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Flyin' Lion 5K
% Lions Sports Booster Club
199 E. Littleton Blvd.
Littleton, CO 80121



A 5K run and walk to benefit Lions Sports Booster Club

Sept. 15, 2024

9:00 a.m.

**Littleton High School
199 E. Littleton Blvd.
Littleton, CO 80121**

REGISTER

Mail in: Postmarked by Friday, Sept. 6.

Use the form on right.

On-line: **WWW.FLYINLION5K.COM**

Race day: Sun. (Sep. 15) 7:15 a.m. to 8:45 a.m.

****Race day registration add \$10****

BIB PICK-UP

All bibs may be picked up at Littleton High School on race day (Sep. 15) 7:15 a.m. to 8:45 a.m.

PRIZES

Overall male and female winners receive \$100 cash. Overall winners are excluded from age group awards. King and Queen of the Hill winners receive shoes from Runners Roost Lakewood. Top 3 male/female 5K runners in all categories receive prizes. Age groups: 8 & under, 9-12, 13-15, 16-19, every 10 years thereafter, 80 & over.

COURSE & PARKING

The course begins and ends on the track at Littleton High School, winding through the neighborhood streets to an out-and-back on the High Line Canal trail. Participants should park in school parking lots.

T SHIRTS

T shirts are included with your registration. Every attempt will be made to provide the requested size but only **runners who register before Aug. 17 will be guaranteed the size ordered.**

REGISTRATION FEES

_____ Adult	\$30
_____ LHS Alumni	\$28
_____ 18 & Under, or LHS Staff	\$25
_____ Elementary School (Grade 5 and under)	\$15
_____ T shirt only	\$20
_____ Donation	

_____ TOTAL ENCLOSED

****Race day registration add \$10****

A portion of your entry fee can go directly to the club, activity or team of your choice. **Please choose only one from the list below.**

___ Baseball	___ Marching Band
___ Basketball-Boys	___ Poms
___ Basketball-Girls	___ Soccer-Boys
___ Cross Country	___ Soccer-Girls
___ DECA/Sports Mtg.	___ Swimming-Boys
___ Encore	___ Swimming-Girls
___ Flag Football-Girls	___ Tennis-Boys
___ Football	___ Tennis-Girls
___ Golf-Boys	___ Track & Field
___ Golf-Girls	___ Unified Sports
___ Lacrosse-Boys	___ Volleyball - boys
___ Lions for Lions	___ Volleyball - girls
	___ Wrestling

The mail-in postmark deadline IS SEPT. 6.

Mail checks payable to:

Lions Sports Booster Club
199 E. Littleton Blvd
Littleton, CO 80121

Only registrations received by Aug. 17 will be guaranteed shirt size.

One entry per form. Please print.

_____ First Name Last Name

_____ Address

_____ Address

_____ Email Address

_____ Phone

_____ Graduation Year Age on Race Day
if LHS Alumni

Male

Female

Unisex t shirt size (Circle one)

S M L XL

WAIVER: In consideration of your accepting my entry into the Flyin Lion 5K race, I, intending to be bound for myself, my heirs, executor and administrators, do hereby release and discharge Lions Sports Booster Club, Right Start Events, Littleton Public Schools, and any and all race sponsors, officials, volunteers from any and all liability arising from illness, injuries, damages I may suffer as a result of any aspect of participating in the Flyin' Lion 5K.

I also understand and agree that a race sponsor may subsequently use for ANY LEGITIMATE purposes my name or pictures of me participating in the event without obligation or liability to me. This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non transferable. I agree to abide by the race rules and agree to the above waiver.

_____ Signature of Participant Date

_____ Signature of Parent/legal guardian (if under 18) Date