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Flyin' Lion 5K  
% Lions Sports Booster Club  
199 E. Littleton Blvd.  
Littleton, CO 80121



*A 5K run and walk to benefit Lions Sports Booster Club*

**October 2, 2022**

**9:00 a.m.**

**Littleton High School  
199 E. Littleton Blvd.  
Littleton, CO 80121**

## REGISTER

Mail in: Postmarked by Friday, Sept. 23.

Use the form on right.

On-line: Closes at midnight on Friday, Sept. 30.

**FLYINLION.COM**

Race day: Sun. (Oct. 3) 7:15 a.m. to 8:45 a.m.

**\*\*Race day registration add \$10\*\***

## BIB PICK-UP

All bibs may be picked up at Littleton High School on race day (Oct. 2) 7:15 a.m. to 8:45 a.m.

## PRIZES

Overall male and female winners receive \$100 cash. Overall winners are excluded from age group awards. King and Queen of the Hill winners receive shoes from Runners Roost Lakewood. Top 3 male/female 5K runners in all categories receive prizes.

Age groups: 8 & under, 9-12, 13-15, 16-19, every 10 years thereafter, 80 & over.

## COURSE & PARKING

The course begins and ends on the track at Littleton High School, winding through the neighborhood streets to an out-and-back on the High Line Canal trail. Participants should park in school parking lots.

## T SHIRTS

T shirts are included with your registration. Every attempt will be made to provide the requested size but only **runners who register before Sept. 9 will be guaranteed the size ordered.**

## KING/QUEEN OF THE HILL



A special prize will go to the top male and female runners who climb the hill on Washington Street in the fastest time. Winners will be determined by chip time.

## REGISTRATION FEES

|                                                |      |
|------------------------------------------------|------|
| _____ Adult                                    | \$30 |
| _____ LHS Alumni                               | \$28 |
| _____ 18 & Under, or LHS Staff                 | \$25 |
| _____ Elementary School<br>(Grade 5 and under) | \$15 |
| _____ T shirt only                             | \$20 |
| _____ Donation                                 |      |

\_\_\_\_\_ TOTAL ENCLOSED

**\*\*Race day registration add \$10\*\***

A portion of your entry fee can go directly to the club, activity or team of your choice. **Please choose only one from the list below.**

|                         |                         |
|-------------------------|-------------------------|
| ___ Baseball            | ___ Poms                |
| ___ Basketball - Boy's  | ___ Soccer - Boy's      |
| ___ Basketball - Girl's | ___ Soccer - Girl's     |
| ___ Cross Country       | ___ Swimming - Boy's    |
| ___ DECA/Sports         | ___ Swimming - Girl's   |
| ___ Marketing           | ___ Tennis - Boy's      |
| ___ Encore              | ___ Tennis - Girl's     |
| ___ Football            | ___ Track & Field       |
| ___ Golf - Boy's        | ___ UNIFIED sports      |
| ___ Golf - Girl's       | ___ Volleyball - boy's  |
| ___ Lacrosse - Boy's    | ___ Volleyball - girl's |
| ___ Lions for Lions     | ___ Wrestling           |

The mail-in postmark deadline IS SEPT. 23.

Mail checks payable to:

Lions Sports Booster Club  
199 E. Littleton Blvd  
Littleton, CO 80121

Only registrations received by Sept. 9 will be guaranteed shirt size.

**One entry per form. Please print.**

\_\_\_\_\_ First Name Last Name

\_\_\_\_\_ Address

\_\_\_\_\_ Address

\_\_\_\_\_ Email Address

\_\_\_\_\_ Phone

\_\_\_\_\_ Graduation Year Age on Race Day  
if LHS Alumni

Male

Female

**Long sleeved unisex shirt size (Circle one)**

S M L XL

**WAIVER:** In consideration of your accepting my entry into the Flyin Lion 5K race, I, intending to be bound for myself, my heirs, executor and administrators, do hereby release and discharge Lions Sports Booster Club, Right Start Events, Littleton Public Schools, and any and all race sponsors, officials, volunteers from any and all liability arising from illness, injuries, damages I may suffer as a result of any aspect of participating in the Flyin' Lion 5K. As it applies to my participation in this race, I agree to abide by the Center for Disease Control's recommendations for the prevention of the spread of COVID-19 and agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this race for my participation in this race.

I also understand and agree that a race sponsor may subsequently use for ANY LEGITIMATE purposes my name or pictures of me participating in the event without obligation or liability to me. I agree to abide by the race rules and agree to the above waiver. By accepting this waiver, all parties that I am registering agree to this waiver. I also understand the entry fees I pay are non-refundable.

\_\_\_\_\_ Signature of Participant Date

\_\_\_\_\_ Signature of Parent/legal guardian (if under 18) Date