

REGISTER

Mail in: Postmarked by Friday, Sept. 8.

Use the form on reverse

Walk up: At Wheat Ridge High School

Thurs. - Fri. (Sept. 14-15) 9 a.m. to 5 p.m.

Sat. (Sept. 16) 9 a.m. to noon

On-line: Closes at noon on Friday, Sept 15

FARMERS5000.ORG

Race day: Sun. (Sept. 17) 7:30 a.m. to 8:45 a.m.

****Race day registration add \$10****

PACKETS

All mail-in registrations and online registrations made before 2:00 p.m. on Sept. 12 may be picked up at Wheat Ridge High School on the following dates:

Thurs. - Fri. (Sept. 14-15) 9:00 a.m. to 5:00 p.m.

Sat. (Sept. 16) 9:00 a.m. to noon

Race day (Sept. 17) 7:30 a.m. to 8:30 a.m.

PRIZES

Overall male and female winners each receive \$100 cash. First and second runners place each receive gift certificates from BP RunCo. Overall winners are excluded from age group awards.

Top 3 male/female 5K runners in all categories receive a gift certificate from Apple Ridge Cafe.

Age groups: 8 & under, 9-12, 13-15, 16-19, every 5 years thereafter, 80 & over.

COURSE & PARKING

The certified course begins and ends at WRHS, winding through the neighborhood streets.

Participants should park in the lot on the north side of the school, off of Holland St. and south of 37th Ave.

NOTE: You will not be able to access the start line or parking lots from 32nd Ave on race morning.

T SHIRTS

T shirts are included with 18 & under, Jeffco staff and Betty's Runners (age 70 and over) registrations. Adult, Alumni & Virtual registrants who wish to purchase an official race t shirt can do so for \$10 in addition to the race registration fee until July 31, and \$15 from Aug. 1 to race day (see box on opposite side for registration fees). Every attempt will be made to provide the requested size but only **runners who purchase shirts before Aug. 23 will be guaranteed the size ordered.**

ELEMENTARY SCHOOL RUNNERS

Registration includes a youth large shirt.

PLACE
STAMP
HERE

Farmers 5000
% Wheat Ridge High School
9505 W. 32 Avenue
Wheat Ridge, CO 80033



A 5K run and walk to benefit Wheat Ridge High School.

9:00 a.m. | September 17, 2023

Wheat Ridge High School

THANK YOU TO OUR SPONSORS!



CLUB PILATES
SLOANS LAKE



First Name	Last Name
Address	
Email Address	
Phone	
Age on Race Day	Graduation Year if WRHS Alumni

Adult, Alumni & Virtual registrants can purchase a short sleeve race shirt for an additional \$10 until July 31, \$15 after that date.

S M L XL XXL

- _____ Baseball - Boy's
- _____ Basketball - Boy's
- _____ Basketball - Girl's
- _____ Career Explore
- _____ Cheerleading
- _____ Christmas Angels
- _____ Cross Country
- _____ Football
- _____ Golf - Boy's
- _____ Golf - Girl's
- _____ Instrumental Music

Signature of Participant	Date
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Signature of Parent/legal guardian (if under 18)	Date
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- ☐ Musical
- ☐ National Honor Society
- ☐ Poms
- ☐ Soccer - Boy's
- ☐ Soccer - Girl's
- ☐ Softball
- ☐ SOS (Sources of Strength)
- ☐ Spanish Club
- ☐ Speech & Debate
- ☐ STEM
- ☐ Student Senate

_____ Adult *	\$30
_____ WRHS Alumni *	\$28
_____ 18 & Under, or Jeffco Staff (Includes race shirt)	\$25
_____ Betty's Runners (age 70 and up) (Includes race shirt)	\$30
_____ Elementary School (includes YL shirt)	\$10
_____ Virtual run*	\$30
_____ T shirt	\$10 until July 31, \$15 from Aug. 1 to race day.
_____ Donation	

TOTAL ENCLOSED

*Adult, Alumni & Virtual registration does not include race shirt. Those registrants can purchase a shirt for an additional \$10.

The mail-in postmark deadline is **SEPTEMBER 8.**

Mail checks payable to: Farmers 5000
9505 W. 32nd Ave
Wheat Ridge, CO 80033

More information is at:

WWW.FARMERS5000.ORG

- ☐ Swim and Dive - Boy's
- ☐ Swim and Dive - Girl's
- ☐ Tennis - Boy's
- ☐ Tennis - Girl's
- ☐ Theatre/Thespian Troupe
- ☐ Track & Field
- ☐ Tri-M Music Honor Society
- ☐ Unified Sports
- ☐ Vocal Music
- ☐ Volleyball - girl's
- ☐ Wrestling