email: pehtie@hotmail.com  
Ph: (818) 489-6898  
Sec'y: Mary Martin Email: fmmartin7@sbcglobal.net  
Ph: (805) 587-2235 Cell

## The South Coast

**Meeting:** TBD  
President: Wesley Jackson Email: lytning@icloud.com  
Sec'y: TBD

## Thousand Oaks

**Meeting:** Los Robles Greens Golf Course, 299 S. Moorpark Rd.,  
Wednesdays 7:15 am HYBRID: Live + Zoom  
Social Mtg. "First Friday" night each month: location varies  
President: Mary Sepe Email: marysepe88@gmail.com  
Ph: (805) 402-8753  
Sec'y: Lori Olbrich Email: tulipp78@gmail.com  
Ph: (805) 428-7704

## Ventura

**Meeting:** Poinsettia Pavilion, 3451 Foothill Rd.  
1st & 3rd Fridays 12:00 pm  
President: Dave Ring Email: kenai\_ring@yahoo.com  
Ph: (805) 256-4114  
Sec'y: Bart Bleuel Email: bbleuel1@gmail.com  
Ph: (805) 816-8646

## Ventura Suburban

**Meeting:** via Zoom  
2nd & 4th Tuesdays, 6:00 pm  
President: Brendan Hendrick Email: kiwinsda2000@aol.com  
Ph: Home: (805) 642-8661  
Sec'y: Tracey Hendrick Email: tnbhen@aol.com  
Ph: (805) 642-8661



# Division 42 Calendar of Events

## Training & Club Events

### August 3, 2023

Brewfest  
Thousand Oaks Kiwanis

### August 10 - 12, 2023

District Education Conference  
Sparks, NV

### August 19, 2023

Cool Breeze Century Bike Ride  
Ventura Kiwanis

### August 26, 2023

Governor's Visit and Division Installation  
St. Francis of Assisi Garden Patio, Simi Valley

### October 5, 2023

Conejo Uncorked Charity Wine Event  
Thousand Oaks Kiwanis

### October 6 - 8, 2023

Aktion Club Leadership Education Training  
Wonder Valley Ranch

### October 28 - November 9, 2023

Mexico and Sea of Cortez Cruise  
Simi Valley Kiwanis - CNH Children's Fund



## Division Council Meetings

### October 13, 2022

No host club - Div. Leadership Team

### November 10, 2022

Hosting clubs: Santa Susana &  
Ventura Suburban

### December 8, 2022

Hosting Club: Simi Valley

### January 12, 2023

Hosting Club: Camarillo

### February, 2023

Dark

### March 9, 2023

Hosting club: Ventura

### April 13, 2023

Hosting club: Oxnard  
Location: Cal. Lutheran U., Oxnard Center

### May 11, 2023

Hosting club: Moorpark  
Location: Cal. Lutheran U., Thousand Oaks

### June 8, 2023

Hosting clubs: Santa Barbara & South Coast  
Location: Cal. Lutheran U., Oxnard Center

### July, 2023

Hosting club: Thousand Oaks  
Location: Art Trek, Newbury Park

### August, 2023

No DCM - Gov. Visit and Div. Installation

### September, 2023

Dark

# NEWS YOU CAN USE

from the Cal-Nev-Ha Children's Fund

AUGUST 2023

## Welcome

Please join us in welcoming our newest Directors! Claudia Soria-Delgado and Brian Dahlquist were elected to serve on the CNH Children's Fund Board of Directors, beginning October 1, 2023. Incumbent Directors Valarie Brown-Klingelhofer, Steven Geraci, and Patricia Larrigan were elected to continue their service and join Claudia and Brian as Directors for the 2023-2026 term. Also, join us in welcoming Michael Fields back to our board. Mike was nominated to fill a vacancy, effective immediately. Congrats to all!

### MEET OUR NEWEST CNH CHILDREN'S FUND DIRECTORS!



CLAUDIA SORIA-DELGADO



BRIAN DAHLQUIST

### WILLIAM A. DUNLAP FELLOWSHIP

Time to act now! Today is the perfect time to recognize a deserving Kiwanian for dedicated service with a [Dunlap Fellowship award](#) or treat yourself before time runs out! Our Dunlap award is currently half-off, but only until September 30th. As a reminder, our Dunlap matching program will be phased out beginning October 1st. [Learn more.](#)

### LEGACY FELLOWSHIP

August is national Make-A-Will Month, a great time to consider your forever legacy. As a [Legacy Fellowship](#) member you can continue to help people in need or to promote a favorite cause long after you are gone by making a gift in your will or trust. [Learn more.](#)

### MENTAL HEALTH

Is your club looking for a new, meaningful project? Consider hosting a mental health awareness campaign in your community. High schools and mental health clinics are great places to host such an event. And remember, the CNH Children's Fund offers FREE grants as part of our [Pediatric Trauma Program](#) to support your next, new mental health project. [Apply for a grant today!](#)

### TABLET OF HONOR

With a \$500 gift to the CNH Children's Fund, your club can bestow the highest honor one can receive from the CNH Children's Fund: the [Tablet of Honor](#). Your donation also provides student leadership opportunities, awards scholarships to our Service Leadership Program members, and supports our Kiwanis clubs with grant funding. [nominate a deserving leader today!](#)

2023

Cal-Nev-Ha Children's Fund

## Honors Breakfast

August 12 | 7:30-8:45 a.m.



Registration closes July 28th - Register Today!



# JOIN US

Our Honors Breakfast is our way of honoring YOU, our generous donors. It's also a way for you to hear from a special guest who will share the impact your generosity makes in reducing childhood injuries.

Tickets are \$35 each; however, if you were awarded the Dunlap Fellowship (or upgraded) after August 1, 2022, or if you have made a contribution of \$500 or more to our YES! Initiative, you are entitled to a complimentary ticket (limit 2 complimentary tickets per household). [Click here](#) to register today!

Registration Closes  
Friday, July 28th ...

REGISTER TODAY!

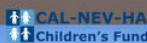


Book Your Next Meeting With Us!

Contact Pete Horton for tour or rental info -

909.736.1704  
pete@cnhkiwanis.org

State of the Art Training Room & Executive Board Room Available



A Kiwanis Club of Thousand Oaks Charity  
Event Benefitting Over 20 Local Organizations



**Thursday, August 3, 2023**  
**4 PM - 8 PM**

**CONEJO CREEK PARK NORTH**  
1379 E. Janss Road, Thousand Oaks

To purchase tickets and  
for more information visit:

[tobrewfest.com](http://tobrewfest.com)



**Kiwanis**  
THOUSAND OAKS



2023



# COOL BREEZE CENTURY

100 MILES OF CYCLING FUN!

## AUG. 19, 2023

### CALIFORNIA'S CLASSIC COASTAL BIKE RIDE!

Ride with us along the beautiful California Coast. Multiple routes for every rider level. Our cheerful volunteers make your ride day an experience to remember. Rest stops are stocked with abundant snacks to fuel your journey. And don't forget what we're famous for - Popsicles on the Rincon!

#### MINI METRIC - 30 miles

A great route for new riders! A true coastal cruise along the Pacific Ocean for 75% of the ride. And our famous popsicles to get you home!

#### METRIC CENTURY - 60 miles

For those "not quite up for a century", this is a challenge with great scenery. Your final reward is a magnificent view and an icy treat.

#### Century - 100 miles

Our trademark route! If this is your first organized century, you're in for a treat. Ocean vistas, challenging climbs, and plenty of flat roads - It's what put us on the map!

#### Double Metric Century - 125 miles

Hard core? We'll give you the whole enchilada. A nice warm up, a challenging climb & stunning views. Head home on a flatter route with a good chance of a coastal tail wind. Stop at Rincon Park for some POPSICLE POWER to get you to the finish.



Register at [BikeReg.com](http://BikeReg.com)

# CoolBreezeCentury.com



**Kiwaniis**  
CALIFORNIA-NEVADA-HAWAII DISTRICT  
DIVISION 42



# You're Invited

Division 42 Welcomes  
Governor Valerie Brown-Klingelhofer



**Saturday, August 26<sup>th</sup>, 2023**

**12:30 pm**

**St. Francis of Assisi Patio**

280 Royal Avenue, Simi Valley, CA 93065

*Official Governor's Visit*

*Division 42 Lt. Governor's Installation & Recognitions*

\$ 35.00 per person

Each club is also asked to provide a raffle basket.

**Please RSVP by August 18th, 2023**

Debbie Heaslip / [treasurerdiv42@gmail.com](mailto:treasurerdiv42@gmail.com)

**(Please let us know if you have any Vegans)**





**Kiwanis**

# CONEJO *Uncorked*

A charity wine & food event hosted by  
The Kiwanis Club of Thousand Oaks  
benefitting over 20 local organizations.



OCTOBER  
**5**  
2023

5:30 PM to 8:30 PM

The Gardens at Los Robles Greens  
299 S. Moorpark Road, Thousand Oaks



To purchase tickets or for more information visit:

[conejouncorked.com](http://conejouncorked.com)